



FALL 2024

Reference Group Data Report



AMERICAN
COLLEGE
HEALTH
ASSOCIATION

Demographics of Participating Institutions

Fifty postsecondary institutions self-selected to participate in the Fall 2024 ACHA National College Health Assessment and 35,347 surveys were completed by students on these campuses. For the purpose of forming the Reference Group, only institutions located in the United States that surveyed all students or used a random sampling technique, and used the ACHA-NCHA III (currently only offered as a web survey) are included in the analysis, yielding a final data set consisting of 33,763 students at 48 schools. Demographic characteristics of the 48 campuses follow.

Demographical Characteristics of the 48 US Postsecondary Institutions Included in the Fall 2024 ACHA-NCHA III Reference Group	
Campus Characteristic (from 2023 Dept. of Education IPEDS data files)	<i>n</i>
Type of Institution	
Public	26
Private	22
2-year	6
4-year or above	42
Location of Campus	
Northeast (CT, ME, MA, NH, NJ, NY, PA, RI, VT)	8
Midwest (IL, IN, IA, KS, MI, MN, MO, NE, ND, OH, SD, WI)	12
South (AL, AR, DE, DC, FL, GA, KY, LA, MD, MS, NC, OK, SC, TN, TX, VA, WV)	21
West (AK, AZ, CA, CO, HI, ID, MT, NV, NM, OR, UT, WA, WY)	7
Campus Size	
< 2,500 students	8
2,500 – 4,999 students	7
5,000 – 9,999 students	11
10,000 – 19,999 students	11
20,000 students or more	11
Campus Setting	
Urban	27
Suburban	6
Town	11
Rural	4
Carnegie Classification	
Associates Colleges	6
Baccalaureate Colleges	9
Baccalaureate/Associates Colleges	0
Masters Colleges and Universities	11
Doctoral Universities	21
Special Focus Institutions	1

Demographical Characteristics of the 48 US Postsecondary Institutions Included in the Fall 2024 ACHA-NCHA III Reference Group	
Campus Characteristic (from 2023 Dept. of Education IPEDS data files)	n
ACHA Membership Status Institutional Member Nonmember	43 5
Religious Affiliation No Yes	35 13
Postsecondary Minority Institution (US Department of Education) No Yes <u>*If yes:</u> Historically Black College or University (HBCU) Hispanic-serving Institution (HSI) Tribal College or University Predominately Black Institution Asian American and Native American Pacific Islander-serving Alaska Native-serving or Native Hawaiian-serving Institution Native American-serving Nontribal Institution	40 8 2 4 0 1 2 0 1
*institutions may hold more than one type of minority status	
NOTE: In an effort to protect the identity of the participating institutions, the minority institution status variables have been recoded into a single dichotomous (yes/no) variable in the Reference Group SPSS data files. Secondary researchers with access to the blind data files will not be able to ascertain which type of minority status designation an institution holds.	

	Fall 2024 Institutions
Number of institutions	48
Number of students	33,763
Mean response proportion	10%
Median response proportion	9%

Notes about the use of sex and gender in this report

RSEX variable

Survey results are reported by sex based on the responses to questions 67A, 67B, and 67C. The responses to these questions are used to create a new variable called RSEX. RSEX is used for organizing results in the ACHA-NCHA report documents. Respondents are reported as cis men or cis women only when their responses to 67A, 67B, and 67C are consistent with one another. If gender identity is consistent with sex at birth AND "no" is selected for transgender, then respondents are designated as either cis men or cis women in RSEX. If respondents select "yes" for transgender OR their sex at birth is not consistent with their gender identity, then they are designated as transgender/gender non-conforming in RSEX. A respondent that selects "intersex" for sex at birth, "no" for transgender, and man or woman for gender identity are designated as cis men or cis women in RSEX. A respondent that selects "intersex" for sex at birth, "yes" for transgender, or selects a gender identity other than man or woman are designated as transgender/gender non-conforming in RSEX. A respondent that selects "another identity" on 67C is designated missing in RSEX. A respondent that skips any of the three questions is designated as missing in RSEX. Totals displayed in this report include missing responses. Please see the ACHA-NCHA III survey codebook for more information about how data on sex and gender are coded. Please note: if your data contain a small number of transgender and gender non-conforming students, we advise you to take caution in sharing this report, as these students' responses may make it possible to identify who they are.

Beginning in Spring 2021, responses for transgender and gender-nonconforming students became readily available directly in the report documents.

Important considerations with this format

- Percentages in the Executive Summary may represent a very small number of TGNC students and can limit the generalizability of a particular finding. To assist with the interpretation of the percentages displayed in the Executive Summary, the total sample size for each group has been added to every page.
- We encourage ACHA-NCHA surveyors to carefully review their report documents, particularly among the student demographic variables, and consider students who may be inadvertently identified in the results based on a unique combination of the demographic characteristics before sharing the documents widely or publicly. This is especially true for very small schools, as well as schools that lack diversity in the student population.
- Think about the implication of working with and documenting very small samples – from the perspective of making meaningful interpretations, as well as the privacy of respondents. This is true of all demographic variables, and not limited to gender identity. You may consider a minimum cell size or another threshold by which you make decisions about making your Institutional Data Report publicly available. It is less of a concern in your Institutional Executive Summary as we only display the percentages with the overall sample size.

Questions about this report? Please reach out to Christine Kukich at Ckukich@acha.org



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III) Reference Group Data Report - Fall 2024

American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
www.acha.org

February 3, 2025
FREQUENCY REPORT
Number of Surveys (n) = 33763 Web Surveys

Frequency tables are presented for every multiple choice and select all that apply questions from the survey. The mean, median, standard deviation, minimum, and maximum values are provided for the variables that are continuous, as well as those scales within the survey that produce a score.

Space for value labels associated with each response option is limited in this document and are often abbreviated for brevity. Furthermore, response options are listed in numeric order within the frequency tables, which may differ from the way they appear to students in the survey. **Please always refer to the survey codebook rather than this report document for the exact wording of survey questions and the associated response options.**

1) How would you describe your overall health?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Excellent	1675	20	1978	10	113	6	3978	12.8
2 Very good	3598	42	7421	38	479	25	11815	38.1
3 Good	2409	28	7658	39	764	40	11135	35.9
4 Fair	711	8	2307	12	479	25	3618	11.7
5 Poor	90	1	281	1	89	5	482	1.6
Valid responses =	8483	27	19645	63	1924	6	31028	91.9

Invalid responses include no response.

2A) I feel that I belong at my college/university.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	202	2	374	2	43	2	653	2.0
2 Disagree	243	3	504	2	99	5	879	2.6
3 Somewhat disagree	481	5	1066	5	172	8	1794	5.4
4 Somewhat agree	1857	20	4738	22	577	28	7448	22.3
5 Agree	3923	42	9168	43	857	41	14298	42.8
6 Strongly agree	2546	28	5266	25	321	16	8344	25.0
Valid responses =	9252	28	21116	63	2069	6	33416	99.0

Invalid responses include no response.

R2B) I feel that students' health and well-being are a priority of my college/university.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	196	2	414	2	83	4	726	2.2
2 Disagree	313	3	713	3	160	8	1230	3.7
3 Somewhat disagree	707	8	1674	8	261	13	2752	8.3
4 Somewhat agree	2506	27	6177	29	692	34	9684	29.0
5 Agree	3568	39	8022	38	630	31	12527	37.6
6 Strongly agree	1938	21	4095	19	239	12	6436	19.3
Valid responses =	9228	28	21095	63	2065	6	33355	98.8

Invalid responses include no response.

R2C) I feel that the climate of my college/university encourages free and open discussion about students' health and well-being.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	171	2	337	2	63	3	608	1.8
2 Disagree	225	2	498	2	100	5	857	2.6
3 Somewhat disagree	592	6	1288	6	228	11	2200	6.6
4 Somewhat agree	2235	24	5311	25	624	30	8456	25.4
5 Agree	3766	41	8726	41	733	36	13554	40.7
6 Strongly agree	2227	24	4923	23	316	15	7650	23.0
Valid responses =	9216	28	21083	63	2064	6	33325	98.7

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

R2D) We are a college/university where we look out for each other.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	223	2	423	2	76	4	759	2.3
2 Disagree	290	3	679	3	119	6	1121	3.4
3 Somewhat disagree	773	8	1645	8	268	13	2776	8.3
4 Somewhat agree	2439	27	6101	29	713	35	9539	28.7
5 Agree	3374	37	7770	37	623	30	12077	36.3
6 Strongly agree	2097	23	4438	21	262	13	6997	21.0
Valid responses =	9196	28	21056	63	2061	6	33269	98.5

Invalid responses include no response.

3A) How many hours do you spend in a typical week (7 days) on the following activities?

Attending classes, discussion sections, or labs

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	187	2	388	2	30	2	621	1.9
2 1-5 hours	1091	12	2839	14	234	11	4289	12.9
3 6-10 hours	2017	22	4748	23	504	24	7486	22.5
4 11-15 hours	2782	30	6021	29	635	31	9677	29.0
5 16-20 hours	1933	21	4325	21	441	21	6871	20.6
6 21-25 hours	600	7	1425	7	144	7	2239	6.7
7 26-30 hours	255	3	685	3	45	2	1015	3.0
8 More than 30 hours	395	4	675	3	33	2	1141	3.4
Valid responses =	9260	28	21106	63	2066	6	33339	98.7

Invalid responses include no response.

3B) How many hours do you spend in a typical week (7 days) on the following activities?

Studying and other academic activities outside of class

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	108	1	191	1	20	1	340	1.0
2 1-5 hours	1962	21	4565	22	515	25	7197	21.6
3 6-10 hours	2600	28	6328	30	661	32	9820	29.5
4 11-15 hours	1774	19	4068	19	387	19	6415	19.3
5 16-20 hours	1232	13	2680	13	231	11	4272	12.8
6 21-25 hours	625	7	1422	7	113	6	2235	6.7
7 26-30 hours	374	4	914	4	65	3	1392	4.2
8 More than 30 hours	566	6	912	4	77	4	1611	4.8
Valid responses =	9241	28	21080	63	2069	6	33282	98.6

Invalid responses include no response.

3C) How many hours do you spend in a typical week (7 days) on the following activities?

Attending cultural events, movies, concerts, sports or other entertainment with others

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	2037	22	4582	22	584	28	7383	22.2
2 1-5 hours	5152	56	13003	62	1203	58	19789	59.4
3 6-10 hours	1321	14	2413	11	189	9	4069	12.2
4 11-15 hours	407	4	649	3	56	3	1173	3.5
5 16-20 hours	171	2	241	1	22	1	465	1.4
6 21-25 hours	68	1	90	0	6	0	184	0.6
7 26-30 hours	41	0	63	0	8	0	124	0.4
8 More than 30 hours	44	1	53	0	4	0	110	0.3
Valid responses =	9241	28	21094	63	2072	6	33297	98.6

Invalid responses include no response.

3D) How many hours do you spend in a typical week (7 days) on the following activities?

Performing community service or volunteer activities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	5338	58	10924	52	1336	65	17988	54.1
2 1-5 hours	3057	33	8418	40	593	29	12362	37.1
3 6-10 hours	446	5	1135	5	79	4	1754	5.3
4 11-15 hours	175	2	319	2	29	1	565	1.7
5 16-20 hours	103	1	151	1	17	1	294	0.9
6 21-25 hours	51	1	69	0	5	0	141	0.4
7 26-30 hours	30	0	35	0	5	0	84	0.3
8 More than 30 hours	36	0	43	0	4	0	92	0.3
Valid responses =	9236	28	21094	63	2068	6	33280	98.6

Invalid responses include no response.



3E) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in physical exercise, team sports, recreational sports, or physically active hobbies

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	1539	17	5711	27	822	40	8245	24.7
2 1-5 hours	3695	40	9650	46	847	41	14533	43.6
3 6-10 hours	2354	25	3600	17	263	13	6397	19.2
4 11-15 hours	870	9	1063	5	66	3	2075	6.2
5 16-20 hours	396	4	586	3	40	2	1075	3.2
6 21-25 hours	204	2	268	1	14	1	513	1.5
7 26-30 hours	82	1	122	1	10	1	232	0.7
8 More than 30 hours	113	1	114	1	8	0	253	0.8
Valid responses =	9253	28	21114	63	2070	6	33323	98.7

Invalid responses include no response.

3F) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in spiritual or religious activities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	5408	59	12762	61	1623	78	20248	60.9
2 1-5 hours	2881	31	6588	31	341	17	10035	30.2
3 6-10 hours	541	6	1132	5	53	3	1816	5.5
4 11-15 hours	198	2	292	1	33	2	560	1.7
5 16-20 hours	93	1	148	1	7	0	273	0.8
6 21-25 hours	45	1	57	0	4	0	119	0.4
7 26-30 hours	21	0	47	0	4	0	86	0.3
8 More than 30 hours	42	1	65	0	4	0	122	0.4
Valid responses =	9229	28	21091	63	2069	6	33259	98.5

Invalid responses include no response.

3G) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in student clubs or organizations

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	3726	41	8501	40	765	37	13242	39.9
2 1-5 hours	3588	39	9032	43	926	45	13857	41.7
3 6-10 hours	1161	13	2344	11	247	12	3921	11.8
4 11-15 hours	404	4	649	3	62	3	1185	3.6
5 16-20 hours	167	2	298	1	34	2	532	1.6
6 21-25 hours	85	1	103	1	18	1	225	0.7
7 26-30 hours	35	0	70	0	7	0	124	0.4
8 More than 30 hours	44	1	63	0	8	0	128	0.4
Valid responses =	9210	28	21060	63	2067	6	33214	98.4

Invalid responses include no response.

3H) How many hours do you spend in a typical week (7 days) on the following activities?

Socializing with friends

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	616	7	1181	6	134	7	1986	6.0
2 1-5 hours	3178	35	8262	39	771	38	12481	37.7
3 6-10 hours	2630	29	6114	29	600	29	9621	29.1
4 11-15 hours	1376	15	2809	13	269	13	4562	13.8
5 16-20 hours	683	7	1311	6	132	6	2200	6.6
6 21-25 hours	287	3	526	3	58	3	907	2.7
7 26-30 hours	157	2	324	2	43	2	549	1.7
8 More than 30 hours	258	3	462	2	48	2	788	2.4
Valid responses =	9185	28	20989	63	2055	6	33094	98.0

Invalid responses include no response.

3I) How many hours do you spend in a typical week (7 days) on the following activities?

Partying

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	5337	59	12505	60	1487	73	19727	60.1
2 1-5 hours	2702	30	6445	31	457	22	9877	30.1
3 6-10 hours	660	7	1303	6	59	3	2112	6.4
4 11-15 hours	230	3	306	2	18	1	584	1.8
5 16-20 hours	96	1	116	1	6	0	245	0.7
6 21-25 hours	42	1	55	0	2	0	116	0.4
7 26-30 hours	23	0	33	0	7	0	72	0.2
8 More than 30 hours	38	0	33	0	2	0	81	0.2
Valid responses =	9128	28	20796	63	2038	6	32814	97.2

Invalid responses include no response.



3J) How many hours do you spend in a typical week (7 days) on the following activities?

Spending time with family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	3455	38	6847	33	864	42	11451	34.5
2 1-5 hours	3432	37	8330	40	753	37	12838	38.7
3 6-10 hours	1012	11	2436	12	215	10	3773	11.4
4 11-15 hours	487	5	1085	5	92	5	1717	5.2
5 16-20 hours	244	3	687	3	45	2	1007	3.0
6 21-25 hours	148	2	339	2	29	1	539	1.6
7 26-30 hours	100	1	258	1	22	1	390	1.2
8 More than 30 hours	324	4	1039	5	42	2	1436	4.3
Valid responses =	9202	28	21021	63	2062	6	33151	98.2

Invalid responses include no response.

3K) How many hours do you spend in a typical week (7 days) on the following activities?

Watching TV, streaming movies/TV, or other media for entertainment

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	700	8	1470	7	153	7	2416	7.3
2 1-5 hours	3634	39	9594	46	802	39	14372	43.2
3 6-10 hours	2664	29	5736	27	585	28	9216	27.7
4 11-15 hours	1162	13	2280	11	281	14	3812	11.5
5 16-20 hours	568	6	1062	5	130	6	1807	5.4
6 21-25 hours	195	2	432	2	50	2	704	2.1
7 26-30 hours	101	1	221	1	16	1	355	1.1
8 More than 30 hours	203	2	295	1	48	2	563	1.7
Valid responses =	9227	28	21090	63	2065	6	33245	98.5

Invalid responses include no response.

3L) How many hours do you spend in a typical week (7 days) on the following activities?

Gaming

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	3469	38	15053	72	790	38	19718	59.4
2 1-5 hours	2940	32	4053	19	696	34	7896	23.8
3 6-10 hours	1480	16	1102	5	311	15	3017	9.1
4 11-15 hours	658	7	401	2	130	6	1242	3.7
5 16-20 hours	331	4	201	1	67	3	629	1.9
6 21-25 hours	151	2	117	1	33	2	314	0.9
7 26-30 hours	77	1	52	0	19	1	158	0.5
8 More than 30 hours	112	1	60	0	19	1	202	0.6
Valid responses =	9218	28	21039	63	2065	6	33176	98.3

Invalid responses include no response.

3M) How many hours do you spend in a typical week (7 days) on the following activities?

Using social media

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	820	9	863	4	154	8	1901	5.8
2 1-5 hours	3128	34	7843	37	707	35	11977	36.3
3 6-10 hours	2684	29	6458	31	595	29	9985	30.2
4 11-15 hours	1373	15	3056	15	292	14	4858	14.7
5 16-20 hours	589	6	1426	7	157	8	2223	6.7
6 21-25 hours	271	3	614	3	61	3	975	3.0
7 26-30 hours	127	1	335	2	42	2	521	1.6
8 More than 30 hours	166	2	374	2	42	2	595	1.8
Valid responses =	9158	28	20969	63	2050	6	33035	97.8

Invalid responses include no response.

3N) How many hours do you spend in a typical week (7 days) on the following activities?

Commuting to school and/or to work

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	2853	31	7009	33	726	35	10828	32.7
2 1-5 hours	4694	51	10162	48	1021	50	16256	49.1
3 6-10 hours	1089	12	2448	12	220	11	3875	11.7
4 11-15 hours	283	3	657	3	52	3	1043	3.2
5 16-20 hours	122	1	294	1	12	1	459	1.4
6 21-25 hours	42	1	133	1	9	0	197	0.6
7 26-30 hours	37	0	99	1	12	1	160	0.5
8 More than 30 hours	76	1	195	1	7	0	290	0.9
Valid responses =	9196	28	20997	63	2059	6	33108	98.1

Invalid responses include no response.



3O) How many hours do you spend in a typical week (7 days) on the following activities?

Working for pay

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	4523	49	8980	43	929	45	14793	44.8
2 1-5 hours	1014	11	2454	12	211	10	3802	11.5
3 6-10 hours	1063	12	2821	14	262	13	4275	13.0
4 11-15 hours	657	7	1845	9	213	10	2795	8.5
5 16-20 hours	704	8	1800	9	196	10	2771	8.4
6 21-25 hours	281	3	757	4	77	4	1142	3.5
7 26-30 hours	158	2	502	2	48	2	724	2.2
8 More than 30 hours	776	9	1752	8	123	6	2688	8.1
Valid responses =	9176	28	20911	63	2059	6	32990	97.7

Invalid responses include no response.

3P) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in meditation or meditative activities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	6766	74	15547	74	1574	76	24418	73.6
2 1-5 hours	1910	21	4612	22	401	19	7093	21.4
3 6-10 hours	272	3	533	3	53	3	930	2.8
4 11-15 hours	116	1	144	1	18	1	311	0.9
5 16-20 hours	66	1	79	0	7	0	175	0.5
6 21-25 hours	32	0	47	0	5	0	96	0.3
7 26-30 hours	16	0	28	0	4	0	57	0.2
8 More than 30 hours	31	0	52	0	4	0	94	0.3
Valid responses =	9209	28	21042	63	2066	6	33174	98.3

Invalid responses include no response.

3Q) How many hours do you spend in a typical week (7 days) on the following activities?

Performing unpaid household responsibilities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	2585	28	4564	22	435	21	7801	23.4
2 1-5 hours	4421	48	10707	51	1120	54	16617	49.9
3 6-10 hours	1405	15	3364	16	339	16	5245	15.8
4 11-15 hours	414	5	1113	5	87	4	1674	5.0
5 16-20 hours	196	2	500	2	46	2	774	2.3
6 21-25 hours	72	1	249	1	17	1	354	1.1
7 26-30 hours	53	1	171	1	12	1	247	0.7
8 More than 30 hours	94	1	440	2	12	1	562	1.7
Valid responses =	9240	28	21108	63	2068	6	33274	98.6

Invalid responses include no response.

3R) How many hours do you spend in a typical week (7 days) on the following activities?

Taking care of children or other family members (unpaid)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	7680	83	16879	80	1769	85	26925	80.9
2 1-5 hours	717	8	1781	8	162	8	2742	8.2
3 6-10 hours	281	3	673	3	56	3	1076	3.2
4 11-15 hours	171	2	329	2	27	1	563	1.7
5 16-20 hours	131	1	241	1	18	1	415	1.2
6 21-25 hours	60	1	158	1	4	0	234	0.7
7 26-30 hours	38	0	135	1	9	0	196	0.6
8 More than 30 hours	156	2	909	4	26	1	1111	3.3
Valid responses =	9234	28	21105	63	2071	6	33262	98.5

Invalid responses include no response.

4) How do you describe your weight?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very underweight	149	2	162	1	42	2	372	1.1
2 Slightly underweight	1178	13	1666	8	272	13	3219	9.6
3 About the right weight	4802	52	11226	53	912	44	17495	52.4
4 Slightly overweight	2598	28	6541	31	660	32	10012	30.0
5 Very overweight	544	6	1540	7	181	9	2306	6.9
Valid responses =	9271	28	21135	63	2067	6	33404	98.9

Invalid responses include no response.



5) Are you trying to do any of the following about your weight?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not trying anything about my weight	1690	18	4419	21	628	30	6956	20.8
2 Stay the same weight	2057	22	4385	21	365	18	7040	21.1
3 Lose weight	3481	38	11275	53	863	42	15959	47.8
4 Gain weight	2039	22	1055	5	212	10	3432	10.3
Valid responses =	9267	28	21134	63	2068	6	33387	98.9

Invalid responses include no response.

6) In the last 7 days, how many (total) minutes did you spend doing moderate physical activity?

Examples: brisk walking, dancing, or household chores.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Minutes	326	4	602	3	73	4	1034	3.2
1 1 to 149 Minutes	4081	44	9929	48	957	47	15328	46.7
2 150 to 299 Minutes	2143	23	4781	23	475	23	7542	23.0
3 300 or More Minutes	2632	29	5574	27	526	26	8892	27.1
Valid responses =	9182	28	20886	64	2031	6	32796	97.1

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	240.82	150.00	328.49	0	5040
Cis Women	242.53	140.00	385.26	0	5040
Trans/Gender Non-conforming	232.31	135.00	340.8	0	5040
Overall	240.80	150.00	366.7	0	5040

7) In the last 7 days, how many (total) minutes did you spend doing vigorous physical activity?

Examples: running, swimming laps, or hiking.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Minutes	1984	22	7659	37	865	43	10694	32.7
1 1 to 74 Minutes	2631	29	6424	31	677	33	9983	30.5
2 75 to 149 Minutes	1372	15	2566	12	203	10	4220	12.9
3 150 or More Minutes	3182	35	4155	20	284	14	7803	23.9
Valid responses =	9169	28	20804	64	2029	6	32700	96.9

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	162.12	65.00	248.27	0	3000
Cis Women	102.69	30.00	211.75	0	3000
Trans/Gender Non-conforming	74.37	20.00	178.27	0	3000
Overall	118.21	40.00	223.79	0	3000

8) In the last 7 days, on how many days did you do exercises to strengthen or tone your muscles?

Examples: push ups, sit ups, or weightlifting/training.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 days	2650	29	9472	45	1149	56	13533	40.8
1 1 day	990	11	2724	13	259	13	4081	12.3
2 2 days	1261	14	3097	15	267	13	4731	14.3
3 3 days	1456	16	2580	12	169	8	4304	13.0
4 4 days	1056	11	1362	7	85	4	2585	7.8
5 5 days	978	11	1045	5	69	3	2150	6.5
6 6 days	547	6	449	2	25	1	1056	3.2
7 7 days	312	3	339	2	39	2	715	2.2
Valid responses =	9250	28	21068	64	2062	6	33155	98.2

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

9A) In the last 7 days, how many servings of sugar-sweetened beverages did you drink on average per day?

One serving is 12 oz of soda; 8 oz of sugar-sweetened, flavored water or sports drink; 6 oz of sugar-sweetened coffee, tea, or juice.

If you do not drink sugar-sweetened beverages, please enter 0.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings	3020	33	5317	26	437	21	8984	27.5
2 1 serving	1742	19	4649	22	474	23	6984	21.3
3 2 servings	1306	14	3400	16	360	18	5160	15.8
4 3 servings	804	9	2019	10	203	10	3081	9.4
5 4 servings	478	5	1188	6	124	6	1820	5.6
6 5 servings	420	5	946	5	80	4	1482	4.5
7 6 servings	231	3	518	3	55	3	818	2.5
8 7 servings	266	3	817	4	85	4	1182	3.6
9 8 servings	155	2	337	2	31	2	534	1.6
10 9 or more servings	733	8	1691	8	196	10	2669	8.2
Valid responses =	9155	28	20882	64	2045	6	32714	96.9

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	2.85	1.00	4.39	0	30
Cis Women	3.17	2.00	4.84	0	30
Trans/Gender Non-conforming	3.28	2.00	4.48	0	30
Overall	3.09	2.00	4.7	0	30

9B) In the past 30 days, on how many days did you drink energy drinks or energy shots?

(for example: Red Bull, Monster, Full Throttle, 5 Hour Energy, Rockstar Energy Shot, or Full Throttle Energy Shot, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	5968	66	14233	69	1316	65	21908	67.4
2 1-2 days	1093	12	2282	11	216	11	3681	11.3
3 3-4 days	522	6	1207	6	141	7	1915	5.9
4 5-10 days	807	9	1625	8	170	8	2663	8.2
5 11-15 days	192	2	426	2	61	3	687	2.1
6 16-20 days	198	2	394	2	50	3	653	2.0
7 21-25 days	135	2	207	1	24	1	372	1.1
8 26-30 days	188	2	390	2	55	3	649	2.0
Valid responses =	9103	28	20764	64	2033	6	32528	96.3

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	2.66	0.00	6.11	0	30
Cis Women	2.36	0.00	5.77	0	30
Trans/Gender Non-conforming	2.95	0.00	6.51	0	30
Overall	2.49	0.00	5.92	0	30

10) In the last 7 days, how many servings of fruit did you eat on average per day?

One serving is a medium piece of fresh fruit; 1/2 cup of fresh, frozen, or canned fruit; 1/4 cup of dried fruit; or 3/4 cup of 100% fresh fruit juice

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings per day	1683	18	3055	15	413	20	5258	15.9
2 1-2 servings per day	5810	63	14357	68	1326	64	21908	66.2
3 3-4 servings per day	1470	16	3127	15	284	14	5024	15.2
4 5-6 servings per day	214	2	384	2	28	1	652	2.0
5 More than 6 servings per day	74	1	132	1	11	1	230	0.7
Valid responses =	9251	28	21055	64	2062	6	33072	98.0

Invalid responses include no response.

11) In the last 7 days, how many servings of vegetables did you eat on average per day?

One serving is 1/2 cup of fresh, frozen, or canned vegetables; 3/4 cup 100% vegetable juice; or 1 cup salad greens

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings per day	1130	12	2268	11	300	15	3770	11.4
2 1-2 servings per day	5369	58	13041	62	1190	58	19977	60.4
3 3-4 servings per day	2296	25	4841	23	505	25	7834	23.7
4 5-6 servings per day	338	4	717	3	55	3	1151	3.5
5 More than 6 servings per day	120	1	201	1	15	1	352	1.1
Valid responses =	9253	28	21068	64	2065	6	33084	98.0

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

12A) For the following statements, please say whether the statement was often true, sometimes true, or never true for you in the last 30 days.
The food that I bought just didn't last, and I didn't have money to get more

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never True	5634	61	11572	55	1053	51	18599	56.4
1 Sometimes True	2825	31	7232	34	711	35	11030	33.4
2 Often True	764	8	2224	11	289	14	3355	10.2
Valid responses =	9223	28	21028	64	2053	6	32984	97.7

Invalid responses include no response.

12B) For the following statements, please say whether the statement was often true, sometimes true, or never true for you in the last 30 days.
I couldn't afford to eat balanced meals.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never True	5842	64	11833	56	1029	50	19053	57.9
1 Sometimes True	2363	26	6364	30	642	31	9610	29.2
2 Often True	994	11	2770	13	385	19	4235	12.9
Valid responses =	9199	28	20967	64	2056	6	32898	97.4

Invalid responses include no response.

12C) In the last 30 days, did you ever cut the size of your meals or skip meals because there wasn't enough money for food?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	6347	68	13776	65	1181	57	21708	65.5
1 Only 1 or 2 days	1173	13	3031	14	353	17	4644	14.0
2 Yes, some days, but not every day	1348	15	3440	16	384	19	5317	16.0
3 Yes, almost every day	407	4	869	4	151	7	1485	4.5
Valid responses =	9275	28	21116	64	2069	6	33154	98.2

Invalid responses include no response.

12D) In the last 30 days, did you ever eat less than you felt you should because there wasn't enough money for food?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	7182	78	15878	75	1390	67	24935	75.3
1 Yes	2088	23	5223	25	678	33	8191	24.7
Valid responses =	9270	28	21101	64	2068	6	33126	98.1

Invalid responses include no response.

12E) In the last 30 days, were you ever hungry but didn't eat because there wasn't enough money for food?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	7619	82	16973	80	1504	73	26605	80.3
1 Yes	1653	18	4132	20	566	27	6531	19.7
Valid responses =	9272	28	21105	64	2070	6	33136	98.1

Invalid responses include no response.

13) How long does it usually take for you to fall asleep at night once you close your eyes?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Under 5 minutes	1089	12	1947	9	139	7	3233	9.7
2 5-15 minutes	3437	37	7090	34	550	27	11284	34.0
3 16-30 minutes	2550	28	5849	28	562	27	9155	27.6
4 31 minutes - 1 hour	1488	16	4109	19	487	24	6248	18.8
5 over 1 hour	697	8	2133	10	331	16	3247	9.8
Valid responses =	9261	28	21128	64	2069	6	33167	98.2

Invalid responses include no response.

14) Over the last 2 weeks, what is the average amount of sleep you have gotten on a weeknight (excluding naps)? (Please select the response closest to your answer)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 4 hours	108	1	284	1	29	1	443	1.3
2 4 hours	285	3	723	3	79	4	1130	3.4
3 5 hours	1046	11	2471	12	285	14	3910	11.8
4 6 hours	2511	27	5636	27	564	27	8881	26.8
5 7 hours	3336	36	6785	32	657	32	10993	33.1
6 8 hours	1626	18	3974	19	333	16	6047	18.2
7 9 hours	284	3	914	4	88	4	1314	4.0
8 10 or more hours	77	1	344	2	36	2	468	1.4
Valid responses =	9273	28	21131	64	2071	6	33186	98.3

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

15) Over the last 2 weeks, what is the average amount of sleep you have gotten on a weekend night (excluding naps)? (Please select the response closest to your answer)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 4 hours	93	1	220	1	22	1	353	1.1
2 4 hours	179	2	460	2	46	2	705	2.1
3 5 hours	470	5	1259	6	126	6	1905	5.7
4 6 hours	1164	13	2733	13	216	10	4224	12.7
5 7 hours	2000	22	4294	20	353	17	6792	20.5
6 8 hours	2912	31	6234	30	564	27	9899	29.9
7 9 hours	1743	19	4021	19	451	22	6325	19.1
8 10 or more hours	711	8	1899	9	292	14	2951	8.9
Valid responses =	9272	28	21120	64	2070	6	33154	98.2

Invalid responses include no response.

16A) On how many of the last 7 days did you: Wake up too early in the morning and couldn't get back to sleep?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	4810	52	9543	45	885	43	15484	46.8
2 1 day	1785	19	4020	19	366	18	6283	19.0
3 2 days	1220	13	3249	15	345	17	4915	14.9
4 3 days	581	6	1754	8	191	9	2601	7.9
5 4 days	304	3	904	4	113	6	1370	4.1
6 5 days	229	3	732	4	77	4	1071	3.2
7 6 days	102	1	296	1	19	1	426	1.3
8 7 days	218	2	587	3	72	4	905	2.7
Valid responses =	9249	28	21085	64	2068	6	33055	97.9

Invalid responses include no response.

16B) On how many of the last 7 days did you: Feel tired or sleepy during the day?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	608	7	587	3	52	3	1290	3.9
2 1 day	950	10	1151	6	84	4	2231	6.7
3 2 days	1810	20	2655	13	209	10	4751	14.4
4 3 days	1756	19	3359	16	242	12	5492	16.6
5 4 days	1205	13	2967	14	269	13	4544	13.7
6 5 days	1146	12	3289	16	290	14	4808	14.5
7 6 days	455	5	1625	8	189	9	2308	7.0
8 7 days	1329	14	5472	26	734	36	7671	23.2
Valid responses =	9259	28	21105	64	2069	6	33095	98.0

Invalid responses include no response.

16C) On how many of the last 7 days did you: Have an extremely hard time falling asleep?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	3476	38	6435	31	476	23	10565	32.0
2 1 day	2234	24	4664	22	393	19	7424	22.5
3 2 days	1283	14	3287	16	329	16	4998	15.1
4 3 days	704	8	1972	9	202	10	2952	8.9
5 4 days	444	5	1284	6	157	8	1950	5.9
6 5 days	399	4	1210	6	173	8	1821	5.5
7 6 days	197	2	610	3	83	4	911	2.8
8 7 days	510	6	1624	8	256	12	2440	7.4
Valid responses =	9247	28	21086	64	2069	6	33061	97.9

Invalid responses include no response.

16D) On how many of the last 7 days did you: Get enough sleep so that you felt rested?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	1171	13	4018	19	453	22	5762	17.4
2 1 day	1440	16	4163	20	426	21	6128	18.5
3 2 days	1846	20	4250	20	433	21	6655	20.1
4 3 days	1386	15	3116	15	231	11	4834	14.6
5 4 days	1159	13	2119	10	221	11	3594	10.9
6 5 days	1106	12	1790	9	158	8	3114	9.4
7 6 days	653	7	908	4	91	4	1680	5.1
8 7 days	491	5	724	3	55	3	1297	3.9
Valid responses =	9252	28	21088	64	2068	6	33064	97.9

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

16E) On how many of the last 7 days did you: Take a nap?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	3690	40	7695	37	751	36	12366	37.4
2 1 day	1912	21	4115	20	410	20	6555	19.8
3 2 days	1409	15	3357	16	339	16	5209	15.8
4 3 days	919	10	2272	11	222	11	3488	10.6
5 4 days	506	6	1281	6	150	7	1991	6.0
6 5 days	369	4	1003	5	82	4	1482	4.5
7 6 days	166	2	493	2	50	2	728	2.2
8 7 days	274	3	866	4	66	3	1232	3.7
Valid responses =	9245	28	21082	64	2070	6	33051	97.9

Invalid responses include no response.

16F) On average, how long are your naps? (only includes students who napped 1-7 days)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 30 minutes	1129	21	2128	16	174	13	3520	17.1
2 Between 30 and 59 minutes	2568	47	5845	44	529	40	9118	44.3
3 Between 60 and 119 minutes	1463	27	3955	30	422	32	5945	28.9
4 2 hours or more	358	7	1397	11	188	14	1984	9.6
Valid responses =	5518	27	13325	65	1313	6	20567	60.9

Invalid responses include no response.

17A) Within the last 12 months, how often did you: Wear a helmet when you rode a bicycle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	5473	59	14765	70	1378	67	22021	66.9
2 Never	1558	17	2480	12	251	12	4363	13.3
3 Rarely	435	5	745	4	76	4	1290	3.9
4 Sometimes	330	4	577	3	57	3	985	3.0
5 Most of the time	385	4	624	3	73	4	1107	3.4
6 Always	1029	11	1816	9	222	11	3137	9.5
Valid responses =	9210	28	21007	64	2057	6	32903	97.5

Invalid responses include no response.

17B) Within the last 12 months, how often did you: Wear a helmet when you rode a motorcycle/motor scooter?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	7679	83	18764	89	1860	91	28811	87.6
2 Never	618	7	949	5	80	4	1691	5.1
3 Rarely	126	1	142	1	24	1	312	0.9
4 Sometimes	131	1	128	1	14	1	290	0.9
5 Most of the time	145	2	176	1	8	0	338	1.0
6 Always	508	6	836	4	69	3	1441	4.4
Valid responses =	9207	28	20995	64	2055	6	32883	97.4

Invalid responses include no response.

17C) Within the last 12 months, how often did you: Wear a helmet when you were skateboarding?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	7870	86	19065	91	1795	88	29242	89.0
2 Never	842	9	1182	6	162	8	2238	6.8
3 Rarely	131	1	150	1	30	2	325	1.0
4 Sometimes	105	1	128	1	18	1	265	0.8
5 Most of the time	76	1	102	1	12	1	201	0.6
6 Always	174	2	341	2	35	2	571	1.7
Valid responses =	9198	28	20968	64	2052	6	32842	97.3

Invalid responses include no response.

18A) When, if ever, was the last time you drove a car or other vehicle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	738	8	1931	9	294	14	3054	9.2
2 Within the last 2 weeks	5942	64	14008	66	1153	56	21447	64.8
3 More than 2 weeks but within 30 days	499	5	1004	5	99	5	1664	5.0
4 More than 30 days but within 3 months	957	10	1961	9	242	12	3229	9.8
5 More than 3 months but within 12 months	805	9	1583	8	185	9	2648	8.0
6 More than 12 months ago	325	4	625	3	97	5	1075	3.2
Valid responses =	9266	28	21112	64	2070	6	33117	98.1

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

18B) Within the last 2 weeks, on how many days did you drive a car or other vehicle? (only includes students that drove in the last 2 weeks)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Days	59	1	109	1	11	1	185	0.9
1 1 to 4 Days	1634	28	3468	25	374	33	5562	26.1
2 5 to 10 Days	1750	30	4372	31	345	30	6569	30.9
3 11 to 14 Days	2473	42	5977	43	407	36	8960	42.1
Valid responses =	5916	28	13926	65	1137	5	21276	63.0

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	8.53	8.00	4.8	0	14
Cis Women	8.74	10.00	4.7	0	14
Trans/Gender Non-conforming	7.96	7.00	4.71	0	14
Overall	8.63	9.00	4.73	0	14

18C) Within the last 2 weeks, on how many days did you manually operate a device to text, email, video chat, or use the internet or apps while driving a car or other vehicle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Days	2738	46	6213	45	630	55	9725	45.9
1 1 to 4 Days	1485	25	3550	26	317	28	5425	25.6
2 5 to 10 Days	793	14	2093	15	121	11	3044	14.4
3 11 to 14 Days	879	15	2019	15	70	6	3002	14.2
Valid responses =	5895	28	13875	65	1138	5	21196	62.8

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	3.52	1.00	4.9	0	14
Cis Women	3.62	1.00	4.88	0	14
Trans/Gender Non-conforming	2.17	0.00	3.71	0	14
Overall	3.51	1.00	4.83	0	14

18D) Within the last 12 months, how many times have you been involved in an accident when you drove a car or other vehicle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No accidents	7433	91	16635	90	1482	88	25969	89.9
2 One accident	681	8	1684	9	168	10	2600	9.0
3 Two accidents	69	1	168	1	22	1	279	1.0
4 Three or more accidents	11	0	29	0	5	0	50	0.2
Valid responses =	8194	28	18516	64	1677	6	28898	85.6

Invalid responses include no response.

19A) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship? A partner called me names, insulted me, or put me down to make me feel bad.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8455	92	19011	91	1857	90	29839	91.0
2 Yes	748	8	1950	9	199	10	2965	9.0
Valid responses =	9203	28	20961	64	2056	6	32804	97.2

Invalid responses include no response.

19B) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship? A partner often insisted on knowing who I was with and where I was or tried to limit my contact with family or friends.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8661	94	19753	94	1937	94	30879	94.3
2 Yes	524	6	1176	6	115	6	1872	5.7
Valid responses =	9185	28	20929	64	2052	6	32751	97.0

Invalid responses include no response.

19C) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship? A partner pushed, grabbed, shoved, slapped, kicked, bit, choked, or hit me without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8917	97	20398	98	1971	96	31810	97.2
2 Yes	263	3	518	3	77	4	909	2.8
Valid responses =	9180	28	20916	64	2048	6	32719	96.9

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

19D) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner forced me into unwanted sexual contact by holding me down or hurting me in some way.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9068	99	20592	98	2002	98	32191	98.3
2 Yes	123	1	340	2	51	3	563	1.7
Valid responses =	9191	28	20932	64	2053	6	32754	97.0

Invalid responses include no response.

19E) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner pressured me into unwanted sexual contact by threatening me, coercing me, or using alcohol or other drugs.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8995	98	20305	97	1961	96	31791	97.2
2 Yes	185	2	596	3	85	4	907	2.8
Valid responses =	9180	28	20901	64	2046	6	32698	96.8

Invalid responses include no response.

20A) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was in a physical fight.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8931	97	20744	99	2014	98	32210	97.9
2 Yes	298	3	285	1	44	2	676	2.1
Valid responses =	9229	28	21029	64	2058	6	32886	97.4

Invalid responses include no response.

20B) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was physically assaulted (do not include sexual assault).

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9002	98	20653	98	1976	96	32164	97.8
2 Yes	229	3	376	2	82	4	725	2.2
Valid responses =	9231	28	21029	64	2058	6	32889	97.4

Invalid responses include no response.

20C) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was verbally threatened.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8143	88	19221	92	1658	81	29492	89.9
2 Yes	1064	12	1758	8	394	19	3313	10.1
Valid responses =	9207	28	20979	64	2052	6	32805	97.2

Invalid responses include no response.

20D) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was sexually touched without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8977	98	19870	95	1901	93	31255	95.4
2 Yes	233	3	1089	5	143	7	1519	4.6
Valid responses =	9210	28	20959	64	2044	6	32774	97.1

Invalid responses include no response.

20E) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

Sexual penetration (vaginal, anal, oral) was attempted on me without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9130	99	20616	98	2000	97	32273	98.2
2 Yes	96	1	396	2	54	3	584	1.8
Valid responses =	9226	28	21012	64	2054	6	32857	97.3

Invalid responses include no response.

20F) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was sexually penetrated (vaginal, anal, oral), or made to penetrate someone without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9134	99	20716	99	2012	98	32390	98.6
2 Yes	91	1	302	1	43	2	473	1.4
Valid responses =	9225	28	21018	64	2055	6	32863	97.3

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

20G) Within the last 12 months, did you experience any of the following? Do not include intimate relationships. I was a victim of stalking (for example: waiting for me outside my classroom, residence, or office; or repeated emails/phone calls).

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9027	98	20146	96	1925	94	31602	96.1
2 Yes	201	2	880	4	129	6	1269	3.9
Valid responses =	9228	28	21026	64	2054	6	32871	97.4

Invalid responses include no response.

R21A) How safe do you feel: On my campus (daytime)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	56	1	74	0	17	1	160	0.5
2 Somewhat unsafe	105	1	257	1	47	2	431	1.3
3 Somewhat safe	839	9	2686	13	315	15	3957	12.0
4 Very safe	7891	85	17001	81	1630	79	26934	81.5
5 Does not apply	370	4	1081	5	53	3	1552	4.7
Valid responses =	9261	28	21099	64	2062	6	33034	97.8

Invalid responses include no response.

R21B) How safe do you feel: On my campus (nighttime)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	121	1	586	3	57	3	789	2.4
2 Somewhat unsafe	580	6	3172	15	353	17	4183	12.7
3 Somewhat safe	2723	29	9277	44	911	44	13136	39.8
4 Very safe	5081	55	5925	28	608	30	11843	35.9
5 Does not apply	750	8	2121	10	134	7	3057	9.3
Valid responses =	9255	28	21081	64	2063	6	33008	97.8

Invalid responses include no response.

R21C) How safe do you feel: In the community surrounding my campus (daytime)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	121	1	287	1	29	1	457	1.4
2 Somewhat unsafe	573	6	1948	9	188	9	2771	8.4
3 Somewhat safe	3048	33	8828	42	926	45	13028	39.5
4 Very safe	4983	54	8697	41	813	39	14741	44.7
5 Does not apply	534	6	1322	6	107	5	2014	6.1
Valid responses =	9259	28	21082	64	2063	6	33011	97.8

Invalid responses include no response.

R21D) How safe do you feel: In the community surrounding my campus (nighttime)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	692	8	2810	13	256	12	3832	11.6
2 Somewhat unsafe	1964	21	6845	33	660	32	9619	29.1
3 Somewhat safe	3148	34	6611	31	672	33	10625	32.2
4 Very safe	2640	29	2694	13	282	14	5737	17.4
5 Does not apply	817	9	2127	10	194	9	3207	9.7
Valid responses =	9261	28	21087	64	2064	6	33020	97.8

Invalid responses include no response.

22A1) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	6581	71	15518	74	1488	72	24017	72.9
3 Yes	2668	29	5564	26	575	28	8940	27.1
Valid responses =	9249	28	21082	64	2063	6	32957	97.6

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

22A2) In your life, which of the following substances have you ever used?
For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	3571	39	7438	35	700	34	11983	36.4
3 Yes	5659	61	13596	65	1360	66	20896	63.6
Valid responses =	9230	28	21034	64	2060	6	32879	97.4

Invalid responses include no response.

22A3) In your life, which of the following substances have you ever used?
For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	6171	67	13851	66	1038	50	21453	65.2
3 Yes	3061	33	7201	34	1021	50	11445	34.8
Valid responses =	9232	28	21052	64	2059	6	32898	97.4

Invalid responses include no response.

22A4) In your life, which of the following substances have you ever used?
For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	8773	96	20248	97	1959	96	31492	96.7
3 Yes	394	4	568	3	82	4	1078	3.3
Valid responses =	9167	28	20816	64	2041	6	32570	96.5

Invalid responses include no response.

22A5) In your life, which of the following substances have you ever used?
For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	8651	94	20129	96	1926	94	31211	95.0
3 Yes	577	6	889	4	125	6	1641	5.0
Valid responses =	9228	28	21018	64	2051	6	32852	97.3

Invalid responses include no response.

22A6) In your life, which of the following substances have you ever used?
For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	9087	99	20824	99	2020	99	32450	98.9
3 Yes	125	1	169	1	30	2	354	1.1
Valid responses =	9212	28	20993	64	2050	6	32804	97.2

Invalid responses include no response.

22A7) In your life, which of the following substances have you ever used?
For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	8821	96	20612	98	1927	94	31869	97.2
3 Yes	391	4	367	2	126	6	922	2.8
Valid responses =	9212	28	20979	64	2053	6	32791	97.1

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

22A8) In your life, which of the following substances have you ever used?
For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	8914	97	20415	97	1957	95	31791	96.7
3 Yes	316	3	613	3	97	5	1070	3.3
Valid responses =	9230	28	21028	64	2054	6	32861	97.3

Invalid responses include no response.

22A9) In your life, which of the following substances have you ever used?
For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	8411	91	19908	95	1813	88	30630	93.2
3 Yes	818	9	1128	5	245	12	2240	6.8
Valid responses =	9229	28	21036	64	2058	6	32870	97.4

Invalid responses include no response.

22A10) In your life, which of the following substances have you ever used?
For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	9106	99	20795	100	2010	99	32438	99.4
3 Yes	64	1	73	0	30	2	187	0.6
Valid responses =	9170	28	20868	64	2040	6	32620	96.6

Invalid responses include no response.

22A11) In your life, which of the following substances have you ever used?
For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	8963	97	20652	98	1979	96	32105	97.6
3 Yes	269	3	393	2	75	4	773	2.4
Valid responses =	9232	28	21045	64	2054	6	32878	97.4

Invalid responses include no response.

22A12) In your life, which of the following substances have you ever used?
For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	5844	99	12479	99	1193	98	19839	98.7
3 Yes	92	2	118	1	29	2	263	1.3
Valid responses =	5936	30	12597	63	1222	6	20102	59.5

Invalid responses include no response.

22B1) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)
Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	852	32	1904	34	199	35	2989	33.5
2 Once or twice	694	26	1464	26	150	26	2338	26.2
3 Monthly	229	9	455	8	39	7	738	8.3
4 Weekly	288	11	488	9	43	8	833	9.3
6 Daily or almost daily	605	23	1247	22	144	25	2031	22.7
Valid responses =	2668	30	5558	62	575	6	8929	26.4

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

22B2) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)
Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	538	10	1220	9	194	14	1985	9.5
2 Once or twice	1540	27	4346	32	482	35	6450	30.9
3 Monthly	1337	24	3376	25	322	24	5101	24.4
4 Weekly	2066	37	4447	33	332	24	6930	33.2
6 Daily or almost daily	175	3	189	1	30	2	404	1.9
Valid responses =	5656	27	13578	65	1360	7	20870	61.8

Invalid responses include no response.

22B3) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)
Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1035	34	2557	36	291	29	3936	34.4
2 Once or twice	786	26	2078	29	263	26	3158	27.6
3 Monthly	421	14	905	13	133	13	1482	13.0
4 Weekly	467	15	944	13	175	17	1620	14.2
6 Daily or almost daily	352	12	702	10	158	16	1230	10.8
Valid responses =	3061	27	7186	63	1020	9	11426	33.8

Invalid responses include no response.

22B4) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)
Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	265	67	433	76	55	67	767	71.5
2 Once or twice	73	19	83	15	9	11	169	15.8
3 Monthly	24	6	19	3	11	13	60	5.6
4 Weekly	23	6	21	4	5	6	52	4.8
6 Daily or almost daily	9	2	11	2	2	2	25	2.3
Valid responses =	394	37	567	53	82	8	1073	3.2

Invalid responses include no response.

22B5) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)
Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	379	66	586	66	78	62	1061	64.9
2 Once or twice	101	18	153	17	16	13	276	16.9
3 Monthly	28	5	50	6	9	7	95	5.8
4 Weekly	22	4	34	4	13	10	78	4.8
6 Daily or almost daily	47	8	65	7	9	7	126	7.7
Valid responses =	577	35	888	54	125	8	1636	4.8

Invalid responses include no response.

22B6) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)
Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	85	68	145	86	17	57	255	72.4
2 Once or twice	15	12	4	2	3	10	27	7.7
3 Monthly	11	9	9	5	5	17	31	8.8
4 Weekly	7	6	4	2	4	13	21	6.0
6 Daily or almost daily	7	6	7	4	1	3	18	5.1
Valid responses =	125	36	169	48	30	9	352	1.0

Invalid responses include no response.

22B7) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)
Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	261	67	265	72	79	63	617	67.2
2 Once or twice	83	21	77	21	26	21	190	20.7
3 Monthly	16	4	16	4	13	10	52	5.7
4 Weekly	23	6	6	2	6	5	44	4.8
6 Daily or almost daily	7	2	3	1	2	2	15	1.6
Valid responses =	390	42	367	40	126	14	918	2.7

Invalid responses include no response.



22B8) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)
Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	230	73	402	66	59	61	713	66.9
2 Once or twice	42	13	106	17	20	21	174	16.3
3 Monthly	15	5	31	5	12	12	65	6.1
4 Weekly	11	4	37	6	1	1	55	5.2
6 Daily or almost daily	18	6	33	5	5	5	58	5.4
Valid responses =	316	30	609	57	97	9	1065	3.2

Invalid responses include no response.

22B9) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)
Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	536	66	821	73	149	61	1529	68.3
2 Once or twice	225	28	268	24	70	29	573	25.6
3 Monthly	40	5	27	2	19	8	95	4.2
4 Weekly	7	1	9	1	4	2	24	1.1
6 Daily or almost daily	10	1	2	0	3	1	17	0.8
Valid responses =	818	37	1127	50	245	11	2238	6.6

Invalid responses include no response.

22B10) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)
Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	37	60	55	78	13	43	108	61.4
2 Once or twice	2	3	2	3	5	17	10	5.7
3 Monthly	7	11	8	11	4	13	22	12.5
4 Weekly	8	13	4	6	5	17	21	11.9
6 Daily or almost daily	8	13	2	3	3	10	15	8.5
Valid responses =	62	35	71	40	30	17	176	0.5

Invalid responses include no response.

22B11) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)
Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	200	75	310	79	53	71	581	75.5
2 Once or twice	30	11	53	14	13	17	97	12.6
3 Monthly	19	7	11	3	5	7	40	5.2
4 Weekly	9	3	11	3	2	3	30	3.9
6 Daily or almost daily	10	4	7	2	2	3	22	2.9
Valid responses =	268	35	392	51	75	10	770	2.3

Invalid responses include no response.

22B12) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)
Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	26	29	35	33	9	32	74	30.3
2 Once or twice	20	22	11	11	4	14	37	15.2
3 Monthly	8	9	12	11	5	18	30	12.3
4 Weekly	13	14	13	12	5	18	39	16.0
6 Daily or almost daily	23	26	34	32	5	18	64	26.2
Valid responses =	90	37	105	43	28	11	244	0.7

Invalid responses include no response.

22E) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	103	56	132	51	24	57	268	53.1
1 Yes	71	39	114	44	16	38	210	41.6
99 Don't know	10	5	13	5	2	5	27	5.3
Valid responses =	184	36	259	51	42	8	505	1.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

22F1) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months:

(only includes students who were prescribed this substance)

Do you ever use MORE of your stimulant medication, that is, take a higher dosage, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	54	76	97	85	10	63	166	79.0
1 Yes	9	13	13	11	6	38	30	14.3
99 Don't know	8	11	4	4	0	0	14	6.7
Valid responses =	71	34	114	54	16	8	210	0.6

Invalid responses include no response.

22F2) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months:

(only includes students who were prescribed this substance)

Do you ever use your stimulant medication MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	52	74	94	83	9	56	160	76.6
1 Yes	11	16	13	11	7	44	32	15.3
99 Don't know	7	10	7	6	0	0	17	8.1
Valid responses =	70	33	114	55	16	8	209	0.6

Invalid responses include no response.

22G) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)

(only includes students who have used this substance within the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	50	60	104	51	27	71	186	53.9
1 Yes	27	32	91	44	10	26	135	39.1
99 Don't know	7	8	10	5	1	3	24	7.0
Valid responses =	84	24	205	59	38	11	345	1.0

Invalid responses include no response.

22H1) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months:

(only includes students who were prescribed this substance)

Do you ever use MORE of your sedatives or sleeping pills, that is, take a higher dosage, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	16	62	69	77	4	40	91	68.4
1 Yes	7	27	18	20	6	60	32	24.1
99 Don't know	3	12	3	3	0	0	10	7.5
Valid responses =	26	20	90	68	10	8	133	0.4

Invalid responses include no response.

22H2) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months:

(only includes students who were prescribed this substance)

Do you ever use your sedatives or sleeping pills MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	19	73	75	83	7	70	106	79.7
1 Yes	6	23	13	14	3	30	22	16.5
99 Don't know	1	4	2	2	0	0	5	3.8
Valid responses =	26	20	90	68	10	8	133	0.4

Invalid responses include no response.

22I) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)

(only includes students who have used this substance within the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	32	48	37	46	15	68	92	50.8
1 Yes	25	37	41	51	4	18	72	39.8
99 Don't know	10	15	3	4	3	14	17	9.4
Valid responses =	67	37	81	45	22	12	181	0.5

Invalid responses include no response.

22J1) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months: (only includes students who were prescribed this substance)

(only includes students who were prescribed this substance)

Do you ever use MORE of your opioid medication, that is, take a higher dosage, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	10	40	31	78	1	25	42	59.2
1 Yes	9	36	7	18	1	25	17	23.9
99 Don't know	6	24	2	5	2	50	12	16.9
Valid responses =	25	35	40	56	4	6	71	0.2

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

22J2) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months: (only includes students who were prescribed this substance)
Do you ever use your opioid medication MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	13	52	32	80	2	50	47	66.2
1 Yes	7	28	6	15	2	50	15	21.1
99 Don't know	5	20	2	5	0	0	9	12.7
Valid responses =	25	35	40	56	4	6	71	0.2

Invalid responses include no response.

22K1) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)? (only includes students who have used this substance within the last 3 months)
Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	660	38	1136	32	113	31	1931	33.7
3 Once or twice	284	16	645	18	55	15	994	17.3
4 Monthly	98	6	206	6	19	5	335	5.8
5 Weekly	208	12	368	10	46	13	633	11.0
6 Daily or almost daily	505	29	1169	33	135	37	1842	32.1
Valid responses =	1755	31	3524	61	368	6	5735	17.0

Invalid responses include no response.

22K2) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)? (only includes students who have used this substance within the last 3 months)
Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	2603	53	5878	49	533	47	9123	50.1
3 Once or twice	1077	22	2903	24	274	24	4303	23.6
4 Monthly	437	9	1261	11	126	11	1849	10.2
5 Weekly	704	14	1611	14	144	13	2497	13.7
6 Daily or almost daily	128	3	252	2	49	4	435	2.4
Valid responses =	4949	27	11905	65	1126	6	18207	53.9

Invalid responses include no response.

22K3) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)? (only includes students who have used this substance within the last 3 months)
Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	875	45	1791	41	247	36	2941	41.1
3 Once or twice	400	21	1036	24	136	20	1598	22.3
4 Monthly	166	9	435	10	69	10	683	9.6
5 Weekly	272	14	574	13	114	16	974	13.6
6 Daily or almost daily	230	12	578	13	130	19	954	13.3
Valid responses =	1943	27	4414	62	696	10	7150	21.2

Invalid responses include no response.

22K4) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)? (only includes students who have used this substance within the last 3 months)
Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	75	61	71	53	5	19	154	51.9
3 Once or twice	20	16	26	19	5	19	51	17.2
4 Monthly	14	11	13	10	6	22	37	12.5
5 Weekly	13	11	12	9	9	33	37	12.5
6 Daily or almost daily	2	2	12	9	2	7	18	6.1
Valid responses =	124	42	134	45	27	9	297	0.9

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

22K5) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	117	59	149	50	15	32	286	50.3
3 Once or twice	33	17	46	15	7	15	89	15.6
4 Monthly	15	8	38	13	12	26	73	12.8
5 Weekly	20	10	32	11	6	13	63	11.1
6 Daily or almost daily	12	6	36	12	7	15	58	10.2
Valid responses =	197	35	301	53	47	8	569	1.7

Invalid responses include no response.

22K6) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	13	34	5	22	1	8	20	22.5
3 Once or twice	6	16	4	17	4	33	18	20.2
4 Monthly	8	21	5	22	2	17	22	24.7
5 Weekly	6	16	3	13	3	25	14	15.7
6 Daily or almost daily	5	13	6	26	2	17	15	16.9
Valid responses =	38	43	23	26	12	13	89	0.3

Invalid responses include no response.

22K7) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	80	64	70	69	17	37	171	58.8
3 Once or twice	17	14	9	9	12	26	41	14.1
4 Monthly	16	13	10	10	12	26	43	14.8
5 Weekly	7	6	10	10	5	11	26	8.9
6 Daily or almost daily	5	4	2	2	0	0	10	3.4
Valid responses =	125	43	101	35	46	16	291	0.9

Invalid responses include no response.

22K8) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	35	41	97	47	17	45	154	44.1
3 Once or twice	17	20	41	20	8	21	67	19.2
4 Monthly	12	14	27	13	6	16	51	14.6
5 Weekly	11	13	29	14	5	13	50	14.3
6 Daily or almost daily	11	13	13	6	2	5	27	7.7
Valid responses =	86	25	207	59	38	11	349	1.0

Invalid responses include no response.

22K9) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	160	58	181	60	44	48	390	56.4
3 Once or twice	61	22	69	23	20	22	156	22.6
4 Monthly	31	11	33	11	16	17	87	12.6
5 Weekly	17	6	12	4	9	10	41	5.9
6 Daily or almost daily	7	3	5	2	3	3	17	2.5
Valid responses =	276	40	300	43	92	13	691	2.0

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

22K10) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	9	36	4	25	1	7	15	23.4
3 Once or twice	2	8	3	19	7	47	12	18.8
4 Monthly	5	20	3	19	4	27	15	23.4
5 Weekly	5	20	5	31	2	13	14	21.9
6 Daily or almost daily	4	16	1	6	1	7	8	12.5
Valid responses =	25	39	16	25	15	23	64	0.2

Invalid responses include no response.

22K11) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	27	40	45	55	4	18	77	41.4
3 Once or twice	7	10	16	20	7	32	33	17.7
4 Monthly	13	19	7	9	5	23	29	15.6
5 Weekly	10	15	10	12	4	18	27	14.5
6 Daily or almost daily	11	16	4	5	2	9	20	10.8
Valid responses =	68	37	82	44	22	12	186	0.6

Invalid responses include no response.

22K12) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	25	40	23	36	3	17	53	33.5
3 Once or twice	6	10	5	8	2	11	14	8.9
4 Monthly	7	11	6	9	4	22	20	12.7
5 Weekly	9	15	9	14	6	33	30	19.0
6 Daily or almost daily	15	24	21	33	3	17	41	25.9
Valid responses =	62	39	64	41	18	11	158	0.5

Invalid responses include no response.

22L1) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1512	83	3064	84	292	78	4924	83.1
4 Once or twice	141	8	298	8	51	14	498	8.4
5 Monthly	49	3	106	3	12	3	178	3.0
6 Weekly	49	3	91	3	13	4	159	2.7
7 Daily or almost daily	62	3	92	3	8	2	169	2.9
Valid responses =	1813	31	3651	62	376	6	5928	17.6

Invalid responses include no response.

22L2) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	4495	88	11090	90	1052	90	16830	89.3
4 Once or twice	446	9	918	7	83	7	1467	7.8
5 Monthly	88	2	195	2	16	1	306	1.6
6 Weekly	64	1	111	1	10	1	193	1.0
7 Daily or almost daily	15	0	25	0	5	0	47	0.2
Valid responses =	5108	27	12339	65	1166	6	18843	55.8

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

22L3) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1730	86	4115	89	614	85	6532	87.5
4 Once or twice	165	8	331	7	71	10	577	7.7
5 Monthly	58	3	86	2	17	2	172	2.3
6 Weekly	48	2	46	1	13	2	109	1.5
7 Daily or almost daily	22	1	39	1	12	2	75	1.0
Valid responses =	2023	27	4617	62	727	10	7465	22.1

Invalid responses include no response.

22L4) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	92	72	110	82	10	37	213	71.2
4 Once or twice	18	14	12	9	6	22	39	13.0
5 Monthly	10	8	6	5	2	7	21	7.0
6 Weekly	3	2	3	2	6	22	15	5.0
7 Daily or almost daily	4	3	3	2	3	11	11	3.7
Valid responses =	127	42	134	45	27	9	299	0.9

Invalid responses include no response.

22L5) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	165	83	266	88	32	68	469	82.3
4 Once or twice	16	8	18	6	2	4	41	7.2
5 Monthly	9	5	10	3	6	13	32	5.6
6 Weekly	4	2	3	1	4	9	14	2.5
7 Daily or almost daily	4	2	5	2	3	6	14	2.5
Valid responses =	198	35	302	53	47	8	570	1.7

Invalid responses include no response.

22L6) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	14	36	10	42	1	8	26	27.7
4 Once or twice	8	21	4	17	3	23	19	20.2
5 Monthly	6	15	7	29	5	39	24	25.5
6 Weekly	6	15	2	8	2	15	15	16.0
7 Daily or almost daily	5	13	1	4	2	15	10	10.6
Valid responses =	39	41	24	26	13	14	94	0.3

Invalid responses include no response.

22L7) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	108	84	86	84	30	64	229	77.1
4 Once or twice	10	8	5	5	7	15	25	8.4
5 Monthly	8	6	8	8	5	11	27	9.1
6 Weekly	1	1	2	2	2	4	8	2.7
7 Daily or almost daily	2	2	1	1	3	6	8	2.7
Valid responses =	129	43	102	34	47	16	297	0.9

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

22L8) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	60	70	175	85	29	76	270	77.4
4 Once or twice	11	13	16	8	5	13	34	9.7
5 Monthly	5	6	7	3	2	5	20	5.7
6 Weekly	7	8	4	2	2	5	16	4.6
7 Daily or almost daily	3	4	5	2	0	0	9	2.6
Valid responses =	86	25	207	59	38	11	349	1.0

Invalid responses include no response.

22L9) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	241	86	278	91	74	78	602	85.6
4 Once or twice	19	7	16	5	10	11	49	7.0
5 Monthly	14	5	9	3	4	4	32	4.6
6 Weekly	3	1	0	0	4	4	10	1.4
7 Daily or almost daily	4	1	1	0	3	3	10	1.4
Valid responses =	281	40	304	43	95	14	703	2.1

Invalid responses include no response.

22L10) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	5	20	3	19	3	19	12	18.5
4 Once or twice	8	32	3	19	2	13	14	21.5
5 Monthly	5	20	7	44	4	25	19	29.2
6 Weekly	2	8	1	6	4	25	9	13.8
7 Daily or almost daily	5	20	2	13	3	19	11	16.9
Valid responses =	25	38	16	25	16	25	65	0.2

Invalid responses include no response.

22L11) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	37	54	60	73	10	46	108	58.1
4 Once or twice	7	10	11	13	3	14	24	12.9
5 Monthly	14	21	7	9	5	23	30	16.1
6 Weekly	4	6	1	1	3	14	11	5.9
7 Daily or almost daily	6	9	3	4	1	5	13	7.0
Valid responses =	68	37	82	44	22	12	186	0.6

Invalid responses include no response.

22L12) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	39	62	48	69	10	53	99	60.0
4 Once or twice	5	8	6	9	1	5	14	8.5
5 Monthly	10	16	6	9	3	16	25	15.2
6 Weekly	5	8	4	6	3	16	14	8.5
7 Daily or almost daily	4	6	6	9	2	11	13	7.9
Valid responses =	63	38	70	42	19	12	165	0.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

22M2) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	4585	90	11270	91	1076	92	17116	90.8
5 Once or twice	396	8	871	7	67	6	1357	7.2
6 Monthly	68	1	128	1	9	1	216	1.1
7 Weekly	52	1	67	1	9	1	136	0.7
8 Daily or almost daily	13	0	14	0	5	0	34	0.2
Valid responses =	5114	27	12350	65	1166	6	18859	55.9

Invalid responses include no response.

22M3) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1687	83	4086	88	604	83	6453	86.4
5 Once or twice	215	11	384	8	85	12	688	9.2
6 Monthly	51	3	75	2	15	2	148	2.0
7 Weekly	49	2	57	1	14	2	128	1.7
8 Daily or almost daily	21	1	20	0	10	1	53	0.7
Valid responses =	2023	27	4622	62	728	10	7470	22.1

Invalid responses include no response.

22M4) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	99	77	110	82	14	52	225	75.0
5 Once or twice	13	10	12	9	1	4	26	8.7
6 Monthly	6	5	7	5	5	19	21	7.0
7 Weekly	6	5	3	2	4	15	16	5.3
8 Daily or almost daily	4	3	2	2	3	11	12	4.0
Valid responses =	128	43	134	45	27	9	300	0.9

Invalid responses include no response.

22M5) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	169	85	279	92	36	78	490	86.1
5 Once or twice	8	4	9	3	0	0	19	3.3
6 Monthly	11	6	4	1	5	11	27	4.7
7 Weekly	4	2	6	2	2	4	19	3.3
8 Daily or almost daily	6	3	4	1	3	7	14	2.5
Valid responses =	198	35	302	53	46	8	569	1.7

Invalid responses include no response.

22M6) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	17	43	11	46	3	23	32	34.0
5 Once or twice	6	15	3	13	1	8	13	13.8
6 Monthly	4	10	7	29	3	23	18	19.1
7 Weekly	10	25	2	8	2	15	21	22.3
8 Daily or almost daily	3	8	1	4	4	31	10	10.6
Valid responses =	40	43	24	26	13	14	94	0.3

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

22M7) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	110	85	88	86	32	70	235	79.1
5 Once or twice	3	2	4	4	3	7	12	4.0
6 Monthly	8	6	1	1	5	11	19	6.4
7 Weekly	5	4	7	7	5	11	23	7.7
8 Daily or almost daily	3	2	2	2	1	2	8	2.7
Valid responses =	129	43	102	34	46	15	297	0.9

Invalid responses include no response.

22M8) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	59	69	180	87	30	79	276	79.1
5 Once or twice	11	13	14	7	0	0	26	7.4
6 Monthly	7	8	4	2	4	11	18	5.2
7 Weekly	7	8	7	3	3	8	22	6.3
8 Daily or almost daily	2	2	2	1	1	3	7	2.0
Valid responses =	86	25	207	59	38	11	349	1.0

Invalid responses include no response.

22M9) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	246	87	280	92	82	85	618	87.5
5 Once or twice	13	5	17	6	2	2	34	4.8
6 Monthly	7	3	3	1	5	5	17	2.4
7 Weekly	8	3	3	1	3	3	21	3.0
8 Daily or almost daily	8	3	2	1	4	4	16	2.3
Valid responses =	282	40	305	43	96	14	706	2.1

Invalid responses include no response.

22M10) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	5	20	6	38	2	13	14	21.9
5 Once or twice	3	12	4	25	2	13	9	14.1
6 Monthly	6	24	1	6	4	27	12	18.8
7 Weekly	6	24	3	19	4	27	18	28.1
8 Daily or almost daily	5	20	2	13	3	20	11	17.2
Valid responses =	25	39	16	25	15	23	64	0.2

Invalid responses include no response.

22M11) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	35	52	63	78	10	46	109	59.2
5 Once or twice	6	9	9	11	2	9	17	9.2
6 Monthly	10	15	1	1	4	18	18	9.8
7 Weekly	8	12	4	5	4	18	22	12.0
8 Daily or almost daily	8	12	4	5	2	9	18	9.8
Valid responses =	67	36	81	44	22	12	184	0.5

Invalid responses include no response.



22M12) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)? of you because of your use of the following substance(s)? (only includes students who have used this substance in the last 3 months) Other

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 0 Never, 5 Once or twice, 6 Monthly, 7 Weekly, 8 Daily or almost daily, Valid responses =. Includes a horizontal bar chart for the Total column.

22N1) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 0 No, Never, 3 Yes, not in the past 3 months, 6 Yes, in the past 3 months, Valid responses =. Includes a horizontal bar chart for the Total column.

22N2) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Alcoholic beverages (beer, wine, liquor, etc.)

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 0 No, Never, 3 Yes, not in the past 3 months, 6 Yes, in the past 3 months, Valid responses =. Includes a horizontal bar chart for the Total column.

22N3) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 0 No, Never, 3 Yes, not in the past 3 months, 6 Yes, in the past 3 months, Valid responses =. Includes a horizontal bar chart for the Total column.

22N4) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Cocaine (coke, crack, etc.)

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 0 No, Never, 3 Yes, not in the past 3 months, 6 Yes, in the past 3 months, Valid responses =. Includes a horizontal bar chart for the Total column.

22N5) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 0 No, Never, 3 Yes, not in the past 3 months, 6 Yes, in the past 3 months, Valid responses =. Includes a horizontal bar chart for the Total column.



22N6) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	86	70	123	73	12	40	228	66.3
3 Yes, not in the past 3 months	25	20	36	21	8	27	78	22.7
6 Yes, in the past 3 months	12	10	9	5	10	33	38	11.0
Valid responses =	123	36	168	49	30	9	344	1.0

Invalid responses include no response.

22N7) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	354	91	331	91	101	80	801	88.4
3 Yes, not in the past 3 months	21	5	20	6	13	10	64	7.1
6 Yes, in the past 3 months	13	3	11	3	12	10	41	4.5
Valid responses =	388	43	362	40	126	14	906	2.7

Invalid responses include no response.

22N8) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	266	85	525	86	64	67	879	83.2
3 Yes, not in the past 3 months	31	10	57	9	22	23	121	11.4
6 Yes, in the past 3 months	15	5	30	5	9	10	57	5.4
Valid responses =	312	30	612	58	95	9	1057	3.1

Invalid responses include no response.

22N9) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	723	89	1055	94	208	85	2016	90.7
3 Yes, not in the past 3 months	64	8	42	4	22	9	137	6.2
6 Yes, in the past 3 months	26	3	26	2	14	6	70	3.1
Valid responses =	813	37	1123	51	244	11	2223	6.6

Invalid responses include no response.

22N10) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	35	57	48	67	13	43	100	57.5
3 Yes, not in the past 3 months	17	28	17	24	6	20	46	26.4
6 Yes, in the past 3 months	9	15	7	10	11	37	28	16.1
Valid responses =	61	35	72	41	30	17	174	0.5

Invalid responses include no response.

22N11) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	209	79	331	85	42	57	597	78.4
3 Yes, not in the past 3 months	39	15	45	12	21	28	117	15.4
6 Yes, in the past 3 months	17	6	15	4	11	15	47	6.2
Valid responses =	265	35	391	51	74	10	761	2.3

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

22N12) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	57	67	85	79	18	64	164	69.5
3 Yes, not in the past 3 months	14	17	13	12	3	11	37	15.7
6 Yes, in the past 3 months	14	17	10	9	7	25	35	14.8
Valid responses =	85	36	108	46	28	12	236	0.7

Invalid responses include no response.

22O1) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	2014	76	4051	73	423	74	6559	73.6
3 Yes, not in the past 3 months	302	11	657	12	62	11	1044	11.7
6 Yes, in the past 3 months	345	13	844	15	90	16	1304	14.6
Valid responses =	2661	30	5552	62	575	6	8907	26.4

Invalid responses include no response.

22O2) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	5178	92	12659	94	1236	91	19299	92.9
3 Yes, not in the past 3 months	206	4	358	3	69	5	646	3.1
6 Yes, in the past 3 months	246	4	513	4	55	4	833	4.0
Valid responses =	5630	27	13530	65	1360	7	20778	61.5

Invalid responses include no response.

22O3) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	2618	86	6369	89	872	85	9979	87.5
3 Yes, not in the past 3 months	197	7	350	5	67	7	630	5.5
6 Yes, in the past 3 months	236	8	461	6	82	8	794	7.0
Valid responses =	3051	27	7180	63	1021	9	11403	33.8

Invalid responses include no response.

22O4) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	336	86	495	88	58	71	900	85.0
3 Yes, not in the past 3 months	35	9	45	8	15	18	106	10.0
6 Yes, in the past 3 months	19	5	22	4	9	11	53	5.0
Valid responses =	390	37	562	53	82	8	1059	3.1

Invalid responses include no response.

22O5) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	528	92	817	92	95	76	1464	90.1
3 Yes, not in the past 3 months	26	5	37	4	19	15	96	5.9
6 Yes, in the past 3 months	20	4	30	3	11	9	64	3.9
Valid responses =	574	35	884	54	125	8	1624	4.8

Invalid responses include no response.

22O6) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	86	70	127	76	14	47	234	68.0
3 Yes, not in the past 3 months	28	23	36	21	10	33	83	24.1
6 Yes, in the past 3 months	9	7	5	3	6	20	27	7.8
Valid responses =	123	36	168	49	30	9	344	1.0

Invalid responses include no response.



2207) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	362	93	330	91	99	79	806	88.9
3 Yes, not in the past 3 months	20	5	21	6	13	10	64	7.1
6 Yes, in the past 3 months	8	2	11	3	13	10	37	4.1
Valid responses =	390	43	362	40	125	14	907	2.7

Invalid responses include no response.

2208) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	271	87	543	89	70	73	909	86.1
3 Yes, not in the past 3 months	28	9	37	6	16	17	93	8.8
6 Yes, in the past 3 months	14	5	28	5	10	10	54	5.1
Valid responses =	313	30	608	58	96	9	1056	3.1

Invalid responses include no response.

2209) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	766	94	1075	96	215	88	2087	93.8
3 Yes, not in the past 3 months	34	4	34	3	18	7	95	4.3
6 Yes, in the past 3 months	14	2	13	1	12	5	43	1.9
Valid responses =	814	37	1122	50	245	11	2225	6.6

Invalid responses include no response.

22010) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	39	63	49	69	11	37	103	59.2
3 Yes, not in the past 3 months	13	21	16	23	10	33	45	25.9
6 Yes, in the past 3 months	10	16	6	9	9	30	26	14.9
Valid responses =	62	36	71	41	30	17	174	0.5

Invalid responses include no response.

22011) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)
[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	214	81	337	86	44	59	611	80.2
3 Yes, not in the past 3 months	35	13	42	11	19	25	106	13.9
6 Yes, in the past 3 months	16	6	12	3	12	16	45	5.9
Valid responses =	265	35	391	51	75	10	762	2.3

Invalid responses include no response.

22012) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	62	71	80	76	17	61	164	69.8
3 Yes, not in the past 3 months	17	20	13	12	5	18	41	17.4
6 Yes, in the past 3 months	8	9	12	11	6	21	30	12.8
Valid responses =	87	37	105	45	28	12	235	0.7

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

22P) Have you ever used any drug by injection? [RECREATIONAL or NON-MEDICAL USE ONLY] (only includes students who have ever used any substance)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	5873	99	13957	100	1443	98	21547	99.3
1 Yes, not in the past 3 months	31	1	28	0	5	0	70	0.3
2 Yes, in the past 3 months	26	0	21	0	19	1	77	0.4
Valid responses =	5930	27	14006	65	1467	7	21694	64.3

Invalid responses include no response.

22Q) In the past 3 months, how often have you injected drugs? [RECREATIONAL or NON-MEDICAL USE ONLY] (only includes students who have used drugs by injection within the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Once per week or less	17	68	14	67	9	50	44	60.3
1 More than once per week	8	32	7	33	9	50	29	39.7
Valid responses =	25	34	21	29	18	25	73	0.2

Invalid responses include no response.

23A) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months) Cigarettes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	786	45	1937	55	140	39	2897	50.9
2 Yes	954	55	1584	45	217	61	2799	49.1
Valid responses =	1740	31	3521	62	357	6	5696	16.9

Invalid responses include no response.

23B) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months) E-cigarettes or other vape products (for example: Juul, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	680	39	757	21	100	28	1561	26.9
2 Yes	1066	61	2853	79	259	72	4234	73.1
Valid responses =	1746	30	3610	62	359	6	5795	17.2

Invalid responses include no response.

23C) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months) Water pipe or hookah

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1519	92	3239	94	313	92	5135	92.8
2 Yes	142	9	213	6	26	8	396	7.2
Valid responses =	1661	30	3452	62	339	6	5531	16.4

Invalid responses include no response.

23D) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months) Chewing or smokeless tobacco

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1329	79	3283	95	310	92	4987	89.7
2 Yes	362	21	169	5	28	8	573	10.3
Valid responses =	1691	30	3452	62	338	6	5560	16.5

Invalid responses include no response.

23E) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months) Cigars or little cigars

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1258	75	3292	95	310	90	4921	88.5
2 Yes	425	25	164	5	35	10	641	11.5
Valid responses =	1683	30	3456	62	345	6	5562	16.5

Invalid responses include no response.

23F) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months) Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	954	84	2176	96	215	94	3389	92.2
2 Yes	179	16	82	4	15	7	287	7.8
Valid responses =	1133	31	2258	61	230	6	3676	10.9

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

24) When, if ever, was the last time you used cannabis/marijuana? Please include medical and non-medical use.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	5787	63	12898	61	943	46	19984	60.6
2 Within the last 2 weeks	1265	14	2694	13	474	23	4503	13.7
3 More than 2 weeks but within 30 days	343	4	774	4	110	5	1258	3.8
4 More than 30 days but within 3 months	371	4	1021	5	144	7	1567	4.8
5 More than 3 months but within 12 months	544	6	1314	6	186	9	2074	6.3
6 More than 12 months ago	953	10	2378	11	211	10	3583	10.9
Valid responses =	9263	28	21079	64	2068	6	32969	97.6

Invalid responses include no response.

25A) When, if ever, was the last time you drank alcohol?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	2810	30	5767	27	534	26	9297	28.2
2 Within the last 2 weeks	3931	42	8979	43	763	37	13872	42.1
3 More than 2 weeks but within 30 days	789	9	2082	10	186	9	3128	9.5
4 More than 30 days but within 3 months	653	7	1733	8	232	11	2659	8.1
5 More than 3 months but within 12 months	601	7	1451	7	225	11	2319	7.0
6 More than 12 months ago	484	5	1076	5	128	6	1712	5.2
Valid responses =	9268	28	21088	64	2068	6	32987	97.7

Invalid responses include no response.

25B1) The last time you drank alcohol: (only includes students who drank alcohol within the last 3 months)

Did you get drunk?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3278	61	8041	63	725	62	12223	62.3
2 Yes	2087	39	4733	37	453	39	7389	37.7
Valid responses =	5365	27	12774	65	1178	6	19612	58.1

Invalid responses include no response.

25B2) The last time you drank alcohol: (only includes students who drank alcohol within the last 3 months)

Did you intend to get drunk?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3215	60	7882	62	680	58	11954	61.0
2 Yes	2147	40	4881	38	496	42	7641	39.0
Valid responses =	5362	27	12763	65	1176	6	19595	58.0

Invalid responses include no response.

26) One drink of alcohol is defined as a 12 oz. can or bottle of beer or wine cooler, a 4 oz. glass of wine, or a shot of liquor straight or in a mixed drink.

(only includes students who drank alcohol within the last 3 months)

The last time you drank alcohol in a social setting, how many drinks of alcohol did you have?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Drinks	136	3	260	2	41	4	456	2.3
1 1 to 2 Drinks	2256	42	6620	52	659	56	9665	49.6
2 3 to 4 Drinks	1245	23	3539	28	266	23	5102	26.2
3 5 to 6 Drinks	862	16	1552	12	127	11	2563	13.2
4 7 to 8 Drinks	388	7	467	4	38	3	904	4.6
5 9 to 10 Drinks	231	4	181	1	23	2	443	2.3
6 11 or More Drinks	229	4	89	1	14	1	338	1.7
Total	5347	27	12708	65	1168	6	19471	57.7

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	3.90	3.00	3.5	0	88
Cis Women	2.87	2.00	2.26	0	51
Trans/Gender Non-conforming	2.80	2.00	3.23	0	76
Overall	3.15	2.00	2.76	0	88



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

27) One drink of alcohol is defined as a 12 oz. can or bottle of beer or wine cooler, a 4 oz. glass of wine, or a shot of liquor straight or in a mixed drink.

(only includes students who drank alcohol within the last 3 months)

The last time you drank alcohol in a social setting, over how many hours did you drink alcohol?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Hours	203	4	372	3	43	4	638	3.3
1 1 to 2 Hours	2394	45	5601	44	582	50	8691	44.7
2 3 to 4 Hours	1818	34	4439	35	387	33	6719	34.5
3 5 to 6 Hours	733	14	1914	15	128	11	2803	14.4
4 7 to 8 Hours	128	2	245	2	15	1	390	2.0
5 9 to 10 Hours	30	1	73	1	6	1	111	0.6
6 11 or More Hours	38	1	52	0	7	1	100	0.5
Total	5344	27	12696	65	1168	6	19452	57.6

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	2.93	3.00	2.31	0	50
Cis Women	2.94	3.00	2.05	0	50
Trans/Gender Non-conforming	2.74	2.00	2.94	0	49
Overall	2.93	3.00	2.22	0	50

28) Over the last two weeks, how many times have you had five or more drinks (males) or four or more drinks (females) containing any kind of alcohol at a sitting?

(only includes students who drank alcohol within the last 2 weeks)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 None	1855	47	4752	53	479	63	7176	52.1
2 1 time	923	24	2140	24	172	23	3274	23.8
3 2 times	558	14	1112	12	53	7	1742	12.6
4 3 times	242	6	431	5	25	3	704	5.1
5 4 times	167	4	298	3	9	1	476	3.5
6 5 times	83	2	115	1	8	1	206	1.5
7 6 times	43	1	53	1	3	0	102	0.7
8 7 times	18	1	17	0	4	1	39	0.3
9 8 times	10	0	7	0	3	0	21	0.2
10 9 times	6	0	3	0	2	0	12	0.1
11 10 or more times	15	0	12	0	1	0	30	0.2
Total	3920	28	8940	65	759	6	13782	40.8

Invalid responses include no response.

29A) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)

Did something I later regretted

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4921	83	11668	82	1219	87	18064	82.9
2 Yes	1028	17	2490	18	178	13	3733	17.1
Valid responses =	5949	27	14158	65	1397	6	21797	64.6

Invalid responses include no response.

29B) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)

Blackout (forgot where I was or what I did for a large period of time and cannot remember, even when someone reminds me)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5447	92	12918	91	1297	93	19929	91.4
2 Yes	501	8	1251	9	100	7	1879	8.6
Valid responses =	5948	27	14169	65	1397	6	21808	64.6

Invalid responses include no response.

29C) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)

Brownout (forgot where I was or what I did for short periods of time, but can remember once someone reminds me)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4943	83	11408	81	1206	86	17815	81.6
2 Yes	1002	17	2771	20	192	14	4004	18.4
Valid responses =	5945	27	14179	65	1398	6	21819	64.6

Invalid responses include no response.

29D) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)

Got in trouble with the police

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5869	99	14069	99	1372	99	21592	99.1
2 Yes	74	1	88	1	19	1	189	0.9
Valid responses =	5943	27	14157	65	1391	6	21781	64.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

29E) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)

Got in trouble with college/university authorities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5843	99	14055	99	1371	99	21554	99.0
2 Yes	82	1	101	1	20	1	209	1.0
Valid responses =	5925	27	14156	65	1391	6	21763	64.5

Invalid responses include no response.

29F) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)

Someone had sex with me without my consent

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5902	99	13981	99	1357	98	21520	98.9
2 Yes	40	1	164	1	31	2	245	1.1
Valid responses =	5942	27	14145	65	1388	6	21765	64.5

Invalid responses include no response.

29G) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)

Had sex with someone without their consent

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5909	100	14140	100	1379	99	21712	99.6
2 Yes	32	1	26	0	16	1	79	0.4
Valid responses =	5941	27	14166	65	1395	6	21791	64.5

Invalid responses include no response.

29H) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)

Had unprotected sex

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5461	92	12892	91	1284	92	19899	91.3
2 Yes	482	8	1281	9	110	8	1896	8.7
Valid responses =	5943	27	14173	65	1394	6	21795	64.6

Invalid responses include no response.

29I) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)

Physically injured myself

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5622	95	13324	94	1306	94	20521	94.2
2 Yes	310	5	845	6	89	6	1259	5.8
Valid responses =	5932	27	14169	65	1395	6	21780	64.5

Invalid responses include no response.

29J) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)

Physically injured another person

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5897	99	14112	100	1376	99	21665	99.5
2 Yes	38	1	49	0	19	1	110	0.5
Valid responses =	5935	27	14161	65	1395	6	21775	64.5

Invalid responses include no response.

29K) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)

Seriously considered suicide

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5822	98	13925	98	1314	94	21334	97.9
2 Yes	118	2	238	2	80	6	447	2.1
Valid responses =	5940	27	14163	65	1394	6	21781	64.5

Invalid responses include no response.

29L) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)

Needed medical help

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5866	99	14005	99	1363	98	21511	99.0
2 Yes	61	1	122	1	25	2	211	1.0
Valid responses =	5927	27	14127	65	1388	6	21722	64.3

Invalid responses include no response.



30A) Within the last 30 days, did you drive after drinking any alcohol at all?

(only includes students who drank alcohol within the last 30 days AND drove a car within the last 30 days)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3007	85	7598	91	543	86	11286	88.7
2 Yes	537	15	797	10	87	14	1437	11.3
Valid responses =	3544	28	8395	66	630	5	12723	37.7

Invalid responses include no response.

30B) Within the last 12 months, to what extent did your alcohol use affect your academic performance? (only includes students who drank alcohol within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Alcohol use did not affect academic performance	5756	97	13910	98	1342	96	21274	97.5
2 Alcohol use negatively impacted performance in class	164	3	211	2	42	3	438	2.0
3 Alcohol use delayed progress towards degree	28	1	53	0	11	1	98	0.4
Valid responses =	5948	27	14174	65	1395	6	21810	64.6

Invalid responses include no response.

31A) Within the last 30 days, did you drive within 6 hours of using cannabis/marijuana?

(only includes students who used cannabis within the last 30 days AND drove a car within the last 30 days)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	869	73	1947	76	253	72	3102	74.9
2 Yes	319	27	603	24	101	29	1038	25.1
Valid responses =	1188	29	2550	62	354	9	4140	12.3

Invalid responses include no response.

31B) Within the last 12 months, to what extent did your cannabis/marijuana use affect your academic performance? (only includes students who used cannabis within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Marijuana use did not affect academic performance	2199	92	5281	95	772	93	8362	94.0
2 Marijuana use negatively impacted performance in class	157	7	204	4	47	6	420	4.7
3 Marijuana use delayed progress towards degree	38	2	51	1	15	2	111	1.2
Valid responses =	2394	27	5536	62	834	9	8893	26.3

Invalid responses include no response.

32) Do you identify as a person in recovery from alcohol or other drug use?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6297	98	15060	98	1462	96	23171	98.0
2 Yes	153	2	251	2	67	4	483	2.0
Valid responses =	6450	27	15311	65	1529	6	23654	70.1

Invalid responses include no response.

The following text was displayed to students before this section:

As you answer questions in this section, please include only sexual experiences for which you gave consent and exclude any sexual contact for which you did not consent.

33A) When, if ever, was the last time you had:

Oral sex (oral/genital contact)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	4081	44	9219	44	885	43	14448	44.3
2 Within the last 2 weeks	2308	25	5412	26	479	23	8302	25.5
3 More than 2 weeks but within 30 days	594	7	1568	8	144	7	2342	7.2
4 More than 30 days but within 3 months	698	8	1520	7	149	7	2407	7.4
5 More than 3 months but within 12 months	720	8	1605	8	190	9	2553	7.8
6 More than 12 months ago	787	9	1511	7	208	10	2541	7.8
Valid responses =	9188	28	20835	64	2055	6	32593	96.5

Invalid responses include no response.

33B) When, if ever, was the last time you had:

Vaginal intercourse (penis in vagina)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	4625	50	9603	46	1127	55	15645	48.0
2 Within the last 2 weeks	2297	25	6089	29	384	19	8873	27.2
3 More than 2 weeks but within 30 days	484	5	1317	6	91	4	1917	5.9
4 More than 30 days but within 3 months	513	6	1235	6	124	6	1907	5.9
5 More than 3 months but within 12 months	606	7	1329	6	137	7	2111	6.5
6 More than 12 months ago	658	7	1242	6	186	9	2111	6.5
Valid responses =	9183	28	20815	64	2049	6	32564	96.4

Invalid responses include no response.



33C) When, if ever, was the last time you had:

Anal intercourse (penis in anus)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	7663	84	18262	88	1639	80	27976	86.2
2 Within the last 2 weeks	307	3	293	1	60	3	678	2.1
3 More than 2 weeks but within 30 days	139	2	171	1	36	2	353	1.1
4 More than 30 days but within 3 months	209	2	284	1	57	3	571	1.8
5 More than 3 months but within 12 months	254	3	446	2	82	4	798	2.5
6 More than 12 months ago	574	6	1306	6	173	9	2084	6.4
Valid responses =	9146	28	20762	64	2047	6	32460	96.1

Invalid responses include no response.

34) Within the last 12 months, with how many partners have you had oral sex, vaginal intercourse, or anal intercourse?

(only includes students that have had oral sex or vaginal/anal intercourse in the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Partners	43	1	51	1	9	1	111	0.6
1 1 Partner	3367	72	8532	76	709	70	12742	74.5
2 2 Partners	560	12	1315	12	140	14	2045	12.0
3 3 Partners	259	6	606	5	57	6	933	5.5
4 4 Partners	156	3	268	2	29	3	462	2.7
5 5 Partners	96	2	163	2	15	2	277	1.6
6 6 Partners	64	1	78	1	17	2	166	1.0
7 7 Partners	24	1	55	1	8	1	89	0.5
8 8 to 10 Partners	62	1	58	1	17	2	139	0.8
9 11 or More Partners	77	2	52	1	17	2	146	0.9
Valid responses =	4708	28	11178	65	1018	6	17110	50.7

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	1.99	1.00	3.94	0	88
Cis Women	1.53	1.00	1.63	0	48
Trans/Gender Non-conforming	2.07	1.00	4.36	0	80
Overall	1.69	1.00	2.69	0	88

35A) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Women or females

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	556	12	9881	92	613	64	11145	67.2
2 Yes	4085	88	919	9	347	36	5437	32.8
Valid responses =	4641	28	10800	65	960	6	16582	49.1

Invalid responses include no response.

35B) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Men or males

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3911	87	712	6	401	42	5105	30.6
2 Yes	566	13	10346	94	561	58	11568	69.4
Valid responses =	4477	27	11058	66	962	6	16673	49.4

Invalid responses include no response.

35C) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Trans women

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4411	99	10659	100	812	87	16038	98.6
2 Yes	42	1	46	0	122	13	223	1.4
Valid responses =	4453	27	10705	66	934	6	16261	48.2

Invalid responses include no response.

35D) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Trans men

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4387	99	10640	100	802	86	15984	98.4
2 Yes	54	1	57	1	129	14	252	1.6
Valid responses =	4441	27	10697	66	931	6	16236	48.1

Invalid responses include no response.



35E) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Genderqueer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4356	98	10576	99	702	74	15782	97.0
2 Yes	103	2	126	1	244	26	495	3.0
Valid responses =	4459	27	10702	66	946	6	16277	48.2

Invalid responses include no response.

35F) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Person(s) with another identity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4383	99	10620	100	814	88	15965	98.6
2 Yes	52	1	56	1	107	12	234	1.4
Valid responses =	4435	27	10676	66	921	6	16199	48.0

Invalid responses include no response.

R36A) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: external/male condom, internal/female condom, dam, or glove) during: (only includes students that have had vaginal intercourse within the last 30 days)

Oral sex (oral/genital contact)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	2454	85	6157	89	550	89	9258	87.5
2 Rarely	130	5	220	3	25	4	383	3.6
3 Sometimes	99	3	174	3	16	3	295	2.8
4 Most of the time	81	3	113	2	15	2	213	2.0
5 Always	124	4	288	4	14	2	435	4.1
Valid responses =	2888	27	6952	66	620	6	10584	31.3

Invalid responses include no response.

R36B) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: external/male condom, internal/female condom, dam, or glove) during: (only includes students that have had vaginal intercourse within the last 30 days)

Vaginal intercourse (penis in vagina)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	990	36	3080	42	206	44	4317	40.3
2 Rarely	209	8	560	8	41	9	822	7.7
3 Sometimes	254	9	684	9	51	11	1000	9.3
4 Most of the time	408	15	957	13	54	12	1437	13.4
5 Always	905	33	2080	28	119	25	3134	29.3
Valid responses =	2766	26	7361	69	471	4	10710	31.7

Invalid responses include no response.

R36C) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: external/male condom, internal/female condom, dam, or glove) during: (only includes students that have had vaginal intercourse within the last 30 days)

Anal intercourse (penis in anus)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	212	48	296	65	42	45	562	55.5
2 Rarely	46	10	34	8	14	15	96	9.5
3 Sometimes	65	15	32	7	10	11	109	10.8
4 Most of the time	48	11	26	6	10	11	87	8.6
5 Always	71	16	67	15	18	19	159	15.7
Valid responses =	442	44	455	45	94	9	1013	3.0

Invalid responses include no response.

37) Did you or your partner use any method to prevent pregnancy the last time you had vaginal intercourse (penis in vagina)?

(only includes students that have had vaginal intercourse within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	3109	80	8142	82	588	80	11963	81.1
2 No, not want prevent pregnancy	136	4	251	3	17	2	410	2.8
3 No, did not use any method	552	14	1474	15	118	16	2182	14.8
4 Don't know	91	2	81	1	9	1	192	1.3
Valid responses =	3888	26	9948	67	732	5	14747	43.7

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

R38A) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Birth control pills (monthly or extended cycle)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1961	63	5083	62	399	68	7527	62.9
1 Selected	1148	37	3059	38	189	32	4436	37.1
Valid responses =	3109	26	8142	68	588	5	11963	35.4

Invalid responses include no response.

R38B) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Birth control shots

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3051	98	7968	98	568	97	11710	97.9
1 Selected	58	2	174	2	20	3	253	2.1
Valid responses =	3109	26	8142	68	588	5	11963	35.4

Invalid responses include no response.

R38C) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Birth control implants

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2901	93	7584	93	530	90	11132	93.1
1 Selected	208	7	558	7	58	10	831	6.9
Valid responses =	3109	26	8142	68	588	5	11963	35.4

Invalid responses include no response.

R38D) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Birth control patch

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3071	99	8036	99	576	98	11804	98.7
1 Selected	38	1	106	1	12	2	159	1.3
Valid responses =	3109	26	8142	68	588	5	11963	35.4

Invalid responses include no response.

R38E) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

The ring

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3063	99	8000	98	570	97	11754	98.3
1 Selected	46	2	142	2	18	3	209	1.7
Valid responses =	3109	26	8142	68	588	5	11963	35.4

Invalid responses include no response.

R38F) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Emergency contraception ("morning after pill" or "Plan B")

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2917	94	7545	93	554	94	11129	93.0
1 Selected	192	6	597	7	34	6	834	7.0
Valid responses =	3109	26	8142	68	588	5	11963	35.4

Invalid responses include no response.

R38G) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Intrauterine device (IUD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2726	88	6901	85	489	83	10220	85.4
1 Selected	383	12	1241	15	99	17	1743	14.6
Valid responses =	3109	26	8142	68	588	5	11963	35.4

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

R38H) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

External condom (sometimes called "male" condom)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1330	43	4007	49	269	46	5667	47.4
1 Selected	1779	57	4135	51	319	54	6296	52.6
Valid responses =	3109	26	8142	68	588	5	11963	35.4

Invalid responses include no response.

R38I) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Internal condom (sometimes called "female" condom)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3099	100	8122	100	582	99	11925	99.7
1 Selected	10	0	20	0	6	1	38	0.3
Valid responses =	3109	26	8142	68	588	5	11963	35.4

Invalid responses include no response.

R38J) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Diaphragm or cervical cap

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3105	100	8136	100	586	100	11951	99.9
1 Selected	4	0	6	0	2	0	12	0.1
Valid responses =	3109	26	8142	68	588	5	11963	35.4

Invalid responses include no response.

R38K) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Contraceptive sponge

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3108	100	8142	100	586	100	11959	100.0
1 Selected	1	0	0	0	2	0	4	0.0
Valid responses =	3109	26	8142	68	588	5	11963	35.4

Invalid responses include no response.

R38L) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Withdrawal

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2563	82	6292	77	479	82	9442	78.9
1 Selected	546	18	1850	23	109	19	2521	21.1
Valid responses =	3109	26	8142	68	588	5	11963	35.4

Invalid responses include no response.

R38M) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Fertility awareness (for example: calendar, mucous, and basal body temperature)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2980	96	7640	94	549	93	11288	94.4
1 Selected	129	4	502	6	39	7	675	5.6
Valid responses =	3109	26	8142	68	588	5	11963	35.4

Invalid responses include no response.

R38N) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Sterilization (for example: hysterectomy, tubes tied, or vasectomy)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3031	98	7915	97	564	96	11629	97.2
1 Selected	78	3	227	3	24	4	334	2.8
Valid responses =	3109	26	8142	68	588	5	11963	35.4

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

R38O) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Don't know

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3054	98	8114	100	581	99	11873	99.2
1 Selected	55	2	28	0	7	1	90	0.8
Valid responses =	3109	26	8142	68	588	5	11963	35.4

Invalid responses include no response.

R38P) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Other method

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3072	99	8051	99	571	97	11812	98.7
1 Selected	37	1	91	1	17	3	151	1.3
Valid responses =	3109	26	8142	68	588	5	11963	35.4

Invalid responses include no response.

39) Within the last 12 months, have you or your partner(s) used emergency contraception ("morning after pill" or "Plan B")?
(only includes students that have had vaginal intercourse within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3040	79	7586	77	573	78	11318	77.2
2 Yes	649	17	2073	21	121	17	2871	19.6
3 Don't know	129	3	50	1	16	2	201	1.4
4 Not applicable	50	1	194	2	24	3	280	1.9
Valid responses =	3868	26	9903	68	734	5	14670	43.4

Invalid responses include no response.

40) Within the last 12 months, have you or your partner(s) become pregnant? (only includes students that have had vaginal intercourse within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3706	95	9660	97	696	95	14214	96.5
2 Yes, unintentionally	52	1	140	1	22	3	222	1.5
3 Yes, intentionally	79	2	110	1	9	1	203	1.4
4 Don't know	47	1	32	0	9	1	91	0.6
Valid responses =	3884	26	9942	67	736	5	14730	43.6

Invalid responses include no response.

40B) Within the last 12 months, to what extent did your pregnancy (or a partner's pregnancy) affect your academic performance?
(Please select the most serious outcome below) (only includes students or students with partners that have become pregnant in the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Pregnancy did not affect my academics	95	74	153	61	11	36	263	62.5
2 Pregnancy negatively impacted my performance in a class	25	19	50	20	14	45	94	22.3
3 Pregnancy delayed progress towards my degree	9	7	47	19	6	19	64	15.2
Valid responses =	129	31	250	59	31	7	421	1.2

Invalid responses include no response.

41A) Below are 8 statements with which you may agree or disagree. Using the scale below, indicate your agreement with each item by indicating that response for each statement.
I lead a purposeful and meaningful life.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	228	3	276	1	69	3	601	1.8
2 Disagree	303	3	418	2	135	7	875	2.7
3 Slightly disagree	421	5	696	3	164	8	1305	4.0
4 Neither agree nor disagree	931	10	1956	9	296	14	3272	10.0
5 Slightly agree	1631	18	4059	19	501	24	6282	19.1
6 Agree	3305	36	8310	39	614	30	12367	37.6
7 Strongly agree	2441	26	5353	25	283	14	8173	24.9
Valid responses =	9260	28	21068	64	2062	6	32875	97.4

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

41B) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

My social relationships are supportive and rewarding.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	183	2	216	1	35	2	455	1.4
2 Disagree	224	2	345	2	77	4	663	2.0
3 Slightly disagree	366	4	706	3	108	5	1209	3.7
4 Neither agree nor disagree	817	9	1389	7	164	8	2434	7.4
5 Slightly agree	1724	19	3932	19	429	21	6170	18.8
6 Agree	3617	39	8685	41	793	38	13264	40.3
7 Strongly agree	2329	25	5795	28	458	22	8681	26.4
Valid responses =	9260	28	21068	64	2064	6	32876	97.4

Invalid responses include no response.

41C) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am engaged and interested in my daily activities.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	206	2	280	1	60	3	572	1.7
2 Disagree	309	3	565	3	141	7	1043	3.2
3 Slightly disagree	506	6	1248	6	236	12	2017	6.1
4 Neither agree nor disagree	841	9	1915	9	217	11	3033	9.2
5 Slightly agree	2053	22	5106	24	550	27	7817	23.8
6 Agree	3414	37	7929	38	618	30	12116	36.9
7 Strongly agree	1924	21	4020	19	239	12	6257	19.0
Valid responses =	9253	28	21063	64	2061	6	32855	97.3

Invalid responses include no response.

41D) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I actively contribute to the happiness and well-being of others.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	148	2	176	1	41	2	387	1.2
2 Disagree	173	2	230	1	61	3	478	1.5
3 Slightly disagree	279	3	433	2	95	5	827	2.5
4 Neither agree nor disagree	960	10	1732	8	252	12	3019	9.2
5 Slightly agree	1894	21	4183	20	543	26	6721	20.5
6 Agree	3484	38	8838	42	686	33	13158	40.1
7 Strongly agree	2307	25	5456	26	381	19	8242	25.1
Valid responses =	9245	28	21048	64	2059	6	32832	97.2

Invalid responses include no response.

41E) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am competent and capable in the activities that are important to me.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	133	1	189	1	39	2	380	1.2
2 Disagree	133	1	229	1	79	4	455	1.4
3 Slightly disagree	251	3	554	3	137	7	973	3.0
4 Neither agree nor disagree	620	7	1216	6	180	9	2075	6.3
5 Slightly agree	1517	16	3580	17	456	22	5637	17.2
6 Agree	3675	40	9114	43	782	38	13724	41.8
7 Strongly agree	2923	32	6170	29	390	19	9598	29.2
Valid responses =	9252	28	21052	64	2063	6	32842	97.3

Invalid responses include no response.

41F) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am a good person and live a good life.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	161	2	178	1	48	2	405	1.2
2 Disagree	163	2	222	1	89	4	486	1.5
3 Slightly disagree	324	4	433	2	137	7	926	2.8
4 Neither agree nor disagree	921	10	1495	7	320	16	2818	8.6
5 Slightly agree	1552	17	3438	16	463	23	5543	16.9
6 Agree	3490	38	8877	42	657	32	13169	40.1
7 Strongly agree	2641	29	6413	31	347	17	9496	28.9
Valid responses =	9252	28	21056	64	2061	6	32843	97.3

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

41G) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am optimistic about my future.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	273	3	361	2	121	6	781	2.4
2 Disagree	278	3	416	2	161	8	876	2.7
3 Slightly disagree	435	5	969	5	241	12	1687	5.1
4 Neither agree nor disagree	883	10	1680	8	270	13	2899	8.8
5 Slightly agree	1613	17	3795	18	440	21	5934	18.1
6 Agree	2978	32	7625	36	510	25	11238	34.2
7 Strongly agree	2794	30	6208	30	318	15	9424	28.7
Valid responses =	9254	28	21054	64	2061	6	32839	97.3

Invalid responses include no response.

41H) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

People respect me.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	165	2	208	1	64	3	459	1.4
2 Disagree	166	2	281	1	88	4	545	1.7
3 Slightly disagree	313	3	652	3	172	8	1165	3.5
4 Neither agree nor disagree	1190	13	2414	12	432	21	4146	12.6
5 Slightly agree	1814	20	4056	19	484	24	6440	19.6
6 Agree	3508	38	8697	41	602	29	12941	39.4
7 Strongly agree	2090	23	4742	23	219	11	7132	21.7
Valid responses =	9246	28	21050	64	2061	6	32828	97.2

Invalid responses include no response.

42A) Please indicate how much you agree with the following statements as they apply to you over the last month

If a particular situation has not occurred recently, answer according to how you think you would have felt.

I am able to adapt when changes occur.¹

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not at all true	110	1	201	1	44	2	370	1.1
1 Rarely true	194	2	544	3	124	6	895	2.7
2 Sometimes true	1663	18	4804	23	681	33	7275	22.1
3 Often true	4178	45	9704	46	832	40	14912	45.4
4 True nearly all the time	3114	34	5824	28	379	18	9415	28.6
Valid responses =	9259	28	21077	64	2060	6	32867	97.3

Invalid responses include no response.

42B) Please indicate how much you agree with the following statements as they apply to you over the last month

If a particular situation has not occurred recently, answer according to how you think you would have felt.

I tend to bounce back after illness, injury, or other hardships.¹

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not at all true	139	2	278	1	56	3	488	1.5
1 Rarely true	273	3	808	4	160	8	1283	3.9
2 Sometimes true	1478	16	4537	22	620	30	6760	20.6
3 Often true	3782	41	8987	43	748	36	13697	41.7
4 True nearly all the time	3576	39	6440	31	478	23	10608	32.3
Valid responses =	9248	28	21050	64	2062	6	32836	97.3

Invalid responses include no response.

43) If in the future you were having a personal problem that was really bothering you, would you consider seeking help from a mental health professional?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3004	33	3798	18	316	15	7256	22.3
2 Yes	6132	67	17090	82	1737	85	25282	77.7
Valid responses =	9136	28	20888	64	2053	6	32538	96.4

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

44A) The next 6 questions ask about how you have been feeling during the past 30 days. For each question, please select the response that best describes how often you had this feeling. During the past 30 days, about how often did you feel nervous?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	1009	11	1191	6	61	3	2305	7.0
1 A little of the time	2769	30	4101	20	259	13	7209	22.0
2 Some of the time	3699	40	8565	41	733	36	13168	40.1
3 Most of the time	1311	14	4968	24	648	32	7032	21.4
4 All of the time	463	5	2230	11	358	17	3107	9.5
Valid responses =	9251	28	21055	64	2059	6	32821	97.2

Invalid responses include no response.

44B) The next 6 questions ask about how you have been feeling during the past 30 days. For each question, please select the response that best describes how often you had this feeling. During the past 30 days, about how often did you feel hopeless?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	3845	42	7624	36	369	18	11953	36.6
1 A little of the time	2642	29	6096	29	588	29	9452	28.9
2 Some of the time	1946	21	5164	25	691	34	7941	24.3
3 Most of the time	567	6	1462	7	288	14	2361	7.2
4 All of the time	211	2	610	3	119	6	964	3.0
Valid responses =	9211	28	20956	64	2055	6	32671	96.8

Invalid responses include no response.

44C) The next 6 questions ask about how you have been feeling during the past 30 days. For each question, please select the response that best describes how often you had this feeling. During the past 30 days, about how often did you feel restless or fidgety?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	1968	21	3211	15	114	6	5370	16.4
1 A little of the time	2557	28	5133	25	328	16	8106	24.8
2 Some of the time	2814	31	6859	33	644	31	10454	32.0
3 Most of the time	1352	15	4080	19	602	29	6123	18.7
4 All of the time	520	6	1701	8	363	18	2642	8.1
Valid responses =	9211	28	20984	64	2051	6	32695	96.8

Invalid responses include no response.

44D) The next 6 questions ask about how you have been feeling during the past 30 days. For each question, please select the response that best describes how often you had this feeling. During the past 30 days, about how often did you feel so sad nothing could cheer you up?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	4917	53	9119	43	557	27	14754	45.0
1 A little of the time	2359	26	6385	30	671	33	9543	29.1
2 Some of the time	1452	16	4026	19	577	28	6165	18.8
3 Most of the time	381	4	1097	5	176	9	1688	5.1
4 All of the time	143	2	419	2	82	4	666	2.0
Valid responses =	9252	28	21046	64	2063	6	32816	97.2

Invalid responses include no response.

44E) The next 6 questions ask about how you have been feeling during the past 30 days. For each question, please select the response that best describes how often you had this feeling. During the past 30 days, about how often did you feel that everything was an effort?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	2788	30	4796	23	222	11	7894	24.1
1 A little of the time	2695	29	5820	28	378	18	8991	27.4
2 Some of the time	2276	25	5831	28	630	31	8887	27.1
3 Most of the time	1045	11	3127	15	489	24	4733	14.4
4 All of the time	442	5	1455	7	339	17	2282	7.0
Valid responses =	9246	28	21029	64	2058	6	32787	97.1

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

44F) The next 6 questions ask about how you have been feeling during the past 30 days. For each question, please select the response that best describes how often you had this feeling. During the past 30 days, about how often did you feel worthless?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	5431	59	11645	55	714	35	17981	54.9
1 A little of the time	1850	20	4550	22	521	25	7013	21.4
2 Some of the time	1267	14	3068	15	462	22	4889	14.9
3 Most of the time	452	5	1143	5	217	11	1857	5.7
4 All of the time	238	3	617	3	146	7	1025	3.1
Valid responses =	9238	28	21023	64	2060	6	32765	97.0

Invalid responses include no response.

45A) Indicate how often each of the statements below is descriptive of you. How often do you feel that you lack companionship?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	3777	41	8377	40	595	29	12909	39.3
2 Some of the time	3758	41	9275	44	966	47	14196	43.2
3 Often	1718	19	3403	16	502	24	5727	17.4
Valid responses =	9253	28	21055	64	2063	6	32832	97.2

Invalid responses include no response.

45B) Indicate how often each of the statements below is descriptive of you. How often do you feel left out?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	4083	44	7438	35	542	26	12211	37.2
2 Some of the time	3914	42	10095	48	956	46	15187	46.3
3 Often	1256	14	3520	17	564	27	5426	16.5
Valid responses =	9253	28	21053	64	2062	6	32824	97.2

Invalid responses include no response.

45C) Indicate how often each of the statements below is descriptive of you. How often do you feel isolated from others?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	4032	44	8224	39	487	24	12884	39.2
2 Some of the time	3619	39	8963	43	947	46	13737	41.8
3 Often	1602	17	3864	18	632	31	6211	18.9
Valid responses =	9253	28	21051	64	2066	6	32832	97.2

Invalid responses include no response.

46) Within the last 12 months, how often have you intentionally cut, burned, bruised, or otherwise injured yourself?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	8596	93	18881	90	1450	70	29298	89.5
2 Once or twice	476	5	1677	8	456	22	2656	8.1
3 Monthly	88	1	297	1	102	5	510	1.6
4 Weekly	39	0	106	1	40	2	200	0.6
5 Daily or almost daily	13	0	38	0	13	1	71	0.2
Valid responses =	9212	28	20999	64	2061	6	32735	97.0

Invalid responses include no response.

47A1) Within the last 12 months, have you had problems or challenges with any of the following? Academics

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5234	57	10888	52	850	41	17163	52.5
2 Yes	3987	43	10131	48	1206	59	15554	47.5
Valid responses =	9221	28	21019	64	2056	6	32717	96.9

Invalid responses include no response.

47A2) Within the last 12 months, have you had problems or challenges with any of the following? Career

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6046	66	13526	64	1215	59	21023	64.3
2 Yes	3165	34	7470	36	842	41	11653	35.7
Valid responses =	9211	28	20996	64	2057	6	32676	96.8

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

47A3) Within the last 12 months, have you had problems or challenges with any of the following?

Finances

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5689	62	11009	52	957	47	17881	54.7
2 Yes	3524	38	9981	48	1099	54	14787	45.3
Valid responses =	9213	28	20990	64	2056	6	32668	96.8

Invalid responses include no response.

47A4) Within the last 12 months, have you had problems or challenges with any of the following?

Procrastination

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2875	31	5685	27	343	17	9027	27.7
2 Yes	6330	69	15287	73	1716	83	23619	72.3
Valid responses =	9205	28	20972	64	2059	6	32646	96.7

Invalid responses include no response.

47A5) Within the last 12 months, have you had problems or challenges with any of the following?

Faculty

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8265	90	18622	89	1720	84	28933	88.7
2 Yes	934	10	2338	11	331	16	3678	11.3
Valid responses =	9199	28	20960	64	2051	6	32611	96.6

Invalid responses include no response.

47A6) Within the last 12 months, have you had problems or challenges with any of the following?

Family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6940	75	13204	63	940	46	21320	65.4
2 Yes	2265	25	7759	37	1115	54	11302	34.6
Valid responses =	9205	28	20963	64	2055	6	32622	96.6

Invalid responses include no response.

47A7) Within the last 12 months, have you had problems or challenges with any of the following?

Intimate relationships

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6280	68	13888	66	1264	62	21709	66.6
2 Yes	2917	32	7081	34	786	38	10905	33.4
Valid responses =	9197	28	20969	64	2050	6	32614	96.6

Invalid responses include no response.

47A8) Within the last 12 months, have you had problems or challenges with any of the following?

Roommate/housemate

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7656	84	15773	75	1506	73	25221	77.4
2 Yes	1517	17	5173	25	545	27	7348	22.6
Valid responses =	9173	28	20946	64	2051	6	32569	96.5

Invalid responses include no response.

47A9) Within the last 12 months, have you had problems or challenges with any of the following?

Peers

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7575	83	15874	76	1359	67	25086	77.1
2 Yes	1609	18	5043	24	685	34	7459	22.9
Valid responses =	9184	28	20917	64	2044	6	32545	96.4

Invalid responses include no response.

47A10) Within the last 12 months, have you had problems or challenges with any of the following?

Personal appearance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5768	63	9370	45	671	33	16015	49.2
2 Yes	3421	37	11584	55	1378	67	16568	50.8
Valid responses =	9189	28	20954	64	2049	6	32583	96.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

47A11) Within the last 12 months, have you had problems or challenges with any of the following?

Health of someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6374	70	12587	60	1073	52	20285	62.3
2 Yes	2799	31	8349	40	974	48	12260	37.7
Valid responses =	9173	28	20936	64	2047	6	32545	96.4

Invalid responses include no response.

47A12) Within the last 12 months, have you had problems or challenges with any of the following?

Death of a family member, friend, or someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7491	82	16028	76	1561	76	25382	77.9
2 Yes	1698	19	4938	24	495	24	7218	22.1
Valid responses =	9189	28	20966	64	2056	6	32600	96.6

Invalid responses include no response.

R47A13) Within the last 12 months, have you had problems or challenges with any of the following?

I was bullied (threats, rumors, physical or verbal attacks, or being excluded from a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8726	95	19545	93	1811	88	30424	93.2
2 Yes	479	5	1447	7	240	12	2217	6.8
Valid responses =	9205	28	20992	64	2051	6	32641	96.7

Invalid responses include no response.

R47A14) Within the last 12 months, have you had problems or challenges with any of the following?

I was cyberbullied (technology was used to harass, threaten, embarrass, or target me)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8953	97	20404	97	1903	93	31629	96.9
2 Yes	252	3	587	3	149	7	1015	3.1
Valid responses =	9205	28	20991	64	2052	6	32644	96.7

Invalid responses include no response.

R47A15) Within the last 12 months, have you had problems or challenges with any of the following?

I was hazed (rituals, challenges, and other activities involving harassment, abuse, embarrassment, ridicule, or humiliation were used as a way of initiating me into a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9072	99	20812	99	2017	98	32287	98.9
2 Yes	136	2	184	1	38	2	368	1.1
Valid responses =	9208	28	20996	64	2055	6	32655	96.7

Invalid responses include no response.

R47A16) Within the last 12 months, have you had problems or challenges with any of the following?

I experienced microaggression(s) directed at me (a subtle but offensive comment or action directed at a minority or other non-dominant group, whether intentional or unintentional, that reinforces a stereotype)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8124	88	17578	84	1221	60	27208	83.3
2 Yes	1082	12	3409	16	832	41	5437	16.7
Valid responses =	9206	28	20987	64	2053	6	32645	96.7

Invalid responses include no response.

R47A17) Within the last 12 months, have you had problems or challenges with any of the following?

I was sexually harassed (unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8945	97	19049	91	1751	85	30099	92.2
2 Yes	261	3	1932	9	302	15	2537	7.8
Valid responses =	9206	28	20981	64	2053	6	32636	96.7

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

R47A18) Within the last 12 months, have you had problems or challenges with any of the following? I experienced discrimination directed at me (the unjust or prejudicial treatment of a person based on the group, class, or category to which the person is perceived to belong)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8510	92	19115	91	1580	77	29534	90.5
2 Yes	700	8	1863	9	472	23	3101	9.5
Valid responses =	9210	28	20978	64	2052	6	32635	96.7

Invalid responses include no response.

47B1) Within the last 12 months, to what extent did the following issue(s) cause you distress? (only includes students that had problems or challenges with this issue within the last 12 months)
Academics

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	56	1	81	1	5	0	145	0.9
2 Minimal Distress	764	19	1310	13	151	13	2256	14.6
3 Moderate Distress	1836	46	4380	43	528	44	6835	44.1
4 High Distress	1322	33	4323	43	518	43	6250	40.4
Valid responses =	3978	26	10094	65	1202	8	15486	45.9

Invalid responses include no response.

47B2) Within the last 12 months, to what extent did the following issue(s) cause you distress? (only includes students that had problems or challenges with this issue within the last 12 months)
Career

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	94	3	188	3	13	2	302	2.6
2 Minimal Distress	856	27	1785	24	208	25	2889	24.9
3 Moderate Distress	1320	42	3101	42	374	45	4854	41.9
4 High Distress	885	28	2358	32	244	29	3539	30.6
Valid responses =	3155	27	7432	64	839	7	11584	34.3

Invalid responses include no response.

47B3) Within the last 12 months, to what extent did the following issue(s) cause you distress? (only includes students that had problems or challenges with this issue within the last 12 months)
Finances

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	81	2	140	1	11	1	238	1.6
2 Minimal Distress	933	27	2163	22	216	20	3349	22.8
3 Moderate Distress	1479	42	3991	40	418	38	5955	40.5
4 High Distress	1014	29	3636	37	449	41	5157	35.1
Valid responses =	3507	24	9930	68	1094	7	14699	43.5

Invalid responses include no response.

47B4) Within the last 12 months, to what extent did the following issue(s) cause you distress? (only includes students that had problems or challenges with this issue within the last 12 months)
Procrastination

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	278	4	413	3	27	2	733	3.1
2 Minimal Distress	2352	37	4845	32	444	26	7715	32.9
3 Moderate Distress	2438	39	6309	42	710	42	9544	40.7
4 High Distress	1224	20	3642	24	529	31	5486	23.4
Valid responses =	6292	27	15209	65	1710	7	23478	69.5

Invalid responses include no response.

47B5) Within the last 12 months, to what extent did the following issue(s) cause you distress? (only includes students that had problems or challenges with this issue within the last 12 months)
Faculty

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	69	8	155	7	13	4	244	6.7
2 Minimal Distress	405	44	928	40	132	40	1481	40.6
3 Moderate Distress	285	31	826	36	125	38	1266	34.7
4 High Distress	167	18	418	18	58	18	660	18.1
Valid responses =	926	25	2327	64	328	9	3651	10.8

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

47B6) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	110	5	180	2	9	1	304	2.7
2 Minimal Distress	882	39	2345	30	309	28	3571	31.8
3 Moderate Distress	804	36	3048	40	438	40	4355	38.8
4 High Distress	453	20	2145	28	351	32	3000	26.7
Valid responses =	2249	20	7718	69	1107	10	11230	33.3

Invalid responses include no response.

47B7) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Intimate relationships

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	158	5	268	4	28	4	461	4.3
2 Minimal Distress	967	33	2267	32	244	31	3516	32.4
3 Moderate Distress	1037	36	2579	37	295	38	3944	36.4
4 High Distress	740	26	1933	27	216	28	2926	27.0
Valid responses =	2902	27	7047	65	783	7	10847	32.1

Invalid responses include no response.

47B8) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Roommate/housemate

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	117	8	242	5	23	4	389	5.3
2 Minimal Distress	681	45	2048	40	224	41	2985	40.9
3 Moderate Distress	494	33	1735	34	169	31	2436	33.4
4 High Distress	218	14	1120	22	125	23	1494	20.5
Valid responses =	1510	21	5145	70	541	7	7304	21.6

Invalid responses include no response.

47B9) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Peers

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	179	11	250	5	34	5	474	6.4
2 Minimal Distress	817	51	2330	47	285	42	3472	46.9
3 Moderate Distress	444	28	1737	35	253	37	2472	33.4
4 High Distress	158	10	689	14	110	16	982	13.3
Valid responses =	1598	22	5006	68	682	9	7400	21.9

Invalid responses include no response.

47B10) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Personal appearance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	173	5	290	3	26	2	495	3.0
2 Minimal Distress	1678	49	4368	38	508	37	6618	40.2
3 Moderate Distress	1094	32	4405	38	517	38	6082	36.9
4 High Distress	460	14	2460	21	322	24	3284	19.9
Valid responses =	3405	21	11523	70	1373	8	16479	48.8

Invalid responses include no response.

47B11) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Health of someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	159	6	349	4	44	5	559	4.6
2 Minimal Distress	1058	38	2691	32	312	32	4096	33.5
3 Moderate Distress	1048	38	3229	39	356	37	4688	38.4
4 High Distress	522	19	2048	25	261	27	2867	23.5
Valid responses =	2787	23	8317	68	973	8	12210	36.2

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

47B12) Within the last 12 months, to what extent did the following issue(s) cause you distress?
(only includes students that had problems or challenges with this issue within the last 12 months)
Death of a family member, friend, or someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	84	5	171	4	17	3	280	3.9
2 Minimal Distress	449	27	1042	21	101	20	1609	22.4
3 Moderate Distress	617	37	1758	36	156	32	2555	35.6
4 High Distress	534	32	1954	40	220	45	2741	38.1
Valid responses =	1684	23	4925	69	494	7	7185	21.3

Invalid responses include no response.

R47B13) Within the last 12 months, to what extent did the following issue(s) cause you distress?
(only includes students that had problems or challenges with this issue within the last 12 months)
I was bullied

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	71	15	139	10	15	6	230	10.5
2 Minimal Distress	163	34	464	32	72	30	707	32.2
3 Moderate Distress	135	28	473	33	91	38	721	32.8
4 High Distress	106	22	362	25	60	25	539	24.5
Valid responses =	475	22	1438	65	238	11	2197	6.5

Invalid responses include no response.

R47B14) Within the last 12 months, to what extent did the following issue(s) cause you distress?
(only includes students that had problems or challenges with this issue within the last 12 months)
I was cyberbullied

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	55	22	74	13	10	7	145	14.4
2 Minimal Distress	81	32	208	36	49	33	341	34.0
3 Moderate Distress	62	25	162	28	49	33	280	27.9
4 High Distress	54	21	137	24	40	27	238	23.7
Valid responses =	252	25	581	58	148	15	1004	3.0

Invalid responses include no response.

R47B15) Within the last 12 months, to what extent did the following issue(s) cause you distress?
(only includes students that had problems or challenges with this issue within the last 12 months)
I was hazed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	42	31	55	30	8	22	105	28.9
2 Minimal Distress	41	30	37	20	13	35	94	25.9
3 Moderate Distress	34	25	48	26	12	32	97	26.7
4 High Distress	18	13	42	23	4	11	67	18.5
Valid responses =	135	37	182	50	37	10	363	1.1

Invalid responses include no response.

R47B16) Within the last 12 months, to what extent did the following issue(s) cause you distress?
(only includes students that had problems or challenges with this issue within the last 12 months)
I experienced microaggression(s) directed at me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	246	23	394	12	69	8	721	13.3
2 Minimal Distress	544	51	1788	53	439	53	2813	52.0
3 Moderate Distress	219	20	864	25	235	28	1356	25.1
4 High Distress	68	6	351	10	86	10	520	9.6
Valid responses =	1077	20	3397	63	829	15	5410	16.0

Invalid responses include no response.

R47B17) Within the last 12 months, to what extent did the following issue(s) cause you distress?
(only includes students that had problems or challenges with this issue within the last 12 months)
I was sexually harassed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	45	17	147	8	15	5	207	8.2
2 Minimal Distress	87	34	728	38	105	35	931	37.0
3 Moderate Distress	81	31	635	33	88	29	817	32.4
4 High Distress	47	18	410	21	93	31	564	22.4
Valid responses =	260	10	1920	76	301	12	2519	7.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

R47B18) Within the last 12 months, to what extent did the following issue(s) cause you distress?
(only includes students that had problems or challenges with this issue within the last 12 months)
I experienced discrimination directed at me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	110	16	156	8	34	7	305	9.9
2 Minimal Distress	316	45	813	44	184	39	1337	43.3
3 Moderate Distress	189	27	578	31	158	34	945	30.6
4 High Distress	83	12	308	17	95	20	499	16.2
Valid responses =	698	23	1855	60	471	15	3086	9.1

Invalid responses include no response.

47C2) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?
(only includes students that had problems or challenges with this issue within the last 12 months)

Career

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	2077	66	4936	67	538	64	7646	66.2
2 Negatively impacted performance in a class	825	26	1854	25	237	28	2961	25.6
3 Delayed progress towards degree	249	8	627	9	61	7	948	8.2
Valid responses =	3151	27	7417	64	836	7	11555	34.2

Invalid responses include no response.

47C3) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?
(only includes students that had problems or challenges with this issue within the last 12 months)

Finances

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	2300	66	6761	68	669	61	9834	67.0
2 Negatively impacted performance in a class	865	25	2254	23	307	28	3464	23.6
3 Delayed progress towards degree	332	10	914	9	121	11	1388	9.5
Valid responses =	3497	24	9929	68	1097	7	14686	43.5

Invalid responses include no response.

47C4) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?
(only includes students that had problems or challenges with this issue within the last 12 months)

Procrastination

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	2321	37	5831	38	492	29	8717	37.2
2 Negatively impacted performance in a class	3406	54	7883	52	1017	60	12461	53.1
3 Delayed progress towards degree	568	9	1483	10	198	12	2276	9.7
Valid responses =	6295	27	15197	65	1707	7	23454	69.5

Invalid responses include no response.

47C5) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?
(only includes students that had problems or challenges with this issue within the last 12 months)

Faculty

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	420	45	1122	49	139	43	1704	46.9
2 Negatively impacted performance in a class	358	39	958	42	146	45	1498	41.3
3 Delayed progress towards degree	148	16	230	10	42	13	429	11.8
Valid responses =	926	26	2310	64	327	9	3631	10.8

Invalid responses include no response.

47C6) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?
(only includes students that had problems or challenges with this issue within the last 12 months)

Family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1571	70	5321	69	746	68	7738	69.2
2 Negatively impacted performance in a class	548	24	1930	25	295	27	2812	25.1
3 Delayed progress towards degree	132	6	428	6	62	6	633	5.7
Valid responses =	2251	20	7679	69	1103	10	11183	33.1

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

47C7) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Intimate relationships

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1990	69	4847	69	530	68	7437	68.7
2 Negatively impacted performance in a class	775	27	1857	26	213	27	2883	26.6
3 Delayed progress towards degree	132	5	333	5	36	5	505	4.7
Valid responses =	2897	27	7037	65	779	7	10825	32.1

Invalid responses include no response.

47C8) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Roommate/housemate

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1148	76	4032	79	389	72	5638	77.4
2 Negatively impacted performance in a class	296	20	950	19	131	24	1404	19.3
3 Delayed progress towards degree	59	4	156	3	21	4	243	3.3
Valid responses =	1503	21	5138	71	541	7	7285	21.6

Invalid responses include no response.

47C9) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Peers

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1229	77	3958	79	499	73	5752	78.0
2 Negatively impacted performance in a class	312	20	908	18	157	23	1417	19.2
3 Delayed progress towards degree	52	3	127	3	25	4	209	2.8
Valid responses =	1593	22	4993	68	681	9	7378	21.9

Invalid responses include no response.

47C10) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Personal appearance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	2992	88	10106	88	1159	84	14394	87.5
2 Negatively impacted performance in a class	335	10	1202	10	186	14	1747	10.6
3 Delayed progress towards degree	71	2	211	2	28	2	318	1.9
Valid responses =	3398	21	11519	70	1373	8	16459	48.7

Invalid responses include no response.

47C11) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Health of someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	2057	74	6115	74	689	71	8953	73.4
2 Negatively impacted performance in a class	617	22	1820	22	238	25	2703	22.2
3 Delayed progress towards degree	112	4	373	5	44	5	537	4.4
Valid responses =	2786	23	8308	68	971	8	12193	36.1

Invalid responses include no response.

47C12) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Death of a family member, friend, or someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1067	63	2855	58	257	52	4222	58.8
2 Negatively impacted performance in a class	513	30	1712	35	187	38	2442	34.0
3 Delayed progress towards degree	112	7	349	7	50	10	517	7.2
Valid responses =	1692	24	4916	68	494	7	7181	21.3

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

R47C13) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

I was bullied

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	296	62	981	68	150	63	1451	66.0
2 Negatively impacted performance in a class	135	28	370	26	70	30	592	26.9
3 Delayed progress towards degree	47	10	90	6	17	7	157	7.1
Valid responses =	478	22	1441	66	237	11	2200	6.5

Invalid responses include no response.

R47C14) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

I was cyberbullied

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	163	65	400	69	92	62	666	66.3
2 Negatively impacted performance in a class	62	25	145	25	46	31	263	26.2
3 Delayed progress towards degree	26	10	35	6	11	7	75	7.5
Valid responses =	251	25	580	58	149	15	1004	3.0

Invalid responses include no response.

R47C15) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

I was hazed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	72	53	109	60	20	54	203	55.9
2 Negatively impacted performance in a class	45	33	46	25	12	32	107	29.5
3 Delayed progress towards degree	18	13	27	15	5	14	53	14.6
Valid responses =	135	37	182	50	37	10	363	1.1

Invalid responses include no response.

R47C16) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

I experienced microaggression(s) directed at me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	896	83	2842	84	667	80	4480	83.0
2 Negatively impacted performance in a class	148	14	454	13	138	17	765	14.2
3 Delayed progress towards degree	33	3	92	3	26	3	155	2.9
Valid responses =	1077	20	3388	63	831	15	5400	16.0

Invalid responses include no response.

R47C17) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

I was sexually harassed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	185	71	1510	79	210	70	1926	76.6
2 Negatively impacted performance in a class	54	21	317	17	76	25	458	18.2
3 Delayed progress towards degree	21	8	91	5	15	5	132	5.2
Valid responses =	260	10	1918	76	301	12	2516	7.5

Invalid responses include no response.

R47C18) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

I experienced discrimination directed at me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	528	76	1390	75	327	69	2284	74.3
2 Negatively impacted performance in a class	126	18	362	20	115	24	622	20.2
3 Delayed progress towards degree	39	6	98	5	29	6	169	5.5
Valid responses =	693	23	1850	60	471	15	3075	9.1

Invalid responses include no response.



48) Within the last 30 days, how would you rate the overall level of stress you have experienced?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No stress	366	4	278	1	21	1	691	2.1
2 Low	2780	30	3707	18	279	14	6848	20.8
3 Moderate	4436	48	10932	52	1017	49	16611	50.5
4 High	1689	18	6192	29	750	36	8767	26.6
Valid responses =	9271	28	21109	64	2067	6	32917	97.5

Invalid responses include no response.

49) Have you ever thought about or attempted to kill yourself?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	5908	64	12164	58	472	23	18778	57.2
2 Just a brief passing thought	1957	21	4735	23	511	25	7291	22.2
3 Planned at least once, but did not try to do it	701	8	1874	9	403	20	3021	9.2
4 Planned at least once, wanted to die	343	4	1030	5	293	14	1701	5.2
5 Attempted, but did not want to die	156	2	582	3	106	5	864	2.6
6 Attempted, really hoped to die	185	2	669	3	279	14	1162	3.5
Valid responses =	9250	28	21054	64	2064	6	32817	97.2

Invalid responses include no response.

50) How often have you thought about killing yourself in the past year?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	7094	77	15206	72	867	42	23446	71.5
2 Rarely (1 time)	940	10	2488	12	331	16	3802	11.6
3 Sometimes (2 times)	612	7	1817	9	356	17	2840	8.7
4 Often (3-4 times)	253	3	781	4	215	10	1276	3.9
5 Very often (5 or more times)	356	4	766	4	292	14	1441	4.4
Valid responses =	9255	28	21058	64	2061	6	32805	97.2

Invalid responses include no response.

51) Have you ever told someone that you were going to commit suicide, or that you might do it?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7825	85	16766	80	1245	60	26142	79.8
2 Yes, one time, did not want to die	723	8	2125	10	236	11	3120	9.5
3 Yes, one time, wanted to die	278	3	915	4	213	10	1430	4.4
4 Yes, more than once, did not want to do it	276	3	708	3	151	7	1164	3.6
5 Yes, more than once, wanted to do it	149	2	524	3	217	11	914	2.8
Valid responses =	9251	28	21038	64	2062	6	32770	97.1

Invalid responses include no response.

52) How likely is it that you will attempt suicide someday?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	6664	72	14974	71	765	37	22647	69.1
1 No chance at all	1081	12	2383	11	298	15	3813	11.6
2 Rather unlikely	1011	11	2462	12	545	26	4089	12.5
3 Unlikely	304	3	801	4	249	12	1385	4.2
4 Likely	132	1	302	1	136	7	586	1.8
5 Rather likely	45	1	70	0	41	2	162	0.5
6 Very likely	20	0	55	0	28	1	109	0.3
Valid responses =	9257	28	21047	64	2062	6	32791	97.1

Invalid responses include no response.

53) Within the last 12 months, have you attempted suicide?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9007	97	20619	98	1937	94	32012	97.6
2 Yes	239	3	391	2	119	6	772	2.4
Valid responses =	9246	28	21010	64	2056	6	32784	97.1

Invalid responses include no response.

54A) Have you ever received psychological or mental health services?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5881	64	9479	45	453	22	16022	48.7
2 Yes	3381	37	11634	55	1621	78	16870	51.3
Valid responses =	9262	28	21113	64	2074	6	32892	97.4

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

54B) Within in the last 12 months, have you received psychological or mental health services?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7222	78	13434	64	855	41	21770	66.2
2 Yes	2039	22	7659	36	1215	59	11094	33.8
Valid responses =	9261	28	21093	64	2070	6	32864	97.3

Invalid responses include no response.

55A) Within the last 12 months, have you visited any medical provider (for example: a nurse practitioner, physician assistant, primary care doctor, or other type of medical doctor) for a check-up or any other medical reasons?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3645	39	5149	24	362	18	9322	28.4
2 Yes	5608	61	15940	76	1709	83	23518	71.6
Valid responses =	9253	28	21089	64	2071	6	32840	97.3

Invalid responses include no response.

MH1) Have you ever been prescribed medication for a mental health condition?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7494	81	14024	67	899	43	22688	69.1
2 Yes	1759	19	7058	34	1171	57	10142	30.9
Valid responses =	9253	28	21082	64	2070	6	32830	97.2

Invalid responses include no response.

MH2) When were you first prescribed medication for a mental health condition? (only students that were ever prescribed medication for a mental health condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Before starting at your current college/university	1313	75	5362	76	939	80	7741	76.5
2 After starting at your current college/university	436	25	1681	24	229	20	2373	23.5
Valid responses =	1749	17	7043	70	1168	12	10114	30.0

Invalid responses include no response.

MH3) Were you prescribed medication for a mental health condition in the last 12 months? (only students that were ever prescribed medication for a mental health condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	824	47	2956	42	452	39	4305	42.5
2 Yes	930	53	4092	58	716	61	5816	57.5
Valid responses =	1754	17	7048	70	1168	12	10121	30.0

Invalid responses include no response.

MH4) Have you ever had counseling for a mental health condition?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7021	76	12067	57	650	31	19975	60.8
2 Yes	2238	24	9013	43	1419	69	12853	39.2
Valid responses =	9259	28	21080	64	2069	6	32828	97.2

Invalid responses include no response.

MH5) When did you first start counseling for a mental health condition? (only students that have ever had counseling for a mental health condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Before starting at your current college/university	1712	77	7030	78	1196	85	10088	78.7
2 After starting at your current college/university	519	23	1954	22	220	16	2723	21.3
Valid responses =	2231	17	8984	70	1416	11	12811	37.9

Invalid responses include no response.

MH6) Have you had counseling for a mental health condition in the last 12 months? (only students that have ever had counseling for a mental health condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1033	46	3368	38	411	29	4859	37.9
2 Yes	1198	54	5624	63	1006	71	7961	62.1
Valid responses =	2231	17	8992	70	1417	11	12820	38.0

Invalid responses include no response.



56) Have you had a gynecologic visit or exam (for example: contraception, STI testing, pelvic exam, or pap test) with a healthcare provider (for example: OB-GYN, nurse practitioner, or physician assistant)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6432	69	10761	51	1101	53	18549	56.5
2 Yes	457	5	9903	47	761	37	11232	34.2
3 Don't know	194	2	267	1	40	2	508	1.5
4 Not applicable	2180	24	149	1	168	8	2545	7.8
Valid responses =	9263	28	21080	64	2070	6	32834	97.2

Invalid responses include no response.

57) Have you had a dental exam and cleaning in the last 12 months?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2397	26	4528	21	576	28	7602	23.1
2 Yes	6680	72	16133	76	1435	69	24554	74.7
3 Don't know	180	2	459	2	57	3	714	2.2
Valid responses =	9257	28	21120	64	2068	6	32870	97.4

Invalid responses include no response.

58) When you are outdoors in the sun, how often do you wear sunscreen?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	1898	21	1478	7	243	12	3687	11.2
2 Rarely	2939	32	3781	18	536	26	7353	22.4
3 Sometimes	2620	28	6403	30	647	31	9797	29.8
4 Usually	1441	16	6311	30	467	23	8312	25.3
5 Always	371	4	3149	15	181	9	3743	11.4
Valid responses =	9269	28	21122	64	2074	6	32892	97.4

Invalid responses include no response.

59A) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure? Wear a shirt with sleeves

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	1813	20	3963	19	305	15	6147	18.8
2 Rarely	1877	20	4747	23	420	20	7113	21.8
3 Sometimes	2534	28	7001	33	688	33	10337	31.7
4 Usually	2031	22	3946	19	468	23	6522	20.0
5 Always	968	11	1335	6	179	9	2521	7.7
Valid responses =	9223	28	20992	64	2060	6	32640	96.7

Invalid responses include no response.

59B) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure? Wear sunglasses

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	2089	23	3408	16	509	25	6107	18.7
2 Rarely	1771	19	3645	17	438	21	5911	18.1
3 Sometimes	2353	26	5637	27	468	23	8558	26.2
4 Usually	1953	21	5481	26	377	18	7875	24.1
5 Always	1045	11	2832	14	267	13	4188	12.8
Valid responses =	9211	28	21003	64	2059	6	32639	96.7

Invalid responses include no response.

59C) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure? Stay in the shade

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	560	6	860	4	78	4	1520	4.7
2 Rarely	1084	12	2229	11	144	7	3483	10.7
3 Sometimes	3697	40	8229	39	636	31	12708	38.9
4 Usually	3274	36	7765	37	977	48	12148	37.2
5 Always	606	7	1922	9	220	11	2790	8.5
Valid responses =	9221	28	21005	64	2055	6	32649	96.7

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

59D) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?

Wear a hat

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	2279	25	5982	29	600	29	8970	27.5
2 Rarely	1925	21	5794	28	550	27	8342	25.6
3 Sometimes	2605	28	6326	30	564	28	9605	29.5
4 Usually	1640	18	2184	10	248	12	4118	12.6
5 Always	751	8	680	3	91	4	1549	4.8
Valid responses =	9200	28	20966	64	2053	6	32584	96.5

Invalid responses include no response.

60) In the last 12 months, how many times have you spent time outdoors with the intention of getting a tan?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 times	5937	66	9300	45	1395	69	16857	52.6
1 1 time	300	3	664	3	88	4	1064	3.3
2 2 times	434	5	1167	6	125	6	1740	5.4
3 3 times	294	3	910	4	92	5	1304	4.1
4 4 times	191	2	540	3	36	2	776	2.4
5 5 times	351	4	1146	6	73	4	1582	4.9
6 6 to 10 times	644	7	2386	12	112	6	3163	9.9
7 11 to 15 times	208	2	841	4	24	1	1080	3.4
8 16 to 20 times	229	3	1140	6	29	1	1404	4.4
9 21 to 49 times	235	3	1345	7	25	1	1611	5.0
10 50 or More times	237	3	1190	6	25	1	1461	4.6
Valid responses =	9060	28	20629	64	2024	6	32042	94.9

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	5.44	0.00	21.02	0	365
Cis Women	10.25	2.00	24.14	0	365
Trans/Gender Non-conforming	3.21	0.00	16.31	0	365
Overall	8.39	0.00	22.94	0	365

61) The Human Papillomavirus (HPV) vaccine (for example: Gardasil, Silgard, or Cervarix) is recommended, but usually not required, and is given in a series of 2 or 3 shots based on your age. Which of the following best describes your vaccination status for HPV:

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Have not received HPV vaccine	2064	22	3397	16	210	10	5729	17.6
2 Have started, but not completed HPV vaccine	265	3	837	4	87	4	1204	3.7
3 Completed HPV vaccine	3893	42	11420	55	1179	57	16648	51.1
4 I don't know my HPV vaccination status	2988	32	5316	25	583	28	9009	27.6
Valid responses =	9210	28	20970	64	2059	6	32590	96.5

Invalid responses include no response.

62) Did you have a flu vaccine within the last 12 months?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3655	40	8505	40	777	38	13089	40.0
2 Yes	4953	54	11283	54	1131	55	17551	53.7
3 Don't know	639	7	1245	6	156	8	2070	6.3
Valid responses =	9247	28	21033	64	2064	6	32710	96.9

Invalid responses include no response.

COVIDVAXD) Have you received at least one dose of a COVID-19 vaccine?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1215	13	3019	14	180	9	4472	13.7
2 Yes	7872	85	17779	84	1862	90	27810	85.0
3 Not sure	153	2	256	1	24	1	443	1.4
Valid responses =	9240	28	21054	64	2066	6	32725	96.9

Invalid responses include no response.

COVIDVAXE) Have you received a COVID-19 vaccine in the last 12 months? (only students that have received at least one dose of a COVID-19 vaccine)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5396	69	11987	68	1018	55	18567	66.9
2 Yes	1977	25	4664	26	696	37	7439	26.8
3 Not sure	477	6	1081	6	147	8	1727	6.2
Valid responses =	7850	28	17732	64	1861	7	27733	82.1

Invalid responses include no response.



COVIDINF Have you tested positive for COVID-19 within the last 12 months?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7947	86	17614	84	1584	77	27438	83.9
2 Yes	1288	14	3408	16	481	23	5249	16.1
Valid responses =	9235	28	21022	64	2065	6	32687	96.8

Invalid responses include no response.

63A1) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following? Bronchitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8970	98	20683	96	1963	96	31332	96.4
2 Yes	215	2	844	4	84	4	1160	3.6
Valid responses =	9185	28	20927	64	2047	6	32492	96.2

Invalid responses include no response.

63A2) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following? Chlamydia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9082	99	20642	99	2010	98	32057	99.0
2 Yes	80	1	211	1	35	2	334	1.0
Valid responses =	9162	28	20853	64	2045	6	32391	95.9

Invalid responses include no response.

63A3) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following? Chicken Pox (Varicella)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9062	100	20547	100	1999	99	31926	99.4
2 Yes	50	1	102	1	26	1	188	0.6
Valid responses =	9112	28	20649	64	2025	6	32114	95.1

Invalid responses include no response.

63A4) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following? Cold/virus or other respiratory illness (for example: sinus infection, ear infection, strep throat, tonsillitis, pharyngitis, or laryngitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6694	73	12742	61	1271	62	20940	64.5
2 Yes	2489	27	8150	39	774	38	11514	35.5
Valid responses =	9183	28	20892	64	2045	6	32454	96.1

Invalid responses include no response.



63A5) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Concussion

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8990	98	20253	97	1957	96	31514	97.1
2 Yes	182	2	650	3	87	4	937	2.9
Valid responses =	9172	28	20903	64	2044	6	32451	96.1

Invalid responses include no response.

63A6) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Gonorrhea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9074	99	20741	100	2013	99	32148	99.5
2 Yes	53	1	75	0	18	1	155	0.5
Valid responses =	9127	28	20816	64	2031	6	32303	95.7

Invalid responses include no response.

63A7) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Flu (influenza) or flu-like illness

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8218	90	18226	87	1794	88	28527	88.1
2 Yes	939	10	2624	13	247	12	3849	11.9
Valid responses =	9157	28	20850	64	2041	6	32376	95.9

Invalid responses include no response.

63A8) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Mumps

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9079	100	20672	100	2012	99	32082	99.6
2 Yes	30	0	59	0	16	1	113	0.4
Valid responses =	9109	28	20731	64	2028	6	32195	95.4

Invalid responses include no response.

63A9) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Mononucleosis (mono)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8981	99	20399	98	1987	98	31686	98.3
2 Yes	136	2	343	2	45	2	534	1.7
Valid responses =	9117	28	20742	64	2032	6	32220	95.4

Invalid responses include no response.

63A10) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Orthopedic injury (for example: broken bone, fracture, sprain, bursitis, tendinitis, or ligament injury)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8446	92	18906	91	1823	89	29469	90.8
2 Yes	724	8	1990	10	221	11	2972	9.2
Valid responses =	9170	28	20896	64	2044	6	32441	96.1

Invalid responses include no response.

63A11) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Pelvic Inflammatory Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9123	100	20781	100	2018	99	32240	99.6
2 Yes	33	0	84	0	14	1	141	0.4
Valid responses =	9156	28	20865	64	2032	6	32381	95.9

Invalid responses include no response.

63A12) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Pneumonia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8986	98	20400	98	1999	98	31702	98.0
2 Yes	148	2	430	2	40	2	631	2.0
Valid responses =	9134	28	20830	64	2039	6	32333	95.8

Invalid responses include no response.



63A13) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Shingles

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9064	100	20625	100	2013	99	32018	99.5
2 Yes	49	1	96	1	15	1	170	0.5
Valid responses =	9113	28	20721	64	2028	6	32188	95.3

Invalid responses include no response.

63A14) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Stomach or GI virus or bug, food poisoning, or gastritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8605	94	18642	89	1815	89	29365	90.6
2 Yes	552	6	2231	11	223	11	3035	9.4
Valid responses =	9157	28	20873	64	2038	6	32398	96.0

Invalid responses include no response.

63A15) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Urinary tract infection

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9072	99	18452	88	1843	91	29665	91.6
2 Yes	86	1	2416	12	192	9	2728	8.4
Valid responses =	9158	28	20868	64	2035	6	32393	95.9

Invalid responses include no response.

63A16) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Other short-term, temporary illness not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6973	98	15162	96	1438	95	23807	96.6
2 Yes	176	3	568	4	82	5	838	3.4
Valid responses =	7149	29	15730	64	1520	6	24645	73.0

Invalid responses include no response.

63B1) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Bronchitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	132	64	465	57	36	45	637	57.2
2 Negatively impacted performance in a class	71	34	315	39	39	49	431	38.7
3 Delayed progress towards degree	5	2	33	4	5	6	45	4.0
Valid responses =	208	19	813	73	80	7	1113	3.3

Invalid responses include no response.

63B2) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Chlamydia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	66	84	170	85	21	68	259	82.5
2 Negatively impacted performance in a class	10	13	27	14	8	26	45	14.3
3 Delayed progress towards degree	3	4	3	2	2	7	10	3.2
Valid responses =	79	25	200	64	31	10	314	0.9

Invalid responses include no response.

63B3) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Chicken Pox (Varicella)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	45	92	87	89	14	67	148	84.1
2 Negatively impacted performance in a class	1	2	9	9	4	19	18	10.2
3 Delayed progress towards degree	3	6	2	2	3	14	10	5.7
Valid responses =	49	28	98	56	21	12	176	0.5

Invalid responses include no response.



63B4) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Cold/virus or other respiratory illness (for example: sinus infection, ear infection, strep throat, tonsillitis, pharyngitis, or laryngitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1578	64	4617	57	375	49	6617	57.8
2 Negatively impacted performance in a class	845	34	3265	40	371	48	4526	39.5
3 Delayed progress towards degree	53	2	231	3	25	3	312	2.7
Valid responses =	2476	22	8113	71	771	7	11455	33.9

Invalid responses include no response.

63B5) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Concussion

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	89	51	247	40	27	33	367	40.9
2 Negatively impacted performance in a class	73	42	330	53	50	61	462	51.5
3 Delayed progress towards degree	12	7	49	8	5	6	68	7.6
Valid responses =	174	19	626	70	82	9	897	2.7

Invalid responses include no response.

63B6) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Gonorrhea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	42	84	58	84	11	61	113	79.0
2 Negatively impacted performance in a class	4	8	9	13	3	17	18	12.6
3 Delayed progress towards degree	4	8	2	3	4	22	12	8.4
Valid responses =	50	35	69	48	18	13	143	0.4

Invalid responses include no response.

63B7) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Flu (influenza) or flu-like illness

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	548	59	1359	53	115	47	2038	53.6
2 Negatively impacted performance in a class	346	37	1136	44	120	49	1620	42.6
3 Delayed progress towards degree	33	4	96	4	12	5	144	3.8
Valid responses =	927	24	2591	68	247	6	3802	11.3

Invalid responses include no response.

63B8) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Mumps

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	23	85	46	87	8	62	79	80.6
2 Negatively impacted performance in a class	2	7	5	9	2	15	10	10.2
3 Delayed progress towards degree	2	7	2	4	3	23	9	9.2
Valid responses =	27	28	53	54	13	13	98	0.3

Invalid responses include no response.

63B9) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Mononucleosis (mono)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	70	54	138	42	19	44	229	44.8
2 Negatively impacted performance in a class	46	36	167	50	19	44	235	46.0
3 Delayed progress towards degree	13	10	27	8	5	12	47	9.2
Valid responses =	129	25	332	65	43	8	511	1.5

Invalid responses include no response.



63B10) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Orthopedic injury (for example: broken bone, fracture, sprain, bursitis, tendinitis, or ligament injury)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	519	72	1390	70	132	60	2065	69.9
2 Negatively impacted performance in a class	167	23	504	26	77	35	756	25.6
3 Delayed progress towards degree	35	5	86	4	12	5	135	4.6
Valid responses =	721	24	1980	67	221	7	2956	8.8

Invalid responses include no response.

63B11) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Pelvic Inflammatory Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	23	77	60	76	9	64	95	73.1
2 Negatively impacted performance in a class	3	10	16	20	3	21	24	18.5
3 Delayed progress towards degree	4	13	3	4	2	14	11	8.5
Valid responses =	30	23	79	61	14	11	130	0.4

Invalid responses include no response.

63B12) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Pneumonia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	73	51	210	51	17	45	303	50.3
2 Negatively impacted performance in a class	57	40	174	42	18	47	253	42.0
3 Delayed progress towards degree	12	9	29	7	3	8	46	7.6
Valid responses =	142	24	413	69	38	6	602	1.8

Invalid responses include no response.

63B13) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Shingles

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	33	70	71	79	8	57	116	73.4
2 Negatively impacted performance in a class	10	21	16	18	3	21	30	19.0
3 Delayed progress towards degree	4	9	3	3	3	21	12	7.6
Valid responses =	47	30	90	57	14	9	158	0.5

Invalid responses include no response.

63B14) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Stomach or GI virus or bug, food poisoning, or gastritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	350	64	1267	57	120	54	1746	57.9
2 Negatively impacted performance in a class	173	32	867	39	89	40	1144	38.0
3 Delayed progress towards degree	25	5	83	4	13	6	123	4.1
Valid responses =	548	18	2217	74	222	7	3013	8.9

Invalid responses include no response.

63B15) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Urinary tract infection

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	64	76	1850	79	150	79	2084	78.6
2 Negatively impacted performance in a class	14	17	449	19	36	19	506	19.1
3 Delayed progress towards degree	6	7	49	2	4	2	61	2.3
Valid responses =	84	3	2348	89	190	7	2651	7.9

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

63B16) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Other short-term, temporary illness not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	114	69	350	67	45	58	513	65.9
2 Negatively impacted performance in a class	44	27	151	29	29	37	226	29.0
3 Delayed progress towards degree	7	4	25	5	4	5	39	5.0
Valid responses =	165	21	526	68	78	10	778	2.3

Invalid responses include no response.

64) Have you ever been tested for HIV?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes, within the last 12 months	840	9	2184	10	282	14	3343	10.2
2 Yes, more than 12 months ago	657	7	1644	8	182	9	2513	7.7
3 No	7268	79	15347	73	1461	71	24323	74.4
4 Unsure	477	5	1874	9	142	7	2527	7.7
Valid responses =	9242	28	21049	64	2067	6	32706	96.9

Invalid responses include no response.

64B) Are you taking PrEP (Pre-Exposure Prophylaxis) to prevent HIV infection?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8960	97	20662	98	2010	97	31962	97.9
2 Yes	261	3	358	2	56	3	689	2.1
Valid responses =	9221	28	21020	64	2066	6	32651	96.7

Invalid responses include no response.

65A1) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6991	77	14506	70	1416	70	23142	71.5
2 Yes	2150	24	6352	31	622	31	9207	28.5
Valid responses =	9141	28	20858	64	2038	6	32349	95.8

Invalid responses include no response.

65A2) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7980	87	18108	87	1400	69	27714	85.4
2 Yes	1195	13	2799	13	643	32	4725	14.6
Valid responses =	9175	28	20907	64	2043	6	32439	96.1

Invalid responses include no response.

65A3) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Alcohol or Other Substance Use Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9048	99	20712	99	1984	97	32045	98.8
2 Yes	118	1	192	1	56	3	374	1.2
Valid responses =	9166	28	20904	64	2040	6	32419	96.0

Invalid responses include no response.

65A4) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8221	90	17965	86	1682	83	28120	86.9
2 Yes	934	10	2892	14	352	17	4234	13.1
Valid responses =	9155	28	20857	64	2034	6	32354	95.8

Invalid responses include no response.

65A5) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8072	88	17961	86	1710	84	28000	86.6
2 Yes	1067	12	2882	14	329	16	4332	13.4
Valid responses =	9139	28	20843	64	2039	6	32332	95.8

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

65A6) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6839	75	14468	69	1335	65	22851	70.5
2 Yes	2325	25	6441	31	707	35	9572	29.5
Valid responses =	9164	28	20909	64	2042	6	32423	96.0

Invalid responses include no response.

65A7) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7550	82	12800	61	814	40	21339	65.7
2 Yes	1623	18	8146	39	1241	60	11150	34.3
Valid responses =	9173	28	20946	64	2055	6	32489	96.2

Invalid responses include no response.

65A8) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7815	85	17460	84	1649	81	27180	83.9
2 Yes	1337	15	3419	16	400	20	5210	16.1
Valid responses =	9152	28	20879	64	2049	6	32390	95.9

Invalid responses include no response.

65A9) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Autism spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8840	97	20396	98	1704	84	31203	96.7
2 Yes	283	3	416	2	335	16	1074	3.3
Valid responses =	9123	28	20812	64	2039	6	32277	95.6

Invalid responses include no response.

65A10) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9034	99	20375	98	1911	93	31617	97.5
2 Yes	130	1	530	3	134	7	808	2.5
Valid responses =	9164	28	20905	64	2045	6	32425	96.0

Invalid responses include no response.

65A11) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9112	99	20632	99	1943	95	31981	98.6
2 Yes	54	1	289	1	103	5	458	1.4
Valid responses =	9166	28	20921	64	2046	6	32439	96.1

Invalid responses include no response.

65A12) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9096	99	20708	99	2010	99	32114	99.1
2 Yes	61	1	183	1	31	2	279	0.9
Valid responses =	9157	28	20891	64	2041	6	32393	95.9

Invalid responses include no response.

65A13) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9045	99	20516	99	1985	98	31836	98.9
2 Yes	58	1	237	1	40	2	347	1.1
Valid responses =	9103	28	20753	64	2025	6	32183	95.3

Invalid responses include no response.



65A14) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8778	96	19114	92	1696	83	29850	92.2
2 Yes	368	4	1759	8	348	17	2520	7.8
Valid responses =	9146	28	20873	64	2044	6	32370	95.9

Invalid responses include no response.

65A15) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7973	87	15231	73	933	46	24331	75.0
2 Yes	1194	13	5698	27	1117	55	8123	25.0
Valid responses =	9167	28	20929	64	2050	6	32454	96.1

Invalid responses include no response.

65A16) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8949	98	20021	96	1945	95	31202	96.4
2 Yes	192	2	857	4	99	5	1165	3.6
Valid responses =	9141	28	20878	65	2044	6	32367	95.9

Invalid responses include no response.

65A17) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9007	99	19350	93	1779	87	30411	94.0
2 Yes	130	1	1519	7	265	13	1942	6.0
Valid responses =	9137	28	20869	65	2044	6	32353	95.8

Invalid responses include no response.

65A18) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9125	100	20323	98	1971	97	31714	98.1
2 Yes	11	0	524	3	67	3	610	1.9
Valid responses =	9136	28	20847	64	2038	6	32324	95.7

Invalid responses include no response.

65A19) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9103	100	20814	100	2022	99	32236	99.8
2 Yes	30	0	18	0	17	1	68	0.2
Valid responses =	9133	28	20832	64	2039	6	32304	95.7

Invalid responses include no response.

65A20) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9040	100	20438	99	1991	99	31760	99.2
2 Yes	38	0	178	1	25	1	246	0.8
Valid responses =	9078	28	20616	64	2016	6	32006	94.8

Invalid responses include no response.

65A21) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8824	96	19438	93	1848	90	30388	93.9
2 Yes	328	4	1437	7	196	10	1985	6.1
Valid responses =	9152	28	20875	64	2044	6	32373	95.9

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

**65A22) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9006	98	20325	97	1952	96	31565	97.4
2 Yes	152	2	575	3	91	5	839	2.6
Valid responses =	9158	28	20900	64	2043	6	32404	96.0

Invalid responses include no response.

**65A23) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
Hepatitis B or C**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9133	100	20840	100	2030	99	32301	99.7
2 Yes	30	0	37	0	14	1	86	0.3
Valid responses =	9163	28	20877	64	2044	6	32387	95.9

Invalid responses include no response.

**65A24) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
High blood pressure (hypertension)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8785	96	20220	97	1971	96	31258	96.7
2 Yes	360	4	615	3	74	4	1063	3.3
Valid responses =	9145	28	20835	64	2045	6	32321	95.7

Invalid responses include no response.

**65A25) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
High cholesterol (hyperlipidemia)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8827	97	20063	96	1951	96	31124	96.3
2 Yes	318	4	773	4	87	4	1193	3.7
Valid responses =	9145	28	20836	64	2038	6	32317	95.7

Invalid responses include no response.

**65A26) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
HIV or AIDS**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9062	100	20612	100	2008	99	31972	99.8
2 Yes	27	0	20	0	12	1	63	0.2
Valid responses =	9089	28	20632	64	2020	6	32035	94.9

Invalid responses include no response.

**65A27) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
Human papillomavirus (HPV) or genital warts**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9067	100	20525	99	2008	99	31894	98.8
2 Yes	49	1	293	1	30	2	376	1.2
Valid responses =	9116	28	20818	65	2038	6	32270	95.6

Invalid responses include no response.

**65A28) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
Insomnia**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8775	97	19301	93	1691	83	30023	93.4
2 Yes	314	4	1442	7	337	17	2133	6.6
Valid responses =	9089	28	20743	65	2028	6	32156	95.2

Invalid responses include no response.

**65A29) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
Irritable bowel syndrome (spastic colon or spastic bowel)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8883	97	19560	94	1884	92	30610	94.7
2 Yes	257	3	1284	6	159	8	1716	5.3
Valid responses =	9140	28	20844	64	2043	6	32326	95.7

Invalid responses include no response.



65A41) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Long COVID or having a Post-COVID Condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9033	98.8	20410	97.8	1950	95.5	31685	98
2 Yes	107	1.2	454	2.2	91	4.5	660	2
Valid responses =	9140	28	20864	65	2041	6	32345	95.8

Invalid responses include no response.

65A30) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8611	95	17722	86	1670	82	28256	88.1
2 Yes	466	5	2951	14	359	18	3816	11.9
Valid responses =	9077	28	20673	64	2029	6	32072	95.0

Invalid responses include no response.

65A31) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania, other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8876	97	19325	93	1720	84	30184	93.1
2 Yes	287	3	1567	8	327	16	2221	6.9
Valid responses =	9163	28	20892	64	2047	6	32405	96.0

Invalid responses include no response.

65A32) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9104	100	19659	95	1923	94	30965	96.0
2 Yes	14	0	1155	6	116	6	1304	4.0
Valid responses =	9118	28	20814	65	2039	6	32269	95.6

Invalid responses include no response.

65A33) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor-related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8913	97	19280	92	1658	81	30104	92.9
2 Yes	241	3	1618	8	389	19	2294	7.1
Valid responses =	9154	28	20898	65	2047	6	32398	96.0

Invalid responses include no response.

65A34) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9117	100	20810	100	2007	98	32228	99.6
2 Yes	31	0	60	0	37	2	135	0.4
Valid responses =	9148	28	20870	64	2044	6	32363	95.9

Invalid responses include no response.

65A35) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8871	97	20423	98	1972	97	31553	97.7
2 Yes	264	3	406	2	71	4	753	2.3
Valid responses =	9135	28	20829	64	2043	6	32306	95.7

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

65A36) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9029	99	19986	96	1940	96	31243	96.8
2 Yes	106	1	815	4	92	5	1028	3.2
Valid responses =	9135	28	20801	64	2032	6	32271	95.6

Invalid responses include no response.

65A37) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9097	100	20708	99	1983	97	32077	99.3
2 Yes	45	1	123	1	62	3	241	0.7
Valid responses =	9142	28	20831	64	2045	6	32318	95.7

Invalid responses include no response.

65A38) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9055	99	20589	99	1999	98	31935	98.8
2 Yes	81	1	241	1	43	2	373	1.2
Valid responses =	9136	28	20830	64	2042	6	32308	95.7

Invalid responses include no response.

65A39) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9107	100	20545	98	2004	98	31946	98.7
2 Yes	48	1	337	2	40	2	436	1.3
Valid responses =	9155	28	20882	64	2044	6	32382	95.9

Invalid responses include no response.

65A40) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Other ongoing or chronic condition not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8220	96	17491	93	1569	85	27508	93.6
2 Yes	304	4	1263	7	269	15	1881	6.4
Valid responses =	8524	29	18754	64	1838	6	29389	87.0

Invalid responses include no response.

65B1) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Allergic & immunologic disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	230	89	939	85	186	80	1382	84.8
2 Yes	29	11	164	15	48	21	248	15.2
Valid responses =	259	16	1103	68	234	14	1630	4.8

Invalid responses include no response.

65B2) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Autoimmune disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	205	77	785	70	175	75	1188	71.5
2 Yes	61	23	340	30	60	26	473	28.5
Valid responses =	266	16	1125	68	235	14	1661	4.9

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

65B3) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Blood disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	240	92	977	89	204	89	1449	89.3
2 Yes	22	8	120	11	26	11	173	10.7
Valid responses =	262	16	1097	68	230	14	1622	4.8

Invalid responses include no response.

65B4) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Brain & nervous system disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	222	85	920	83	166	71	1331	81.1
2 Yes	40	15	193	17	67	29	311	18.9
Valid responses =	262	16	1113	68	233	14	1642	4.9

Invalid responses include no response.

65B5) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Hair, skin, nails disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	212	82	968	88	190	82	1398	86.0
2 Yes	47	18	135	12	41	18	228	14.0
Valid responses =	259	16	1103	68	231	14	1626	4.8

Invalid responses include no response.

65B6) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Digestive system disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	202	76	877	79	170	73	1274	77.4
2 Yes	65	24	234	21	63	27	372	22.6
Valid responses =	267	16	1111	67	233	14	1646	4.9

Invalid responses include no response.

65B7) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Endocrine system disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	241	94	1022	93	200	87	1490	92.2
2 Yes	15	6	76	7	29	13	126	7.8
Valid responses =	256	16	1098	68	229	14	1616	4.8

Invalid responses include no response.

65B8) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Eye/ear/nose/throat disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	219	85	980	89	206	90	1435	88.6
2 Yes	39	15	119	11	24	10	185	11.4
Valid responses =	258	16	1099	68	230	14	1620	4.8

Invalid responses include no response.

65B9) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Heart & vascular disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	236	92	981	89	204	88	1446	89.0
2 Yes	22	9	120	11	27	12	178	11.0
Valid responses =	258	16	1101	68	231	14	1624	4.8

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

65B10) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Infectious disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	243	95	1056	97	213	95	1541	96.1
2 Yes	14	5	31	3	12	5	62	3.9
Valid responses =	257	16	1087	68	225	14	1603	4.7

Invalid responses include no response.

65B11) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Mental health/psychological disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	213	83	844	77	143	61	1218	75.1
2 Yes	43	17	254	23	91	39	404	24.9
Valid responses =	256	16	1098	68	234	14	1622	4.8

Invalid responses include no response.

65B12) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Musculoskeletal disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	225	87	951	87	172	74	1372	84.4
2 Yes	33	13	148	14	62	27	253	15.6
Valid responses =	258	16	1099	68	234	14	1625	4.8

Invalid responses include no response.

65B13) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Reproductive system disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	243	95	980	89	195	85	1445	89.4
2 Yes	12	5	117	11	35	15	171	10.6
Valid responses =	255	16	1097	68	230	14	1616	4.8

Invalid responses include no response.

65B14) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Respiratory disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	235	92	1023	95	215	94	1502	93.9
2 Yes	21	8	59	6	13	6	97	6.1
Valid responses =	256	16	1082	68	228	14	1599	4.7

Invalid responses include no response.

65B15) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Sleep-wake disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	236	91	1013	93	197	87	1477	91.5
2 Yes	23	9	81	7	30	13	137	8.5
Valid responses =	259	16	1094	68	227	14	1614	4.8

Invalid responses include no response.

65B16) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Urinary system disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	249	97	1044	96	210	93	1532	95.6
2 Yes	8	3	42	4	16	7	71	4.4
Valid responses =	257	16	1086	68	226	14	1603	4.7

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

65B17) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Other ongoing or chronic condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	139	62	595	66	115	59	864	64.1
2 Yes	86	38	306	34	79	41	483	35.9
Valid responses =	225	17	901	67	194	14	1347	4.0

Invalid responses include no response.

65C1) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)
Anaphylaxis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	22	76	132	82	34	72	192	78.4
2 Yes	7	24	30	19	13	28	53	21.6
Valid responses =	29	12	162	66	47	19	245	0.7

Invalid responses include no response.

65C2) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)
Medication allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16	55	86	53	28	60	130	53.3
2 Yes	13	45	75	47	19	40	114	46.7
Valid responses =	29	12	161	66	47	19	244	0.7

Invalid responses include no response.

65C3) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)
Latex allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	25	86	143	89	34	77	207	86.3
2 Yes	4	14	17	11	10	23	33	13.8
Valid responses =	29	12	160	67	44	18	240	0.7

Invalid responses include no response.

65C4) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)
Insect/bee sting allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	22	76	135	85	37	80	199	82.6
2 Yes	7	24	24	15	9	20	42	17.4
Valid responses =	29	12	159	66	46	19	241	0.7

Invalid responses include no response.

65C5) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)
Immune deficiency

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	22	79	112	70	27	56	163	66.8
2 Yes	6	21	49	30	21	44	81	33.2
Valid responses =	28	11	161	66	48	20	244	0.7

Invalid responses include no response.

65C6) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)
Other allergic or immunologic condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	20	80	80	70	24	75	127	71.8
2 Yes	5	20	35	30	8	25	50	28.2
Valid responses =	25	14	115	65	32	18	177	0.5

Invalid responses include no response.



65D1) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Other allergic or immunologic condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	41	77	247	80	32	56	325	75.6
2 Yes	12	23	63	20	25	44	105	24.4
Valid responses =	53	12	310	72	57	13	430	1.3

Invalid responses include no response.

65D2) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Rheumatoid Arthritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	46	87	273	88	39	70	365	84.9
2 Yes	7	13	38	12	17	30	65	15.1
Valid responses =	53	12	311	72	56	13	430	1.3

Invalid responses include no response.

65D3) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Scleroderma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	48	92	302	98	50	91	408	96.2
2 Yes	4	8	5	2	5	9	16	3.8
Valid responses =	52	12	307	72	55	13	424	1.3

Invalid responses include no response.

65D4) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Systemic Lupus Erythematosus

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	44	85	277	88	45	83	374	87.0
2 Yes	8	15	37	12	9	17	56	13.0
Valid responses =	52	12	314	73	54	13	430	1.3

Invalid responses include no response.

65D5) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Other autoimmune disorder not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	21	46	144	53	25	51	194	51.7
2 Yes	25	54	127	47	24	49	181	48.3
Valid responses =	46	12	271	72	49	13	375	1.1

Invalid responses include no response.

65E1) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Anemia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	38	46	39	8	31	63	36.8
2 Yes	13	62	73	61	18	69	108	63.2
Valid responses =	21	12	119	70	26	15	171	0.5

Invalid responses include no response.

65E2) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Hemophilia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15	88	107	98	15	75	139	92.7
2 Yes	2	12	2	2	5	25	11	7.3
Valid responses =	17	11	109	73	20	13	150	0.4

Invalid responses include no response.



65E3) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Hypercoagulable states

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16	84	102	94	16	73	136	88.3
2 Yes	3	16	7	6	6	27	18	11.7
Valid responses =	19	12	109	71	22	14	154	0.5

Invalid responses include no response.

65E4) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Platelet Conditions

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13	72	100	89	15	68	129	82.7
2 Yes	5	28	12	11	7	32	27	17.3
Valid responses =	18	12	112	72	22	14	156	0.5

Invalid responses include no response.

65E5) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Sickle Cell Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16	89	108	98	16	73	142	91.6
2 Yes	2	11	2	2	6	27	13	8.4
Valid responses =	18	12	110	71	22	14	155	0.5

Invalid responses include no response.

65E6) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Other blood condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	59	62	60	7	39	79	56.0
2 Yes	7	41	41	40	11	61	62	44.0
Valid responses =	17	12	103	73	18	13	141	0.4

Invalid responses include no response.

65F1) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Cerebral Palsy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	33	87	174	99	56	90	271	94.4
2 Yes	5	13	2	1	6	10	16	5.6
Valid responses =	38	13	176	61	62	22	287	0.9

Invalid responses include no response.

65F2) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Epilepsy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	30	77	144	80	52	81	233	79.5
2 Yes	9	23	36	20	12	19	60	20.5
Valid responses =	39	13	180	61	64	22	293	0.9

Invalid responses include no response.

65F3) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Seizure Conditions

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	28	74	142	81	49	78	226	78.7
2 Yes	10	26	34	19	14	22	61	21.3
Valid responses =	38	13	176	61	63	22	287	0.9

Invalid responses include no response.



65F4) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Multiple Sclerosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	32	82	172	97	53	86	265	92.0
2 Yes	7	18	5	3	9	15	23	8.0
Valid responses =	39	14	177	61	62	22	288	0.9

Invalid responses include no response.

65F5) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Other brain or nervous system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18	58	77	51	22	43	118	49.2
2 Yes	13	42	73	49	29	57	122	50.8
Valid responses =	31	13	150	63	51	21	240	0.7

Invalid responses include no response.

65G1) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Alopecia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	37	86	113	91	32	82	183	87.1
2 Yes	6	14	11	9	7	18	27	12.9
Valid responses =	43	20	124	59	39	19	210	0.6

Invalid responses include no response.

65G2) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Eczema

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	20	46	53	42	14	35	88	41.3
2 Yes	24	55	72	58	26	65	125	58.7
Valid responses =	44	21	125	59	40	19	213	0.6

Invalid responses include no response.

65G3) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Hirsutism

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	40	95	121	97	30	81	193	92.8
2 Yes	2	5	4	3	7	19	15	7.2
Valid responses =	42	20	125	60	37	18	208	0.6

Invalid responses include no response.

65G4) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Hyperhidrosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	38	88	116	93	31	84	187	89.5
2 Yes	5	12	9	7	6	16	22	10.5
Valid responses =	43	21	125	60	37	18	209	0.6

Invalid responses include no response.

65G5) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Photodermatitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	38	93	121	98	29	78	190	91.8
2 Yes	3	7	3	2	8	22	17	8.2
Valid responses =	41	20	124	60	37	18	207	0.6

Invalid responses include no response.



65G6) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Psoriasis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	31	76	88	69	26	67	147	69.3
2 Yes	10	24	40	31	13	33	65	30.7
Valid responses =	41	19	128	60	39	18	212	0.6

Invalid responses include no response.

65G7) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Vitiligo

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	36	88	121	98	30	81	189	91.7
2 Yes	5	12	3	2	7	19	17	8.3
Valid responses =	41	20	124	60	37	18	206	0.6

Invalid responses include no response.

65G8) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Other hair, skin, or nail condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23	64	75	72	15	50	113	65.7
2 Yes	13	36	29	28	15	50	59	34.3
Valid responses =	36	21	104	60	30	17	172	0.5

Invalid responses include no response.

65H1) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Crohn's Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	41	68	175	80	46	81	268	77.9
2 Yes	19	32	44	20	11	19	76	22.1
Valid responses =	60	17	219	64	57	17	344	1.0

Invalid responses include no response.

65H2) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Diverticular Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	53	91	206	97	49	86	314	93.5
2 Yes	5	9	7	3	8	14	22	6.5
Valid responses =	58	17	213	63	57	17	336	1.0

Invalid responses include no response.

65H3) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Esophageal Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	52	91	193	90	47	83	297	88.7
2 Yes	5	9	21	10	10	18	38	11.3
Valid responses =	57	17	214	64	57	17	335	1.0

Invalid responses include no response.

65H4) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Gallbladder Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	50	91	197	93	44	75	295	87.8
2 Yes	5	9	16	8	15	25	41	12.2
Valid responses =	55	16	213	63	59	18	336	1.0

Invalid responses include no response.



65H5) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Ulcerative Colitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	39	68	186	87	48	86	279	83.3
2 Yes	18	32	27	13	8	14	56	16.7
Valid responses =	57	17	213	64	56	17	335	1.0

Invalid responses include no response.

65H6) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Other digestive system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	33	65	112	61	21	44	170	58.8
2 Yes	18	35	72	39	27	56	119	41.2
Valid responses =	51	18	184	64	48	17	289	0.9

Invalid responses include no response.

65J1) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Hearing loss

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23	62	85	75	7	30	115	65.3
2 Yes	14	38	28	25	16	70	61	34.7
Valid responses =	37	21	113	64	23	13	176	0.5

Invalid responses include no response.

65J2) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Uveitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	31	89	103	95	17	77	152	89.9
2 Yes	4	11	6	6	5	23	17	10.1
Valid responses =	35	21	109	64	22	13	169	0.5

Invalid responses include no response.

65J3) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Vertigo

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27	79	90	78	9	41	127	73.0
2 Yes	7	21	25	22	13	59	47	27.0
Valid responses =	34	20	115	66	22	13	174	0.5

Invalid responses include no response.

65J4) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Other eye/ear/nose/throat condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	30	51	50	8	40	69	43.9
2 Yes	23	70	52	51	12	60	88	56.1
Valid responses =	33	21	103	66	20	13	157	0.5

Invalid responses include no response.

65K1) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Cardiac Arrhythmia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12	67	83	74	12	52	110	68.8
2 Yes	6	33	29	26	11	48	50	31.3
Valid responses =	18	11	112	70	23	14	160	0.5

Invalid responses include no response.



65K2) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Coronary Artery Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15	83	105	98	18	75	143	91.7
2 Yes	3	17	2	2	6	25	13	8.3
Valid responses =	18	12	107	69	24	15	156	0.5

Invalid responses include no response.

65K3) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Congenital Heart Condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	67	99	92	15	63	132	82.5
2 Yes	7	33	9	8	9	38	28	17.5
Valid responses =	21	13	108	68	24	15	160	0.5

Invalid responses include no response.

65K4) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Congestive Heart Failure

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16	89	103	97	18	72	142	91.0
2 Yes	2	11	3	3	7	28	14	9.0
Valid responses =	18	12	106	68	25	16	156	0.5

Invalid responses include no response.

65K5) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Heart Murmur

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12	71	85	77	13	54	112	70.9
2 Yes	5	29	25	23	11	46	46	29.1
Valid responses =	17	11	110	70	24	15	158	0.5

Invalid responses include no response.

65K6) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Valvular Heart Disease (for example: Mitral valve prolapse)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13	72	98	92	15	63	131	84.0
2 Yes	5	28	9	8	9	38	25	16.0
Valid responses =	18	12	107	69	24	15	156	0.5

Invalid responses include no response.

65K7) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Other heart or vascular condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	27	37	41	5	24	49	36.6
2 Yes	11	73	53	59	16	76	85	63.4
Valid responses =	15	11	90	67	21	16	134	0.4

Invalid responses include no response.

65L1) Have you ever been diagnosed with any of the following ongoing or chronic infectious diseases?

(only includes students that selected having an ongoing/chronic infectious disease not listed above)

Lyme Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11	79	28	90	3	30	43	74.1
2 Yes	3	21	3	10	7	70	15	25.9
Valid responses =	14	24	31	53	10	17	58	0.2

Invalid responses include no response.



65L2) Have you ever been diagnosed with any of the following ongoing or chronic infectious diseases?

(only includes students that selected having an ongoing/chronic infectious disease not listed above)

Other infectious disease not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	22	16	67	6	67	25	55.6
2 Yes	7	78	8	33	3	33	20	44.4
Valid responses =	9	20	24	53	9	20	45	0.1

Invalid responses include no response.

65N1) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Carpal Tunnel Syndrome

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	25	83	122	88	44	77	198	83.9
2 Yes	5	17	17	12	13	23	38	16.1
Valid responses =	30	13	139	59	57	24	236	0.7

Invalid responses include no response.

65N2) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Fibromyalgia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26	84	112	79	38	66	182	75.8
2 Yes	5	16	29	21	20	35	58	24.2
Valid responses =	31	13	141	59	58	24	240	0.7

Invalid responses include no response.

65N3) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Gout

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	28	93	138	100	50	91	224	96.1
2 Yes	2	7	0	0	5	9	9	3.9
Valid responses =	30	13	138	59	55	24	233	0.7

Invalid responses include no response.

65N4) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Muscular Dystrophy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	25	83	133	98	51	91	217	93.5
2 Yes	5	17	3	2	5	9	15	6.5
Valid responses =	30	13	136	59	56	24	232	0.7

Invalid responses include no response.

65N5) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Osteoarthritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23	77	120	85	45	78	196	82.0
2 Yes	7	23	21	15	13	22	43	18.0
Valid responses =	30	13	141	59	58	24	239	0.7

Invalid responses include no response.

65N6) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Osteoporosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	25	83	129	94	49	88	211	90.2
2 Yes	5	17	9	7	7	13	23	9.8
Valid responses =	30	13	138	59	56	24	234	0.7

Invalid responses include no response.



65N7) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Temporomandibular Joint Dysfunction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23	77	112	81	43	73	186	78.2
2 Yes	7	23	27	19	16	27	52	21.8
Valid responses =	30	13	139	58	59	25	238	0.7

Invalid responses include no response.

65N8) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Other musculoskeletal condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13	43	37	31	13	30	66	32.7
2 Yes	17	57	84	69	30	70	136	67.3
Valid responses =	30	15	121	60	43	21	202	0.6

Invalid responses include no response.

65O1) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Amenorrhea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	67	94	85	25	78	130	81.3
2 Yes	4	33	17	15	7	22	30	18.8
Valid responses =	12	8	111	69	32	20	160	0.5

Invalid responses include no response.

65O2) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Cervical Dysplasia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	75	110	99	25	76	147	91.3
2 Yes	3	25	1	1	8	24	14	8.7
Valid responses =	12	7	111	69	33	20	161	0.5

Invalid responses include no response.

65O3) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Premenstrual Syndrome (PMS), Premenstrual Dysphoric Disorder (PMDD), or painful periods (Dysmenorrhea)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	75	59	52	11	33	81	49.4
2 Yes	3	25	54	48	22	67	83	50.6
Valid responses =	12	7	113	69	33	20	164	0.5

Invalid responses include no response.

65O4) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Prostatitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	67	111	100	25	78	147	91.9
2 Yes	4	33	0	0	7	22	13	8.1
Valid responses =	12	8	111	69	32	20	160	0.5

Invalid responses include no response.

65O5) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Sexual Dysfunction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	42	98	89	26	77	132	82.0
2 Yes	7	58	12	11	8	24	29	18.0
Valid responses =	12	7	110	68	34	21	161	0.5

Invalid responses include no response.



65O6) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Other reproductive system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	33	53	56	13	50	70	52.6
2 Yes	6	67	41	44	13	50	63	47.4
Valid responses =	9	7	94	71	26	20	133	0.4

Invalid responses include no response.

65P1) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Cystic Fibrosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17	81	53	95	7	58	79	84.9
2 Yes	4	19	3	5	5	42	14	15.1
Valid responses =	21	23	56	60	12	13	93	0.3

Invalid responses include no response.

65P2) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Sarcoidosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	19	91	56	100	7	58	84	90.3
2 Yes	2	10	0	0	5	42	9	9.7
Valid responses =	21	23	56	60	12	13	93	0.3

Invalid responses include no response.

65P3) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Active Tuberculous

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	19	91	56	100	8	67	85	91.4
2 Yes	2	10	0	0	4	33	8	8.6
Valid responses =	21	23	56	60	12	13	93	0.3

Invalid responses include no response.

65P4) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Other respiratory system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11	65	35	73	1	11	47	61.0
2 Yes	6	35	13	27	8	89	30	39.0
Valid responses =	17	22	48	62	9	12	77	0.2

Invalid responses include no response.

65Q1) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Hypersomnolence

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12	63	58	78	18	62	88	71.0
2 Yes	7	37	16	22	11	38	36	29.0
Valid responses =	19	15	74	60	29	23	124	0.4

Invalid responses include no response.

65Q2) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Narcolepsy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12	57	52	70	16	57	80	64.0
2 Yes	9	43	22	30	12	43	45	36.0
Valid responses =	21	17	74	59	28	22	125	0.4

Invalid responses include no response.



65Q3) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Restless Leg Syndrome

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13	65	55	76	20	71	88	72.1
2 Yes	7	35	17	24	8	29	34	27.9
Valid responses =	20	16	72	59	28	23	122	0.4

Invalid responses include no response.

65Q4) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Sleep Paralysis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	74	56	79	18	62	88	72.7
2 Yes	5	26	15	21	11	38	33	27.3
Valid responses =	19	16	71	59	29	24	121	0.4

Invalid responses include no response.

65Q5) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Sleep Terrors (or night terrors)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16	80	52	73	17	59	85	69.7
2 Yes	4	20	19	27	12	41	37	30.3
Valid responses =	20	16	71	58	29	24	122	0.4

Invalid responses include no response.

65Q6) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Sleep Walking

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	70	64	90	21	72	99	81.1
2 Yes	6	30	7	10	8	28	23	18.9
Valid responses =	20	16	71	58	29	24	122	0.4

Invalid responses include no response.

65Q7) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Other sleep-wake condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11	73	50	81	9	45	70	71.4
2 Yes	4	27	12	19	11	55	28	28.6
Valid responses =	15	15	62	63	20	20	98	0.3

Invalid responses include no response.

65R1) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Bladder disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	63	37	95	6	38	50	74.6
2 Yes	3	38	2	5	10	63	17	25.4
Valid responses =	8	12	39	58	16	24	67	0.2

Invalid responses include no response.

65R2) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Kidney disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	63	31	80	8	53	46	69.7
2 Yes	3	38	8	21	7	47	20	30.3
Valid responses =	8	12	39	59	15	23	66	0.2

Invalid responses include no response.



65R3) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Kidney stone

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	75	31	80	9	64	48	72.7
2 Yes	2	25	8	21	5	36	18	27.3
Valid responses =	8	12	39	59	14	21	66	0.2

Invalid responses include no response.

65R4) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Urinary Incontinence

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	50	30	73	7	47	41	60.3
2 Yes	4	50	11	27	8	53	27	39.7
Valid responses =	8	12	41	60	15	22	68	0.2

Invalid responses include no response.

65R5) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Other urinary system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	50	24	77	5	50	32	66.7
2 Yes	2	50	7	23	5	50	16	33.3
Valid responses =	4	8	31	65	10	21	48	0.1

Invalid responses include no response.

65S1) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Type 1 Diabetes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	116	73	539	83	58	77	719	80.5
2 Yes	42	27	109	17	17	23	174	19.5
Valid responses =	158	18	648	73	75	8	893	2.6

Invalid responses include no response.

65S2) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Type 2 Diabetes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	109	71	504	77	59	82	680	76.0
2 Yes	45	29	153	23	13	18	215	24.0
Valid responses =	154	17	657	73	72	8	895	2.7

Invalid responses include no response.

65S3) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Pre-diabetes or insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	75	43	227	28	17	19	324	29.9
2 Yes	101	57	575	72	73	81	760	70.1
Valid responses =	176	16	802	74	90	8	1084	3.2

Invalid responses include no response.

65S4) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Gestational Diabetes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	142	97	586	93	62	93	799	93.2
2 Yes	5	3	46	7	5	8	58	6.8
Valid responses =	147	17	632	74	67	8	857	2.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

65T1) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)

Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1450	68	3409	54	425	70	5342	58.7
2 Yes	681	32	2872	46	186	30	3759	41.3
Valid responses =	2131	23	6281	69	611	7	9101	27.0

Invalid responses include no response.

65T2) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	509	43	680	25	141	22	1348	28.8
2 Yes	680	57	2093	76	500	78	3338	71.2
Valid responses =	1189	25	2773	59	641	14	4686	13.9

Invalid responses include no response.

R65T3) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)

Alcohol or Other Substance Use Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	65	55	118	62	25	46	210	56.8
2 Yes	53	45	73	38	29	54	160	43.2
Valid responses =	118	32	191	52	54	15	370	1.1

Invalid responses include no response.

65T4) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)

Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	658	71	1752	61	237	68	2674	63.7
2 Yes	273	29	1115	39	113	32	1524	36.3
Valid responses =	931	22	2867	68	350	8	4198	12.4

Invalid responses include no response.

65T5) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)

Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	771	73	1844	65	228	70	2874	67.0
2 Yes	290	27	1008	35	96	30	1413	33.0
Valid responses =	1061	25	2852	67	324	8	4287	12.7

Invalid responses include no response.

65T6) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1673	72	4063	64	505	72	6305	66.3
2 Yes	646	28	2336	37	195	28	3210	33.7
Valid responses =	2319	24	6399	67	700	7	9515	28.2

Invalid responses include no response.

65T7) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	557	35	2045	25	280	23	2913	26.3
2 Yes	1057	66	6057	75	955	77	8170	73.7
Valid responses =	1614	15	8102	73	1235	11	11083	32.8

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

65T8) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)

Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	915	69	1919	57	241	61	3104	60.0
2 Yes	413	31	1480	44	153	39	2067	40.0
Valid responses =	1328	26	3399	66	394	8	5171	15.3

Invalid responses include no response.

65T9) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)

Autism Spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	179	64	182	44	132	40	507	47.7
2 Yes	103	37	233	56	197	60	557	52.3
Valid responses =	282	27	415	39	329	31	1064	3.2

Invalid responses include no response.

65T10) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	51	40	147	28	37	28	238	29.9
2 Yes	78	61	379	72	95	72	559	70.1
Valid responses =	129	16	526	66	132	17	797	2.4

Invalid responses include no response.

65T11) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)

Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	22	42	95	33	28	28	147	32.7
2 Yes	31	59	191	67	74	73	303	67.3
Valid responses =	53	12	286	64	102	23	450	1.3

Invalid responses include no response.

65T12) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)

Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	30	49	64	35	13	46	108	39.4
2 Yes	31	51	118	65	15	54	166	60.6
Valid responses =	61	22	182	66	28	10	274	0.8

Invalid responses include no response.

65T13) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)

Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	28	48	95	40	18	46	144	41.9
2 Yes	30	52	142	60	21	54	200	58.1
Valid responses =	58	17	237	69	39	11	344	1.0

Invalid responses include no response.

65T14) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)

Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	125	34	470	27	108	32	721	28.9
2 Yes	242	66	1277	73	234	68	1777	71.1
Valid responses =	367	15	1747	70	342	14	2498	7.4

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

65T15) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	384	32	1518	27	255	23	2183	27.0
2 Yes	807	68	4144	73	854	77	5888	73.0
Valid responses =	1191	15	5662	70	1109	14	8071	23.9

Invalid responses include no response.

65T16) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	54	28	228	27	30	31	316	27.4
2 Yes	136	72	621	73	68	69	837	72.6
Valid responses =	190	16	849	74	98	8	1153	3.4

Invalid responses include no response.

65T17) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	72	55	739	49	138	53	961	49.9
2 Yes	58	45	767	51	125	48	964	50.1
Valid responses =	130	7	1506	78	263	14	1925	5.7

Invalid responses include no response.

65T18) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	73	187	36	22	34	219	36.3
2 Yes	3	27	336	64	42	66	385	63.7
Valid responses =	11	2	523	87	64	11	604	1.8

Invalid responses include no response.

65T19) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23	77	16	89	10	63	50	74.6
2 Yes	7	23	2	11	6	38	17	25.4
Valid responses =	30	45	18	27	16	24	67	0.2

Invalid responses include no response.

65T20) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	19	50	88	50	15	60	123	50.2
2 Yes	19	50	89	50	10	40	122	49.8
Valid responses =	38	16	177	72	25	10	245	0.7

Invalid responses include no response.

65T21) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	142	43	642	45	107	55	903	45.7
2 Yes	185	57	789	55	86	45	1072	54.3
Valid responses =	327	17	1431	72	193	10	1975	5.8

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

65T22) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	72	47	211	37	30	33	320	38.5
2 Yes	80	53	360	63	61	67	512	61.5
Valid responses =	152	18	571	69	91	11	832	2.5

Invalid responses include no response.

65T23) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17	57	25	68	5	36	48	57.1
2 Yes	13	43	12	32	9	64	36	42.9
Valid responses =	30	36	37	44	14	17	84	0.2

Invalid responses include no response.

65T24) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	117	33	162	27	29	41	312	29.7
2 Yes	241	67	449	74	42	59	740	70.3
Valid responses =	358	34	611	58	71	7	1052	3.1

Invalid responses include no response.

65T25) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	99	31	235	31	42	49	381	32.2
2 Yes	218	69	533	69	44	51	803	67.8
Valid responses =	317	27	768	65	86	7	1184	3.5

Invalid responses include no response.

65T26) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7	28	13	65	3	27	23	39.7
2 Yes	18	72	7	35	8	73	35	60.3
Valid responses =	25	43	20	34	11	19	58	0.2

Invalid responses include no response.

65T27) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	30	63	155	53	16	55	201	54.5
2 Yes	18	38	135	47	13	45	168	45.5
Valid responses =	48	13	290	79	29	8	369	1.1

Invalid responses include no response.

65T28) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	150	48	602	42	148	44	912	43.2
2 Yes	160	52	828	58	187	56	1201	56.8
Valid responses =	310	15	1430	68	335	16	2113	6.3

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

65T29) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	122	48	535	42	74	48	740	43.6
2 Yes	134	52	739	58	80	52	959	56.4
Valid responses =	256	15	1274	75	154	9	1699	5.0

Invalid responses include no response.

65T41) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Long COVID or having a Post-COVID Condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	68	64	235	52.2	42	47.2	348	53.3
2 Yes	39	36	215	47.8	47	52.8	305	46.7
Valid responses =	107	16	450	69	89	14	653	1.9

Invalid responses include no response.

65T30) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	270	58	1282	44	162	46	1735	45.8
2 Yes	194	42	1648	56	192	54	2052	54.2
Valid responses =	464	12	2930	77	354	9	3787	11.2

Invalid responses include no response.

65T31) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	129	45	480	31	115	35	736	33.4
2 Yes	155	55	1080	69	210	65	1470	66.6
Valid responses =	284	13	1560	71	325	15	2206	6.5

Invalid responses include no response.

65T32) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	71	326	28	33	29	373	28.8
2 Yes	4	29	823	72	80	71	920	71.2
Valid responses =	14	1	1149	89	113	9	1293	3.8

Invalid responses include no response.

65T33) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

PTSD (Posttraumatic Stress Disorder), Adjustment Disorder, or another trauma- or stressor-related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	89	37	513	32	122	32	736	32.3
2 Yes	149	63	1097	68	265	69	1542	67.7
Valid responses =	238	10	1610	71	387	17	2278	6.7

Invalid responses include no response.

65T34) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15	48	27	46	15	43	58	45.3
2 Yes	16	52	32	54	20	57	70	54.7
Valid responses =	31	24	59	46	35	27	128	0.4

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

65T35) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	116	44	184	46	27	40	331	44.6
2 Yes	147	56	217	54	41	60	411	55.4
Valid responses =	263	35	401	54	68	9	742	2.2

Invalid responses include no response.

65T36) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	37	35	158	20	26	28	223	21.9
2 Yes	69	65	653	81	66	72	797	78.1
Valid responses =	106	10	811	80	92	9	1020	3.0

Invalid responses include no response.

65T37) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	30	67	75	63	39	66	149	64.2
2 Yes	15	33	44	37	20	34	83	35.8
Valid responses =	45	19	119	51	59	25	232	0.7

Invalid responses include no response.

65T38) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	53	66	143	60	23	55	220	60.3
2 Yes	27	34	94	40	19	45	145	39.7
Valid responses =	80	22	237	65	42	12	365	1.1

Invalid responses include no response.

65T39) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	22	46	131	39	17	45	174	40.7
2 Yes	26	54	202	61	21	55	254	59.3
Valid responses =	48	11	333	78	38	9	428	1.3

Invalid responses include no response.

65T40) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Other ongoing or chronic condition not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	138	48	485	41	83	33	720	41.1
2 Yes	150	52	692	59	168	67	1032	58.9
Valid responses =	288	16	1177	67	251	14	1752	5.2

Invalid responses include no response.

65U2) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	80	12	205	10	62	12	357	10.7
2 Medicine only	346	51	814	39	151	30	1322	39.7
3 Therapy only	48	7	227	11	79	16	366	11.0
4 Both medicine and therapy	200	30	834	40	205	41	1270	38.1
5 Other Treatment	4	1	10	1	3	1	18	0.5
Valid responses =	678	20	2090	63	500	15	3333	9.9

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

R65U3) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Alcohol or Other Substance Use Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	8	15	14	20	6	21	31	19.7
2 Medicine only	3	6	3	4	1	4	7	4.5
3 Therapy only	21	40	37	52	17	61	76	48.4
4 Both medicine and therapy	15	28	15	21	3	11	33	21.0
5 Other Treatment	6	11	2	3	1	4	10	6.4
Valid responses =	53	34	71	45	28	18	157	0.5

Invalid responses include no response.

65U7) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	81	8	397	7	46	5	529	6.5
2 Medicine only	259	25	1330	22	156	16	1756	21.5
3 Therapy only	208	20	1323	22	210	22	1767	21.6
4 Both medicine and therapy	505	48	2972	49	540	57	4075	49.9
5 Other Treatment	4	0	27	0	3	0	35	0.4
Valid responses =	1057	13	6049	74	955	12	8162	24.2

Invalid responses include no response.

65U9) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Autism spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	28	27	61	27	65	33	161	29.1
2 Medicine only	14	14	17	7	4	2	36	6.5
3 Therapy only	32	31	106	46	106	54	256	46.3
4 Both medicine and therapy	26	25	44	19	19	10	91	16.5
5 Other Treatment	3	3	1	0	3	2	9	1.6
Valid responses =	103	19	229	41	197	36	553	1.6

Invalid responses include no response.

65U10) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	5	6	16	4	7	7	29	5.2
2 Medicine only	18	23	63	17	21	22	102	18.3
3 Therapy only	11	14	37	10	10	11	60	10.8
4 Both medicine and therapy	42	54	261	69	56	59	362	65.0
5 Other Treatment	2	3	0	0	1	1	4	0.7
Valid responses =	78	14	377	68	95	17	557	1.6

Invalid responses include no response.

65U11) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	4	13	23	12	7	10	35	11.6
2 Medicine only	6	19	14	7	6	8	26	8.6
3 Therapy only	7	23	43	23	24	32	77	25.6
4 Both medicine and therapy	13	42	107	57	35	47	157	52.2
5 Other Treatment	1	3	2	1	2	3	6	2.0
Valid responses =	31	10	189	63	74	25	301	0.9

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

65U15) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	45	6	198	5	39	5	288	4.9
2 Medicine only	163	20	840	20	135	16	1144	19.5
3 Therapy only	170	21	775	19	163	19	1125	19.1
4 Both medicine and therapy	423	53	2312	56	514	60	3302	56.2
5 Other Treatment	5	1	10	0	3	0	19	0.3
Valid responses =	806	14	4135	70	854	15	5878	17.4

Invalid responses include no response.

65U17) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	8	14	113	15	19	15	143	14.8
2 Medicine only	8	14	38	5	7	6	53	5.5
3 Therapy only	23	40	402	53	72	58	506	52.5
4 Both medicine and therapy	17	29	191	25	22	18	231	24.0
5 Other Treatment	2	3	22	3	5	4	30	3.1
Valid responses =	58	6	766	80	125	13	963	2.9

Invalid responses include no response.

65U19) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	2	29	0	0	2	33	5	31.3
2 Medicine only	1	14	1	100	0	0	2	12.5
3 Therapy only	2	29	0	0	2	33	4	25.0
4 Both medicine and therapy	2	29	0	0	1	17	3	18.8
5 Other Treatment	0	0	0	0	1	17	2	12.5
Valid responses =	7	44	1	6	6	38	16	0.0

Invalid responses include no response.

65U28) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	35	22	177	22	43	23	263	22.0
2 Medicine only	67	42	310	38	66	35	448	37.5
3 Therapy only	10	6	85	10	24	13	123	10.3
4 Both medicine and therapy	37	23	231	28	51	27	327	27.4
5 Other Treatment	10	6	19	2	3	2	33	2.8
Valid responses =	159	13	822	69	187	16	1194	3.5

Invalid responses include no response.

65U31) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	18	12	76	7	13	6	108	7.4
2 Medicine only	25	16	139	13	23	11	188	12.8
3 Therapy only	30	19	332	31	83	40	452	30.8
4 Both medicine and therapy	81	52	526	49	88	42	710	48.4
5 Other Treatment	1	1	5	1	3	1	10	0.7
Valid responses =	155	11	1078	73	210	14	1468	4.3

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

65U33) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor- related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	14	9	75	7	24	9	116	7.6
2 Medicine only	11	7	87	8	15	6	114	7.4
3 Therapy only	52	35	445	41	123	46	637	41.5
4 Both medicine and therapy	69	46	479	44	101	38	658	42.8
5 Other Treatment	3	2	5	1	2	1	11	0.7
Valid responses =	149	10	1091	71	265	17	1536	4.5

Invalid responses include no response.

65U34) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	0	0	2	7	4	20	7	10.1
2 Medicine only	2	13	7	23	1	5	10	14.5
3 Therapy only	1	6	5	16	4	20	10	14.5
4 Both medicine and therapy	12	75	16	52	10	50	38	55.1
5 Other Treatment	1	6	1	3	1	5	4	5.8
Valid responses =	16	23	31	45	20	29	69	0.2

Invalid responses include no response.

65U37) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	1	7	16	36	7	35	25	30.1
2 Medicine only	7	47	16	36	7	35	30	36.1
3 Therapy only	1	7	4	9	2	10	9	10.8
4 Both medicine and therapy	5	33	8	18	3	15	16	19.3
5 Other Treatment	1	7	0	0	1	5	3	3.6
Valid responses =	15	18	44	53	20	24	83	0.2

Invalid responses include no response.

65U38) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	7	26	26	28	7	37	42	29.2
2 Medicine only	8	30	21	23	2	11	31	21.5
3 Therapy only	2	7	9	10	5	26	16	11.1
4 Both medicine and therapy	6	22	28	30	3	16	39	27.1
5 Other Treatment	4	15	9	10	2	11	16	11.1
Valid responses =	27	19	93	65	19	13	144	0.4

Invalid responses include no response.

65W1) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	74	11	361	13	43	24	482	13.0
2 Yes	589	89	2473	87	140	77	3217	87.0
Valid responses =	663	18	2834	77	183	5	3699	11.0

Invalid responses include no response.

65W4) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	124	46	436	40	41	37	606	40.3
2 Yes	146	54	664	60	69	63	897	59.7
Valid responses =	270	18	1100	73	110	7	1503	4.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

65W5) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	82	29	298	30	27	28	410	29.5
2 Yes	204	71	694	70	69	72	982	70.5
Valid responses =	286	21	992	71	96	7	1392	4.1

Invalid responses include no response.

65W6) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	168	26	574	25	58	30	807	25.5
2 Yes	469	74	1722	75	136	70	2352	74.5
Valid responses =	637	20	2296	73	194	6	3159	9.4

Invalid responses include no response.

65W8) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	82	20	232	16	30	20	346	16.9
2 Yes	325	80	1233	84	120	80	1696	83.1
Valid responses =	407	29	1465	72	150	7	2042	6.0

Invalid responses include no response.

65W12) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	32	41	35	8	57	59	35.8
2 Yes	21	68	77	65	6	43	106	64.2
Valid responses =	31	19	118	72	14	8	165	0.5

Invalid responses include no response.

65W13) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13	43	53	38	7	33	76	38.2
2 Yes	17	57	88	62	14	67	123	61.8
Valid responses =	30	15	141	71	21	11	199	0.6

Invalid responses include no response.

65W14) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	40	17	242	19	62	27	352	20.0
2 Yes	196	83	1027	81	169	73	1408	80.0
Valid responses =	236	13	1269	72	231	13	1760	5.2

Invalid responses include no response.

65W16) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23	17	139	23	17	25	180	21.6
2 Yes	113	83	477	77	51	75	652	78.4
Valid responses =	136	16	616	74	68	8	832	2.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

65W18) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	101	30	13	31	114	29.8
2 Yes	3	100	233	70	29	69	269	70.2
Valid responses =	3	1	334	87	42	11	383	1.1

Invalid responses include no response.

65W20) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	11	20	23	5	50	27	22.3
2 Yes	17	90	69	78	5	50	94	77.7
Valid responses =	19	16	89	74	10	8	121	0.4

Invalid responses include no response.

65W21) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24	13	107	14	22	26	154	14.5
2 Yes	161	87	675	86	64	74	909	85.5
Valid responses =	185	17	782	74	86	8	1063	3.1

Invalid responses include no response.

65W22) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	36	45	102	28	21	35	162	31.8
2 Yes	44	55	257	72	39	65	347	68.2
Valid responses =	80	16	359	71	60	12	509	1.5

Invalid responses include no response.

65W23) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	27	6	50	4	50	13	39.4
2 Yes	8	73	6	50	4	50	20	60.6
Valid responses =	11	33	12	36	8	24	33	0.1

Invalid responses include no response.

65W24) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	58	24	88	20	16	38	163	22.2
2 Yes	181	76	358	80	26	62	572	77.8
Valid responses =	239	33	446	61	42	6	735	2.2

Invalid responses include no response.

65W25) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	91	42	241	46	22	50	355	44.5
2 Yes	125	58	289	55	22	50	443	55.5
Valid responses =	216	27	530	66	44	6	798	2.4

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

65W26) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	11	1	14	3	38	6	43.7
2 Yes	16	89	6	86	5	63	29	82.9
Valid responses =	18	51	7	20	8	23	35	0.1

Invalid responses include no response.

65W27) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	29	62	46	6	46	73	43.7
2 Yes	12	71	73	54	7	54	94	56.3
Valid responses =	17	10	135	81	13	8	167	0.5

Invalid responses include no response.

65W29) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	36	27	203	28	24	30	265	27.7
2 Yes	98	73	535	73	55	70	692	72.3
Valid responses =	134	14	738	77	79	8	957	2.8

Invalid responses include no response.

65W30) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	50	26	330	20	50	27	432	21.3
2 Yes	143	74	1303	80	139	74	1600	78.7
Valid responses =	193	9	1633	80	189	9	2032	6.0

Invalid responses include no response.

65W32) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	185	23	24	30	211	23.1
2 Yes	4	100	632	77	55	70	702	76.9
Valid responses =	4	0	817	89	79	9	913	2.7

Invalid responses include no response.

65W35) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	39	27	50	23	10	25	100	24.5
2 Yes	106	73	167	77	30	75	308	75.5
Valid responses =	145	36	217	53	40	10	408	1.2

Invalid responses include no response.

65W36) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12	17	115	18	16	24	144	18.2
2 Yes	57	83	532	82	50	76	647	81.8
Valid responses =	69	9	647	82	66	8	791	2.3

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

65W39) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	19	31	15	6	30	42	16.6
2 Yes	21	81	171	85	14	70	211	83.4
Valid responses =	26	10	202	80	20	8	253	0.7

Invalid responses include no response.

65X1) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	37	51	196	59	25	63	259	57.3
2 Yes	36	49	139	42	15	38	193	42.7
Valid responses =	73	16	335	74	40	9	452	1.3

Invalid responses include no response.

65X2) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	54	69	123	61	42	69	223	63.4
2 Yes	24	31	80	39	19	31	129	36.6
Valid responses =	78	22	203	58	61	17	352	1.0

Invalid responses include no response.

R65X3) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Alcohol or Other Substance Use Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	75	12	86	4	67	24	77.4
2 Yes	2	25	2	14	2	33	7	22.6
Valid responses =	8	26	14	45	6	19	31	0.1

Invalid responses include no response.

65X4) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	63	56	216	54	26	63	309	55.3
2 Yes	49	44	186	46	15	37	250	44.7
Valid responses =	112	20	402	72	41	7	559	1.7

Invalid responses include no response.

65X5) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	37	49	157	57	20	74	217	57.0
2 Yes	39	51	118	43	7	26	164	43.0
Valid responses =	76	20	275	72	27	7	381	1.1

Invalid responses include no response.

65X6) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	80	51	300	57	39	70	422	56.7
2 Yes	76	49	226	43	17	30	322	43.3
Valid responses =	156	21	526	71	56	8	744	2.2

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

65X7) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	38	65	263	67	38	83	356	67.8
2 Yes	28	35	130	33	8	17	169	32.2
Valid responses =	81	15	393	75	46	9	525	1.6

Invalid responses include no response.

65X8) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	38	52	126	58	21	75	186	57.8
2 Yes	35	48	93	43	7	25	136	42.2
Valid responses =	73	23	219	68	28	9	322	1.0

Invalid responses include no response.

65X9) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Autism spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	80	13	87	4	57	21	75.0
2 Yes	1	20	2	13	3	43	7	25.0
Valid responses =	5	18	15	54	7	25	28	0.1

Invalid responses include no response.

65X10) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	100	10	67	4	57	19	67.9
2 Yes	0	0	5	33	3	43	9	32.1
Valid responses =	5	18	15	54	7	25	28	0.1

Invalid responses include no response.

65X11) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	100	16	70	7	100	27	77.1
2 Yes	0	0	7	30	0	0	8	22.9
Valid responses =	4	11	23	66	7	20	35	0.1

Invalid responses include no response.

65X12) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	20	6	16	2	25	10	17.9
2 Yes	8	80	32	84	6	75	46	82.1
Valid responses =	10	18	38	68	8	14	56	0.2

Invalid responses include no response.

65X13) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	69	31	61	4	57	46	62.2
2 Yes	4	31	20	39	3	43	28	37.8
Valid responses =	13	18	51	69	7	9	74	0.2

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

65X14) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27	73	173	74	45	76	251	74.7
2 Yes	10	27	60	26	14	24	85	25.3
Valid responses =	37	11	233	69	59	18	336	1.0

Invalid responses include no response.

65X15) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27	60	126	65	27	71	183	64.7
2 Yes	18	40	69	35	11	29	100	35.3
Valid responses =	45	16	195	69	38	13	283	0.8

Invalid responses include no response.

65X16) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	44	65	49	12	71	87	50.3
2 Yes	13	57	67	51	5	29	86	49.7
Valid responses =	23	13	132	76	17	10	173	0.5

Invalid responses include no response.

65X17) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	75	68	61	11	61	86	61.4
2 Yes	2	25	43	39	7	39	54	38.6
Valid responses =	8	6	111	79	18	13	140	0.4

Invalid responses include no response.

65X18) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	68	71	12	100	80	74.1
2 Yes	0	0	28	29	0	0	28	25.9
Valid responses =	0	0	96	89	12	11	108	0.3

Invalid responses include no response.

65X19) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	0	0	2	100	4	80.0
2 Yes	0	0	0	0	0	0	1	20.0
Valid responses =	2	40	0	0	2	40	5	0.0

Invalid responses include no response.

65X20) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	50	5	26	2	40	8	30.8
2 Yes	1	50	14	74	3	60	18	69.2
Valid responses =	2	8	19	73	5	19	26	0.1

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

65X21) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15	71	59	57	16	76	90	61.6
2 Yes	6	29	44	43	5	24	56	38.4
Valid responses =	21	14	103	71	21	14	146	0.4

Invalid responses include no response.

65X22) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11	34	36	36	9	43	57	36.8
2 Yes	21	66	63	64	12	57	98	63.2
Valid responses =	32	21	99	64	21	14	155	0.5

Invalid responses include no response.

65X23) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	4	67	2	50	6	50.0
2 Yes	2	100	2	33	2	50	6	50.0
Valid responses =	2	17	6	50	4	33	12	0.0

Invalid responses include no response.

65X24) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24	44	39	49	11	73	75	49.7
2 Yes	31	56	41	51	4	27	76	50.3
Valid responses =	55	36	80	53	15	10	151	0.4

Invalid responses include no response.

65X25) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	38	44	92	41	16	73	146	43.5
2 Yes	48	56	135	60	6	27	190	56.5
Valid responses =	86	26	227	68	22	7	336	1.0

Invalid responses include no response.

65X26) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	0	0	3	100	5	83.3
2 Yes	0	0	1	100	0	0	1	16.7
Valid responses =	2	33	1	17	3	50	6	0.0

Invalid responses include no response.

65X27) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	40	9	15	5	83	16	22.9
2 Yes	3	60	50	85	1	17	54	77.1
Valid responses =	5	7	59	84	6	9	70	0.2

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

65X28) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	29	83	110	64	35	81	181	70.4
2 Yes	6	17	61	36	8	19	76	29.6
Valid responses =	35	14	171	67	43	17	257	0.8

Invalid responses include no response.

65X29) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	25	74	113	60	19	79	158	64.0
2 Yes	9	27	75	40	5	21	89	36.0
Valid responses =	34	14	188	76	24	10	247	0.7

Invalid responses include no response.

65X30) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	28	58	209	67	28	57	267	64.8
2 Yes	20	42	104	33	21	43	145	35.2
Valid responses =	48	12	313	76	49	12	412	1.2

Invalid responses include no response.

65X31) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13	72	51	67	10	77	74	68.5
2 Yes	5	28	25	33	3	23	34	31.5
Valid responses =	18	17	76	70	13	12	108	0.3

Invalid responses include no response.

65X32) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	109	62	19	91	130	65.3
2 Yes	0	0	67	38	2	10	69	34.7
Valid responses =	0	0	176	88	21	11	199	0.6

Invalid responses include no response.

65X33) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor-related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	77	58	78	21	91	91	80.5
2 Yes	3	23	16	22	2	9	22	19.5
Valid responses =	13	12	74	65	23	20	113	0.3

Invalid responses include no response.

65X34) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	100	3	75	5	71.4
2 Yes	0	0	0	0	1	25	2	28.6
Valid responses =	0	0	2	29	4	57	7	0.0

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

65X35) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	32	84	40	85	6	60	79	82.3
2 Yes	6	16	7	15	4	40	17	17.7
Valid responses =	38	40	47	49	10	10	96	0.3

Invalid responses include no response.

65X36) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	17	38	34	5	31	46	32.4
2 Yes	10	83	75	66	11	69	96	67.6
Valid responses =	12	8	113	80	16	11	142	0.4

Invalid responses include no response.

65X37) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	7	44	5	71	12	48.0
2 Yes	1	100	9	56	2	29	13	52.0
Valid responses =	1	4	16	64	7	28	25	0.1

Invalid responses include no response.

65X38) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	57	12	48	3	43	20	48.8
2 Yes	3	43	13	52	4	57	21	51.2
Valid responses =	7	17	25	61	7	17	41	0.1

Invalid responses include no response.

65X39) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	75	18	60	5	83	26	65.0
2 Yes	1	25	12	40	1	17	14	35.0
Valid responses =	4	10	30	75	6	15	40	0.1

Invalid responses include no response.

65Y) Within the last 12 months, to what extent did your ongoing or chronic condition(s) negatively affect your academic performance?

(only includes students with an ongoing or chronic condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	4140	72	10149	63	671	38	15076	63.2
2 Negatively impacted performance in a class	1343	23	5032	31	899	51	7386	30.9
3 Delayed progress towards degree	267	5	917	6	207	12	1406	5.9
Valid responses =	5750	24	16098	67	1777	7	23868	70.7

Invalid responses include no response.

66A) Within the last 12 months, have any of the following affected your academic performance?

Assault (physical)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	8966	98	20370	97	1938	95	31540	97.2
2 Did not affect academic performance	182	2	402	2	80	4	674	2.1
3 Negatively impacted performance in a class	28	0	111	1	25	1	167	0.5
4 Delayed progress towards degree	12	0	35	0	4	0	52	0.2
Valid responses =	9188	28	20918	64	2047	6	32433	96.1

Invalid responses include no response.



66B) Within the last 12 months, have any of the following affected your academic performance?

Assault (sexual)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	8971	98	19521	94	1837	90	30584	94.7
2 Did not affect academic performance	139	2	934	5	127	6	1215	3.8
3 Negatively impacted performance in a class	29	0	315	2	61	3	412	1.3
4 Delayed progress towards degree	11	0	66	0	15	1	92	0.3
Valid responses =	9150	28	20836	65	2040	6	32303	95.7

Invalid responses include no response.

66C) Within the last 12 months, have any of the following affected your academic performance?

Allergies

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	6227	68	12881	62	1101	54	20380	63.2
2 Did not affect academic performance	2628	29	7098	34	815	40	10634	33.0
3 Negatively impacted performance in a class	238	3	749	4	112	6	1109	3.4
4 Delayed progress towards degree	27	0	73	0	8	0	110	0.3
Valid responses =	9120	28	20801	65	2036	6	32233	95.5

Invalid responses include no response.

66D) Within the last 12 months, have any of the following affected your academic performance?

Anxiety

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	4776	52	6418	31	340	17	11613	36.1
2 Did not affect academic performance	2562	28	7557	36	654	32	10867	33.8
3 Negatively impacted performance in a class	1546	17	6077	29	902	45	8619	26.8
4 Delayed progress towards degree	233	3	700	3	124	6	1073	3.3
Valid responses =	9117	28	20752	65	2020	6	32172	95.3

Invalid responses include no response.

66E) Within the last 12 months, have any of the following affected your academic performance?

Attention-Deficit/Hyperactivity Disorder (ADHD) or Attention-Deficit Disorder (ADD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	7653	84	17003	82	1207	59	26040	80.5
2 Did not affect academic performance	607	7	1358	7	201	10	2199	6.8
3 Negatively impacted performance in a class	747	8	2117	10	534	26	3458	10.7
4 Delayed progress towards degree	151	2	385	2	104	5	651	2.0
Valid responses =	9158	28	20863	64	2046	6	32348	95.8

Invalid responses include no response.

66F) Within the last 12 months, have any of the following affected your academic performance?

Concussion or Traumatic Brain Injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	8951	98	20197	97	1933	95	31345	96.9
2 Did not affect academic performance	115	1	321	2	48	2	488	1.5
3 Negatively impacted performance in a class	83	1	312	2	51	3	454	1.4
4 Delayed progress towards degree	14	0	46	0	10	1	72	0.2
Valid responses =	9163	28	20876	65	2042	6	32359	95.8

Invalid responses include no response.

66S) Within the last 12 months, have any of the following affected your academic performance?

COVID-19

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	8021	88	17618	85	1585	78	27457	84.9
2 Did not affect academic performance	837	9	2198	11	278	14	3345	10.3
3 Negatively impacted performance in a class	264	3	921	4	168	8	1366	4.2
4 Delayed progress towards degree	33	0	117	1	15	1	167	0.5
Valid responses =	9155	28	20854	64	2046	6	32335	95.8

Invalid responses include no response.



66G) Within the last 12 months, have any of the following affected your academic performance?

Depression

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	6836	75	13195	64	675	33	20846	64.7
2 Did not affect academic performance	1132	12	3376	16	455	22	5014	15.6
3 Negatively impacted performance in a class	938	10	3533	17	764	37	5302	16.5
4 Delayed progress towards degree	228	3	663	3	150	7	1060	3.3
Valid responses =	9134	28	20767	64	2044	6	32222	95.4

Invalid responses include no response.

66H) Within the last 12 months, have any of the following affected your academic performance?

Eating disorder/problem

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	8533	94	17568	85	1481	73	27794	86.3
2 Did not affect academic performance	445	5	2455	12	405	20	3346	10.4
3 Negatively impacted performance in a class	120	1	634	3	135	7	906	2.8
4 Delayed progress towards degree	28	0	114	1	17	1	162	0.5
Valid responses =	9126	28	20771	64	2038	6	32208	95.4

Invalid responses include no response.

66I) Within the last 12 months, have any of the following affected your academic performance?

Headaches/migraines

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	7185	79	12856	62	1133	56	21353	66.5
2 Did not affect academic performance	1477	16	5189	25	523	26	7250	22.6
3 Negatively impacted performance in a class	384	4	2501	12	345	17	3266	10.2
4 Delayed progress towards degree	32	0	192	1	32	2	259	0.8
Valid responses =	9078	28	20738	65	2033	6	32128	95.2

Invalid responses include no response.

66J) Within the last 12 months, have any of the following affected your academic performance?

Influenza or influenza like illness (the flu)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	8086	88	18000	86	1731	85	28062	86.9
2 Did not affect academic performance	776	9	1879	9	200	10	2880	8.9
3 Negatively impacted performance in a class	266	3	898	4	101	5	1275	3.9
4 Delayed progress towards degree	18	0	46	0	6	0	70	0.2
Valid responses =	9146	28	20823	64	2038	6	32287	95.6

Invalid responses include no response.

66K) Within the last 12 months, have any of the following affected your academic performance?

Injury (for example: burn, sprain, or broken bone) excluding concussion or TBI

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	8131	89	18775	90	1745	86	28890	89.4
2 Did not affect academic performance	821	9	1585	8	198	10	2632	8.1
3 Negatively impacted performance in a class	173	2	420	2	82	4	683	2.1
4 Delayed progress towards degree	38	0	72	0	16	1	127	0.4
Valid responses =	9163	28	20852	64	2041	6	32332	95.8

Invalid responses include no response.

66L) Within the last 12 months, have any of the following affected your academic performance?

PMS (Premenstrual Syndrome), painful periods, or menstrual cramping

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	9128	100	12900	62	1319	65	23544	72.7
2 Did not affect academic performance	28	0	5561	27	437	21	6073	18.8
3 Negatively impacted performance in a class	7	0	2273	11	268	13	2581	8.0
4 Delayed progress towards degree	4	0	146	1	16	1	167	0.5
Valid responses =	9167	28	20880	65	2040	6	32365	95.9

Invalid responses include no response.



66M) Within the last 12 months, have any of the following affected your academic performance?

Post Traumatic Stress Disorder (PTSD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	8856	97	19173	92	1617	79	29881	92.7
2 Did not affect academic performance	147	2	967	5	234	12	1374	4.3
3 Negatively impacted performance in a class	101	1	481	2	156	8	751	2.3
4 Delayed progress towards degree	34	0	154	1	33	2	224	0.7
Valid responses =	9138	28	20775	64	2040	6	32230	95.5

Invalid responses include no response.

66N) Within the last 12 months, have any of the following affected your academic performance?

Short-term illness, excluding upper respiratory illness and influenza

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	7914	87	17231	83	1587	78	26966	83.5
2 Did not affect academic performance	922	10	2528	12	302	15	3786	11.7
3 Negatively impacted performance in a class	289	3	1021	5	146	7	1466	4.5
4 Delayed progress towards degree	17	0	59	0	5	0	81	0.3
Valid responses =	9142	28	20839	65	2040	6	32299	95.7

Invalid responses include no response.

66O) Within the last 12 months, have any of the following affected your academic performance?

Upper respiratory illness (for example: sinus infection, colds, or sore throat, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	7384	81	14571	70	1334	65	23489	72.6
2 Did not affect academic performance	1309	14	4335	21	451	22	6147	19.0
3 Negatively impacted performance in a class	435	5	1845	9	250	12	2557	7.9
4 Delayed progress towards degree	24	0	101	1	12	1	139	0.4
Valid responses =	9152	28	20852	64	2047	6	32332	95.8

Invalid responses include no response.

66P) Within the last 12 months, have any of the following affected your academic performance?

Sleep difficulties

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	5630	62	10862	52	721	35	17336	53.6
2 Did not affect academic performance	2031	22	5590	27	576	28	8266	25.6
3 Negatively impacted performance in a class	1343	15	4038	19	680	33	6140	19.0
4 Delayed progress towards degree	156	2	369	2	70	3	603	1.9
Valid responses =	9160	28	20859	64	2047	6	32345	95.8

Invalid responses include no response.

66Q) Within the last 12 months, have any of the following affected your academic performance?

Stress

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	3618	40	4762	23	307	15	8753	27.1
2 Did not affect academic performance	3189	35	8075	39	627	31	11978	37.0
3 Negatively impacted performance in a class	2065	23	7112	34	963	47	10248	31.7
4 Delayed progress towards degree	285	3	908	4	146	7	1359	4.2
Valid responses =	9157	28	20857	64	2043	6	32338	95.8

Invalid responses include no response.

66R) Within the last 12 months, have any of the following affected your academic performance?

Other issue not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	6431	98	13680	98	1293	94	21576	97.7
2 Did not affect academic performance	57	1	136	1	23	2	220	1.0
3 Negatively impacted performance in a class	32	1	126	1	35	3	200	0.9
4 Delayed progress towards degree	18	0	62	0	18	1	98	0.4
Valid responses =	6538	30	14004	63	1369	6	22094	65.4

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

67A) What sex were you assigned at birth?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Female	0	0	21188	100	1645	79	23003	70.1
2 Male	9293	100	0	0	419	20	9805	29.9
3 Intersex	5	0	1	0	14	1	21	0.1
Valid responses =	9298	28	21189	65	2078	6	32829	97.2

Invalid responses include no response.

67B) Do you identify as transgender?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9298	100	21189	100	814	39	31473	96.0
2 Yes	0	0	0	0	1264	61	1325	4.0
Valid responses =	9298	28	21189	65	2078	6	32798	97.1

Invalid responses include no response.

67C) Which term do you use to describe your gender identity?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Woman or female	0	0	21189	100	200	10	21416	65.3
2 Man or male	9298	100	0	0	170	8	9494	29.0
3 Trans woman	0	0	0	0	77	4	77	0.2
4 Trans man	0	0	0	0	212	10	212	0.6
5 Genderqueer	0	0	0	0	293	14	299	0.9
6 My identity is not listed	0	0	0	0	0	0	155	0.5
7 Agender	0	0	0	0	148	7	149	0.5
8 Genderfluid	0	0	0	0	243	12	245	0.7
9 Non-binary	0	0	0	0	728	35	732	2.2
10 Intersex	0	0	0	0	7	0	8	0.0
Valid responses =	9298	28	21189	65	2078	6	32787	97.1

Invalid responses include no response.

68) What term best describes your sexual orientation?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Asexual	69	1	418	2	257	12	775	2.4
2 Bisexual	478	5	3051	15	485	23	4047	12.4
3 Gay	586	6	28	0	101	5	717	2.2
4 Lesbian	2	0	757	4	196	9	979	3.0
5 Pansexual	76	1	470	2	278	13	846	2.6
6 Queer	45	1	509	2	428	21	1016	3.1
7 Questioning	112	1	539	3	46	2	702	2.2
9 Straight/Heterosexual	7848	85	15146	72	244	12	23323	71.5
10 My identity not listed above	36	0	120	1	40	2	223	0.7
Valid responses =	9252	28	21038	64	2075	6	32628	96.6

Invalid responses include no response.

69) How old are you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 18 Years	1725	19	4382	21	434	21	6597	20.3
2 19 Years	1602	17	3800	18	408	20	5852	18.0
3 20 Years	1251	14	3111	15	375	18	4787	14.8
4 21 Years	1134	12	2782	13	283	14	4230	13.0
5 22 Years	608	7	1393	7	150	7	2160	6.7
6 23 Years	439	5	844	4	72	4	1365	4.2
7 24 Years	383	4	673	3	62	3	1124	3.5
8 25 Years	284	3	543	3	47	2	881	2.7
9 26 to 30 Years	909	10	1502	7	124	6	2564	7.9
10 31 to 40 Years	597	7	1219	6	75	4	1904	5.9
11 41 or More Years	269	3	669	3	21	1	969	3.0
Valid responses =	9201	28	20918	64	2051	6	32433	96.1

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	22.68	21.00	6.33	18	70
Cis Women	22.35	20.00	6.44	18	80
Trans/Gender Non-conforming	21.29	20.00	4.81	18	81
Overall	22.38	20.00	6.33	18	81



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

71) What is your weight in pounds?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 51 to 100 Pounds	43	1	679	3	74	4	809	2.5
2 101 to 150 Pounds	2451	27	12447	61	1002	50	16006	50.2
3 151 to 200 Pounds	4769	52	5416	26	613	31	10886	34.1
4 201 to 250 Pounds	1392	15	1436	7	220	11	3079	9.7
5 251 to 300 Pounds	343	4	411	2	72	4	833	2.6
6 301 or More Pounds	127	1	141	1	23	1	291	0.9
Valid responses =	9125	29	20530	64	2004	6	31904	94.5

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	177.56	170.00	41.54	58	500
Cis Women	150.32	140.00	40.49	53	500
Trans/Gender Non-conforming	160.04	150.00	46.98	55	500
Overall	158.79	150.00	42.99	53	500

72) What is your year in school?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 1st year undergraduate	2402	26	5743	27	592	29	8834	26.9
2 2nd year undergraduate	1605	17	4052	19	436	21	6162	18.8
3 3rd year undergraduate	1442	16	3527	17	384	19	5410	16.5
4 4th year undergraduate	1081	12	2936	14	284	14	4349	13.2
5 5th year or more undergraduate	222	2	460	2	56	3	748	2.3
6 Master's (MA, MS, etc.)	1300	14	2410	11	176	9	3926	12.0
7 Doctorate (PhD, EdD, MD, JD, etc.)	1130	12	1689	8	124	6	2983	9.1
8 Not seeking a degree	25	0	82	0	6	0	115	0.4
9 Other (please specify):	67	1	235	1	14	1	320	1.0
Valid responses =	9274	28	21134	64	2072	6	32847	97.3

Invalid responses include no response.

73) What is your enrollment status?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Full-time	8527	92	19187	91	1902	92	29921	91.5
2 Part-time	668	7	1778	8	146	7	2626	8.0
3 Other	49	1	87	0	16	1	153	0.5
Valid responses =	9244	28	21052	64	2064	6	32700	96.9

Invalid responses include no response.

73A) I am taking classes this term:

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Entirely in-person	6775	73	13852	66	1491	72	22365	68.4
2 Entirely online	519	6	1736	8	111	5	2392	7.3
3 A mix of in-person and online classes	1941	21	5463	26	463	22	7937	24.3
Valid responses =	9235	28	21051	64	2065	6	32694	96.8

Invalid responses include no response.

73B1) How likely is it that you will:

Leave your school before graduating and transfer to another school?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very likely	276	3	624	3	61	3	975	3.0
2 Moderately likely	179	2	445	2	53	3	683	2.1
3 Slightly likely	400	4	973	5	100	5	1487	4.5
4 Slightly unlikely	369	4	795	4	105	5	1286	3.9
5 Moderately unlikely	934	10	1986	9	255	12	3225	9.9
6 Very unlikely	7091	77	16245	77	1492	72	25043	76.6
Valid responses =	9249	28	21068	64	2066	6	32699	96.8

Invalid responses include no response.



73B2) How likely is it that you will:

Leave your school before graduating without transferring to another school?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very likely	198	2.1	376	1.8	38	1.8	622	1.9
2 Moderately likely	115	1.2	206	1	35	1.7	360	1.1
3 Slightly likely	211	2	331	2	68	3	619	1.9
4 Slightly unlikely	258	2.8	516	2.5	98	4.7	890	2.7
5 Moderately unlikely	651	7	1227	5.8	192	9.3	2097	6.4
6 Very unlikely	7807	85	18378	87	1638	79	28071	86.0
Valid responses =	9240	28	21034	64	2069	6	32659	96.7

Invalid responses include no response.

73C1) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Lack of safe and/or affordable housing

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	903	83.6	1935	80	190	68.8	3060	80.2
2 Yes	177	16.4	485	20	86	31.2	756	19.8
Valid responses =	1080	28	2420	63	276	7	3816	11.3

Invalid responses include no response.

73C2) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Financial concerns other than housing

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	680	63.3	1395	57.6	139	50.5	2236	58.7
2 Yes	395	36.7	1028	42.4	136	49.5	1576	41.3
Valid responses =	1075	28	2423	64	275	7	3812	11.3

Invalid responses include no response.

73C3) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Need to take care of family members/children

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	940	87.5	2045	84.6	230	83.9	3245	85.4
2 Yes	134	12.5	371	15.4	44	16.1	555	14.6
Valid responses =	1074	28	2416	64	274	7	3800	11.3

Invalid responses include no response.

73C4) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Conflicts with work responsibilities/schedule

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	904	84.2	1981	82.3	213	77.5	3128	82.5
2 Yes	169	15.8	426	17.7	62	22.5	664	17.5
Valid responses =	1073	28	2407	63	275	7	3792	11.2

Invalid responses include no response.

73C5) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Ongoing physical and/or mental health issues

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	844	78.4	1729	71.9	127	46.7	2723	71.9
2 Yes	232	21.6	675	28.1	145	53.3	1066	28.1
Valid responses =	1076	28	2404	63	272	7	3789	11.2

Invalid responses include no response.

73C6) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Change in my academic plans and/or professional goals (e.g., institution doesn't have the academic program I want; I may not want my chosen degree anymore)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	603	55.7	1365	56.3	138	50	2124	55.6
2 Yes	479	44.3	1061	43.7	138	50	1697	44.4
Valid responses =	1082	28	2426	63	276	7	3821	11.3

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

73C7) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Poor academic performance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	886	82.3	1995	82.8	194	70.3	3106	81.8
2 Yes	190	17.7	414	17.2	82	29.7	693	18.2
Valid responses =	1076	28	2409	63	276	7	3799	11.3

Invalid responses include no response.

73C8) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Negative experience at my college/university

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	811	75.1	1737	72	183	66.5	2751	72.3
2 Yes	269	24.9	677	28	92	33.5	1054	27.7
Valid responses =	1080	28	2414	63	275	7	3805	11.3

Invalid responses include no response.

73C9) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

I don't feel like I fit in at my college/university

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	765	71	1564	64.8	172	62.3	2520	66.3
2 Yes	313	29	848	35.2	104	37.7	1283	33.7
Valid responses =	1078	28	2412	63	276	7	3803	11.3

Invalid responses include no response.

73C10) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Other (please specify)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	647	85.6	1398	90	150	82.4	2215	87.9
2 Yes	109	14.4	159	10	32	17.6	306	12.1
Valid responses =	756	30	1557	62	182	7	2521	7.5

Invalid responses include no response.

74A) Are you studying in the United States this semester/term?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	541	5.9	1304	6	136	6.6	2002	6.1
2 Yes	8692	94.1	19730	94	1926	93.4	30685	93.9
Valid responses =	9233	28	21034	64	2062	6	32687	96.8

Invalid responses include no response.

74B) Do you have a visa (for example: F-1, J-1, or M-1) to study or work in the United States? (only students that are studying in the U.S. this semester/term)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6320	75	15400	80	1644	88	23602	79.3
2 Yes	2153	25	3753	20	220	12	6179	20.7
Valid responses =	8473	28	19153	64	1864	6	29781	88.2

Invalid responses include no response.

74C) Would you need a visa (for example: F-1, J-1, or M-1) to study or work in the United States? (only students that are NOT studying in the U.S. this semester/term)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	406	77.8	1109	87.3	116	88.5	1644	84.7
2 Yes	116	22.2	161	12.7	15	11.5	298	15.3
Valid responses =	522	27	1270	65	131	7	1942	5.8

Invalid responses include no response.

75A1) How do you usually describe yourself? (Please select ALL that apply)

American Indian or Native Alaskan

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	9037	97	20686	98	2003	96	32912	97.5
1 Selected	261	3	503	2	75	4	851	2.5
Valid responses =	9298	28	21189	63	2078	6	33763	100.0

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

75A2) How do you usually describe yourself? (Please select ALL that apply)

Asian or Asian American

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	7156	77	17385	82	1766	85	27444	81.3
1 Selected	2142	23	3804	18	312	15	6319	18.7
Valid responses =	9298	28	21189	63	2078	6	33763	100.0

Invalid responses include no response.

75A3) How do you usually describe yourself? (Please select ALL that apply)

Black or African American

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	8548	92	18851	89	1911	92	30465	90.2
1 Selected	750	8	2338	11	167	8	3298	9.8
Valid responses =	9298	28	21189	63	2078	6	33763	100.0

Invalid responses include no response.

75A4) How do you usually describe yourself? (Please select ALL that apply)

Hispanic or Latino/a/x

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	8042	87	18010	85	1805	87	29016	85.9
1 Selected	1256	14	3179	15	273	13	4747	14.1
Valid responses =	9298	28	21189	63	2078	6	33763	100.0

Invalid responses include no response.

75A5) How do you usually describe yourself? (Please select ALL that apply)

Middle Eastern/North African (MENA) or Arab Origin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	9076	98	20824	98	2043	98	33136	98.1
1 Selected	222	2	365	2	35	2	627	1.9
Valid responses =	9298	28	21189	63	2078	6	33763	100.0

Invalid responses include no response.

75A6) How do you usually describe yourself? (Please select ALL that apply)

Native Hawaiian or Other Pacific Islander Native

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	9246	99	21115	100	2067	100	33621	99.6
1 Selected	52	1	74	0	11	1	142	0.4
Valid responses =	9298	28	21189	63	2078	6	33763	100.0

Invalid responses include no response.

75A7) How do you usually describe yourself? (Please select ALL that apply)

White

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3929	42	8699	41	621	30	14252	42.2
1 Selected	5369	58	12490	59	1457	70	19511	57.8
Valid responses =	9298	28	21189	63	2078	6	33763	100.0

Invalid responses include no response.

75A8) How do you usually describe yourself? (Please select ALL that apply)

Biracial or Multiracial

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	8917	96	20188	95	1900	91	32180	95.3
1 Selected	381	4	1001	5	178	9	1583	4.7
Valid responses =	9298	28	21189	63	2078	6	33763	100.0

Invalid responses include no response.

75A9) How do you usually describe yourself? (Please select ALL that apply)

Another Identity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	9138	98	20948	99	2057	99	33325	98.7
1 Selected	160	2	241	1	21	1	438	1.3
Valid responses =	9298	28	21189	63	2078	6	33763	100.0

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

75B1) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)
Mexican, Mexican American, Chicano

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	547	44	1070	34	110	40	1739	36.6
1 Selected	709	56	2109	66	163	60	3008	63.4
Valid responses =	1256	26	3179	67	273	6	4747	14.1

Invalid responses include no response.

75B2) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)
Puerto Rican

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1144	91	2933	92	240	88	4354	91.7
1 Selected	112	9	246	8	33	12	393	8.3
Valid responses =	1256	26	3179	67	273	6	4747	14.1

Invalid responses include no response.

75B3) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)
Cuban

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1217	97	3108	98	258	95	4620	97.3
1 Selected	39	3	71	2	15	6	127	2.7
Valid responses =	1256	26	3179	67	273	6	4747	14.1

Invalid responses include no response.

75B4) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)
Another Hispanic, Latino/a/x, or Spanish origin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	792	63	2244	71	191	70	3258	68.6
1 Selected	464	37	935	29	82	30	1489	31.4
Valid responses =	1256	26	3179	67	273	6	4747	14.1

Invalid responses include no response.

75C1) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)
East Asian (for example: Chinese, Japanese, or Korean)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1136	53	1842	48	145	47	3156	49.9
1 Selected	1006	47	1962	52	167	54	3163	50.1
Valid responses =	2142	34	3804	60	312	5	6319	18.7

Invalid responses include no response.

75C2) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)
Southeast Asian (for example: Cambodian, Vietnamese, Hmong, or Filipino)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1778	83	3035	80	237	76	5101	80.7
1 Selected	364	17	769	20	75	24	1218	19.3
Valid responses =	2142	34	3804	60	312	5	6319	18.7

Invalid responses include no response.

75C3) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)
South Asian (for example: Indian, Pakistani, Nepalese, or Sri Lankan)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1351	63	2678	70	232	74	4299	68.0
1 Selected	791	37	1126	30	80	26	2020	32.0
Valid responses =	2142	34	3804	60	312	5	6319	18.7

Invalid responses include no response.

75C4) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)
Other Asian

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2103	98	3729	98	308	99	6199	98.1
1 Selected	39	2	75	2	4	1	120	1.9
Valid responses =	2142	34	3804	60	312	5	6319	18.7

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

76) What is your relationship status?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not in a relationship	5403	58	11119	53	1125	54	17853	54.4
2 In relationship not married/partnered	3010	33	8142	39	825	40	12099	36.9
3 Married/partnered	846	9	1847	9	120	6	2856	8.7
Valid responses =	9259	28	21108	64	2070	6	32808	97.2

Invalid responses include no response.

77A) Are you a member of a social fraternity or sorority?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8735	94	19789	94	2006	97	30881	94.1
2 Yes	524	6	1322	6	64	3	1931	5.9
Valid responses =	9259	28	21111	64	2070	6	32812	97.2

Invalid responses include no response.

77B) Do you live in a fraternity or sorority residence?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9150	99	20899	99	2056	99	32464	99.0
2 Yes	106	1	212	1	15	1	342	1.0
Valid responses =	9256	28	21111	64	2071	6	32806	97.2

Invalid responses include no response.

78) Where do you currently live? (only includes students that do not live in a fraternity/sorority residence)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Campus/university housing	4132	45	9787	47	1147	56	15245	46.9
2 Parent/guardian/other family member's home	1122	12	2764	13	259	13	4193	12.9
3 Off-campus/non-university housing	3776	41	7984	38	619	30	12528	38.5
4 Temporarily with relative, friend, couch surfing	35	0	82	0	19	1	141	0.4
5 Don't have a place to live	8	0	14	0	6	0	32	0.1
6 Other (please specify)	84	1	284	1	10	1	385	1.2
Valid responses =	9157	28	20915	64	2060	6	32524	96.3

Invalid responses include no response.

79_1) What is your primary source of health insurance? (select all that apply)

I have a college/university Student Health Insurance Plan

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	6868	73.9	17233	81.3	1722	82.9	26924	79.7
1 Selected	2430	26.1	3956	18.7	356	17.1	6839	20.3
Valid responses =	9298	28	21189	63	2078	6	33763	100.0

Invalid responses include no response.

79_2) What is your primary source of health insurance? (select all that apply)

I have health insurance through my parent/guardian (or their employer)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	4093	44	8313	39.2	699	33.6	14118	41.8
1 Selected	5205	56	12876	60.8	1379	66.4	19645	58.2
Valid responses =	9298	28	21189	63	2078	6	33763	100.0

Invalid responses include no response.

79_3) What is your primary source of health insurance? (select all that apply)

I have health insurance through my employer (or my spouse/partner's employer)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	8721	93.8	19660	92.8	1996	96.1	31556	93.5
1 Selected	577	6.2	1529	7.2	82	3.9	2207	6.5
Valid responses =	9298	28	21189	63	2078	6	33763	100.0

Invalid responses include no response.

79_4) What is your primary source of health insurance? (select all that apply)

I have health insurance through Medicaid, Medicare, or VA/Tricare

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	8613	92.6	19150	90.4	1854	89.2	30775	91.2
1 Selected	685	7.4	2039	9.6	224	10.8	2988	8.8
Valid responses =	9298	28	21189	63	2078	6	33763	100.0

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

79_5) What is your primary source of health insurance? (select all that apply)

I have health insurance that was purchased from the exchange or an insurance carrier directly

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	9153	98.4	20936	98.8	2049	98.6	33326	98.7
1 Selected	145	1.6	253	1.2	29	1.4	437	1.3
Valid responses =	9298	28	21189	63	2078	6	33763	100.0

Invalid responses include no response.

79_9) What is your primary source of health insurance? (select all that apply)

I have health insurance through an embassy or sponsoring agency for international students

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	9266	99.7	21156	99.8	2073	99.8	33687	99.8
1 Selected	32	0.3	33	0.2	5	0.2	76	0.2
Valid responses =	9298	28	21189	63	2078	6	33763	100.0

Invalid responses include no response.

79_10) What is your primary source of health insurance? (select all that apply)

I have health insurance through another source (please specify)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	9183	98.8	20855	98.4	2056	98.9	33279	98.6
1 Selected	115	1.2	334	1.6	22	1.1	484	1.4
Valid responses =	9298	28	21189	63	2078	6	33763	100.0

Invalid responses include no response.

79_8) What is your primary source of health insurance? (select all that apply)

I have health insurance, but I don't know the primary source

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	9079	97.6	20726	97.8	2051	98.7	33045	97.9
1 Selected	219	2.4	463	2.2	27	1.3	718	2.1
Valid responses =	9298	28	21189	63	2078	6	33763	100.0

Invalid responses include no response.

79_6) What is your primary source of health insurance? (select all that apply)

I don't have health insurance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	9129	98.2	20738	97.9	2032	97.8	33088	98.0
1 Selected	169	1.8	451	2.1	46	2.2	675	2.0
Valid responses =	9298	28	21189	63	2078	6	33763	100.0

Invalid responses include no response.

79_7) What is your primary source of health insurance? (select all that apply)

I don't know if I have health insurance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	9139	98.3	20966	98.9	2050	98.7	33345	98.8
1 Selected	169	1.7	223	1.1	28	1.3	418	1.2
Valid responses =	9298	28	21189	63	2078	6	33763	100.0

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

80) What is your approximate cumulative grade average?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 A+	1178	13	2464	12	194	9	3884	11.9
2 A	2955	32	7270	35	655	32	10996	33.7
3 A-	1856	20	4158	20	406	20	6488	19.9
4 B+	1153	13	2437	12	223	11	3846	11.8
5 B	855	9	2046	10	220	11	3148	9.6
6 B-	332	4	753	4	91	4	1189	3.6
7 C+	223	2	413	2	56	3	698	2.1
8 C	144	2	322	2	51	3	522	1.6
9 C-	53	1	115	1	31	2	202	0.6
10 D+	23	0	31	0	5	0	59	0.2
11 D	12	0	34	0	6	0	52	0.2
12 D-	6	0	16	0	6	0	28	0.1
13 F	9	0	19	0	7	0	36	0.1
14 N/A	437	5	903	4	111	5	1479	4.5
Valid responses =	9236	28	20981	64	2062	6	32627	96.6

Invalid responses include no response.

81A) Do you participate in organized college athletics at any of the following levels?

Varsity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8365	93	19570	94	1979	97	30201	94.1
2 Yes	663	7	1166	6	53	3	1902	5.9
Valid responses =	9028	28	20736	65	2032	6	32103	95.1

Invalid responses include no response.

81B) Do you participate in organized college athletics at any of the following levels?

Club Sports

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7760	86	18851	91	1848	91	28719	89.6
2 Yes	1251	14	1846	9	191	9	3336	10.4
Valid responses =	9011	28	20697	65	2039	6	32055	94.9

Invalid responses include no response.

81C) Do you participate in organized college athletics at any of the following levels?

Intramurals

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6873	76	18247	89	1902	94	27284	85.5
2 Yes	2157	24	2319	11	127	6	4641	14.5
Valid responses =	9030	28	20566	64	2029	6	31925	94.6

Invalid responses include no response.

82A) Do you have any of the following?

Attention-Deficit/Hyperactivity Disorder (ADD or ADHD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7827	85	17622	84	1289	63	26936	83.2
2 Yes	1341	15	3265	16	749	37	5446	16.8
Valid responses =	9168	28	20887	65	2038	6	32382	95.9

Invalid responses include no response.

82B) Do you have any of the following?

Autism Spectrum Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8822	97	20272	97	1526	75	30852	95.5
2 Yes	324	4	567	3	505	25	1445	4.5
Valid responses =	9146	28	20839	65	2031	6	32297	95.7

Invalid responses include no response.

82C) Do you have any of the following?

Deaf/Hearing loss

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8918	98	20418	98	1915	95	31525	97.7
2 Yes	218	2	400	2	102	5	733	2.3
Valid responses =	9136	28	20818	65	2017	6	32258	95.5

Invalid responses include no response.



82D) Do you have any of the following?

Learning disability

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8759	96	19759	95	1786	88	30558	94.9
2 Yes	354	4	1009	5	235	12	1631	5.1
Valid responses =	9113	28	20768	65	2021	6	32189	95.3

Invalid responses include no response.

82E) Do you have any of the following?

Mobility/Dexterity disability

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9029	99	20508	99	1847	91	31652	98.1
2 Yes	106	1	316	2	173	9	613	1.9
Valid responses =	9135	28	20824	65	2020	6	32265	95.6

Invalid responses include no response.

82F) Do you have any of the following?

Blind/Low Vision

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8832	97	19882	96	1910	95	30896	95.8
2 Yes	298	3	916	4	110	5	1339	4.2
Valid responses =	9130	28	20798	65	2020	6	32235	95.5

Invalid responses include no response.

82G) Do you have any of the following?

Speech or language disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9001	99	20594	99	1952	97	31821	98.8
2 Yes	114	1	186	1	67	3	376	1.2
Valid responses =	9115	28	20780	65	2019	6	32197	95.4

Invalid responses include no response.

83) Are you currently or have you been a member of the Armed Services?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8894	97	20773	99	2020	98	31980	98.2
2 Yes, have served in area of hazardous duty	132	1	62	0	16	1	217	0.7
3 Yes, have not served in area hazardous duty	181	2	153	1	20	1	360	1.1
Valid responses =	9207	28	20988	64	2056	6	32557	96.4

Invalid responses include no response.

84) What is the highest level of education completed by either of your parents (or guardians)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not finish high school	355	4	1017	5	56	3	1436	4.4
2 High school diploma or GED	1431	16	3638	17	295	14	5422	16.6
3 Attended college but no degree	525	6	1615	8	205	10	2364	7.2
4 Associate's degree	574	6	1609	8	148	7	2352	7.2
5 Bachelor's degree	2529	27	5427	26	496	24	8523	26.1
6 Master's degree	2374	26	5023	24	520	25	7994	24.5
7 Doctoral or professional degree (PhD, EdD, MD, JD, etc.)	1273	14	2411	12	311	15	4047	12.4
8 Don't know	153	2	281	1	32	2	474	1.5
Valid responses =	9214	28	21021	64	2063	6	32612	96.6

Invalid responses include no response.

85) Are you a parent of a child under the age of 18 or do you have primary responsibility for someone else's child/children under the age of 18?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8723	95	19539	93	1987	97	30540	93.7
2 Yes	492	5	1472	7	72	4	2056	6.3
Valid responses =	9215	28	21011	64	2059	6	32596	96.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

HT_INCH Height in Inches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 36 or Less Inches	0	0	0	0	0	0	0	0.0
2 37 to 48 Inches	0	0	2	0	0	0	2	0.0
3 49 to 60 Inches	11	0	1319	6	100	5	1441	4.5
4 61 to 72 Inches	7161	79	19261	93	1837	91	28485	89.0
5 73 to 84 Inches	1863	21	84	0	85	4	2051	6.4
6 85 or More Inches	8	0	8	0	5	0	21	0.1
Valid responses =	9043	28	20674	65	2027	6	32000	94.8

Invalid responses include no response.

Due to the improbability of a student surviving a drinking episode resulting in an extremely high BAC, all students with a BAC of .50% or higher are omitted from the BAC figures in this report. BAC is an estimated figure based on the reported number of drinks consumed during the last time they drank alcohol in a social setting, their approximate time of consumption, sex, weight, and the average rate of ethanol metabolism. The BAC variable has only been altered for this report, and remains unchanged in the data file.

BAC Estimated Blood Alcohol Content

	Mean	Median	Std Dev	Min	Max
Cis Men	0.04	0.02	0.06	0	0.47
Cis Women	0.04	0.02	0.06	0	0.49
Trans/Gender Non-conforming	0.04	0.02	0.05	0	0.36
Overall	0.04	0.02	0.06	0	0.49

BAC Estimated Blood Alcohol Content

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0% Alcohol	2112	40	4029	33	435	38	6618	35.0
1 .01 to .05% Alcohol	1873	36	5030	41	449	40	7393	39.1
2 .06 to .07% Alcohol	372	7	926	8	66	6	1369	7.2
3 .08 to .09% Alcohol	250	5	672	5	57	5	983	5.2
4 .10 to .15% Alcohol	428	8	1182	10	77	7	1692	8.9
5 .16 to .20% Alcohol	147	3	333	3	32	3	513	2.7
6 .21 to .25% Alcohol	52	1	130	1	11	1	197	1.0
7 .26 to .30% Alcohol	27	1	56	1	4	0	88	0.5
8 .31 to .49% Alcohol	19	0	51	0	3	0	74	0.4
Valid responses =	5280	28	12409	66	1134	6	18927	56.1

Invalid responses include no response.

RBAC1 Recoded Estimated Blood Alcohol Content .08%

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Less than .08%	4357	83	9985	81	950	84	15380	81.3
1 .08% or higher	923	18	2424	20	184	16	3547	18.7
Valid responses =	5280	28	12409	66	1134	6	18927	56.1

Invalid responses include no response.

RBAC2 Recoded Estimated Blood Alcohol Content .1%

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Less than .1%	4607	87	10657	86	1007	89	16363	86.5
1 .1% or higher	673	13	1752	14	127	11	2564	13.5
Valid responses =	5280	28	12409	66	1134	6	18927	56.1

Invalid responses include no response.

BMI Body Mass Index

	Mean	Median	Std Dev	Min	Max
Cis Men	25.27	24.00	5.5	7	118
Cis Women	25.35	24.00	6.52	6	89
Trans/Gender Non-conforming	25.93	24.00	7.17	5	84
Overall	25.36	24.00	6.29	5	118

RBMI Body Mass Index Classifications

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Underweight (<18.5)	375	4	1154	6	145	7	1698	5.4
2 Desired weight (18.5- 24.9)	4646	52	11188	55	982	49	16930	53.6
3 Overweight (25- 29.9)	2656	30	4186	21	388	20	7288	23.1
4 Class I obesity (30- 34.9)	815	9	2113	10	271	14	3226	10.2
5 Class II obesity (35- 39.9)	330	4	952	5	101	5	1395	4.4
6 Class III obesity (>=40)	175	2	761	4	100	5	1045	3.3
Valid responses =	8997	28	20354	64	1987	6	31582	93.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

USDAFI USDA Food Security Score

	Mean	Median	Std Dev	Min	Max
Cis Men	1.65	1.00	2.11	0	6
Cis Women	1.87	1.00	2.16	0	6
Trans/Gender Non-conforming	2.27	1.00	2.32	0	6
Overall	1.84	1.00	2.16	0	6

RUSDAFI USDA Food Security Category

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very low food security (5-6)	1488	16	3910	19	508	25	6051	18.5
2 Low food security (2-4)	1985	22	5129	25	509	25	7808	23.9
3 High or marginal food security (0-1)	5701	62	11833	57	1028	50	18877	57.7
Valid responses =	9174	28	20872	64	2045	6	32736	97.0

Invalid responses include no response.

KESSLER6 Kessler 6 (K6) Non-Specific Psychological Distress Score

	Mean	Median	Std Dev	Min	Max
Cis Men	7.04	6.00	5.02	0	24
Cis Women	8.31	8.00	5.14	0	24
Trans/Gender Non-conforming	11.23	11.00	5.31	0	24
Overall	8.15	7.00	5.23	0	24

RKESSLER6 Recoded Kessler 6 (K6) Non-Specific Psychological Distress

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No or low psychological distress (0-12)	7844	86	16600	80	1256	62	26015	80.4
3 Serious psychological distress (13-24)	1282	14	4170	20	783	38	6348	19.6
Valid responses =	9126	28	20770	64	2039	6	32363	95.9

Invalid responses include no response.

ULS3 UCLA Loneliness Scale Score

	Mean	Median	Std Dev	Min	Max
Cis Men	5.21	5.00	1.89	3	9
Cis Women	5.37	5.00	1.85	3	9
Trans/Gender Non-conforming	6.04	6.00	1.89	3	9
Overall	5.37	5.00	1.88	3	9

RULS3 Recoded UCLA Loneliness Scale

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Negative for loneliness (3-5)	5093	55	10892	52	801	39	16976	51.8
2 Positive for loneliness (6-9)	4150	45	10145	48	1260	61	15818	48.2
Valid responses =	9243	28	21037	64	2061	6	32794	97.1

Invalid responses include no response.

SBQR Suicide Behavior Questionnaire-Revised (SBQR) Screening Score

	Mean	Median	Std Dev	Min	Max
Cis Men	4.75	3.00	2.76	3	18
Cis Women	5.04	3.00	2.92	3	18
Trans/Gender Non-conforming	7.92	8.00	3.81	3	18
Overall	5.15	3.00	3.04	3	18

RSBQR Recoded Suicide Behavior Questionnaire-Revised (SBQR)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Negative for suicidal screening (3-6)	7408	80	15970	76	824	40	24454	74.9
2 Positive for suicidal screening (7-18)	1813	20	5009	24	1226	60	8201	25.1
Valid responses =	9221	28	20979	64	2050	6	32655	96.7

Invalid responses include no response.

DIENER Diener Flourishing Score

	Mean	Median	Std Dev	Min	Max
Cis Men	44.56	47.00	9.11	8	56
Cis Women	45.50	47.00	8.14	8	56
Trans/Gender Non-conforming	40.69	42.00	9.63	8	56
Overall	44.87	47.00	8.67	8	56

CDRISC2 Connor-Davidson Resilience Scale 2 (CD-RISC2) Score

	Mean	Median	Std Dev	Min	Max
Cis Men	6.20	6.00	1.57	0	8
Cis Women	5.94	6.00	1.56	0	8
Trans/Gender Non-conforming	5.36	5.00	1.71	0	8
Overall	5.97	6.00	1.59	0	8



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

SSISTOBACCO ASSIST SSIS TOBACCO SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	7.27	4.00	8.12	0	31
Cis Women	7.23	3.00	8.26	0	31
Trans/Gender Non-conforming	7.96	5.00	8.86	0	31
Overall	7.33	3.00	8.28	0	31

TOBACCORISK ASSIST Tobacco Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	1293	50	2749	51	278	49	4360	50.2
2 Moderate Risk (4-26)	1232	48	2504	46	264	47	4073	46.9
3 High Risk (27-39)	70	3	158	3	24	4	256	2.9
Valid responses =	2595	30	5411	62	566	7	8689	25.7

Invalid responses include no response.

SSISALCOHOL ASSIST SSIS ALCOHOL SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	6.52	4.00	6.02	0	39
Cis Women	6.04	5.00	5.38	0	38
Trans/Gender Non-conforming	6.01	5.00	6.03	0	39
Overall	6.19	5.00	5.65	0	39

ALCOHOLRISK ASSIST Alcohol Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-10)	4531	83	11180	86	1114	85	17018	84.9
2 Moderate Risk (11-26)	804	15	1717	13	178	14	2741	13.7
3 High Risk (27-39)	103	2	139	1	27	2	283	1.4
Valid responses =	5438	27	13036	65	1319	7	20042	59.4

Invalid responses include no response.

SSISCANNABIS ASSIST SSIS CANNABIS SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	6.15	3.00	7.92	0	39
Cis Women	5.32	3.00	6.88	0	39
Trans/Gender Non-conforming	7.14	5.00	8.21	0	39
Overall	5.74	3.00	7.35	0	39

CANNABISRISK ASSIST Cannabis Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	1624	55	3858	56	465	47	6016	54.6
2 Moderate Risk (4-26)	1222	41	2916	42	476	48	4679	42.4
3 High Risk (27-39)	118	4	158	2	44	5	330	3.0
Valid responses =	2964	27	6932	63	985	9	11025	32.7

Invalid responses include no response.

SSISCOCAINE ASSIST SSIS COCAINE SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	3.35	0.00	6.56	0	33
Cis Women	2.64	0.00	5.45	0	34
Trans/Gender Non-conforming	7.02	1.00	10.46	0	39
Overall	3.43	0.00	6.8	0	39

COCAINERISK ASSIST Cocaine Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	298	78	440	78	50	61	799	76.2
2 Moderate Risk (4-26)	74	19	112	20	25	31	218	20.8
3 High Risk (27-39)	10	3	9	2	7	9	31	3.0
Valid responses =	382	36	561	54	82	8	1048	3.1

Invalid responses include no response.

SSISMETH ASSIST SSIS METHAMPHETAMINE SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	6.18	0.00	10.32	0	33
Cis Women	3.67	0.00	7.13	0	33
Trans/Gender Non-conforming	12.24	6.00	13.4	0	39
Overall	6.28	0.00	10.29	0	39

METHRISK ASSIST Methamphetamine Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	83	70	120	72	12	41	222	65.9
2 Moderate Risk (4-26)	22	19	41	25	10	35	77	22.8
3 High Risk (27-39)	14	12	6	4	7	24	38	11.3
Valid responses =	119	35	167	50	29	9	337	1.0

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

SSISINHALANT ASSIST SSIS INHALANTS SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	2.51	0.00	5.86	0	33
Cis Women	2.12	0.00	5.29	0	33
Trans/Gender Non-conforming	4.79	0.00	8.42	0	36
Overall	3.02	0.00	6.79	0	36

INHALANTRISK ASSIST Inhalant Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	317	83	310	86	86	69	727	81.2
2 Moderate Risk (4-26)	55	14	42	12	29	23	132	14.7
3 High Risk (27-39)	11	3	8	2	9	7	36	4.0
Valid responses =	383	43	360	40	124	14	895	2.7

Invalid responses include no response.

SSISRXSTIMULANT ASSIST SSIS ADJUSTED PRESCRIPTION STIMULANT SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	2.34	0.00	5.63	0	33
Cis Women	2.18	0.00	4.86	0	33
Trans/Gender Non-conforming	4.87	0.00	8.43	0	39
Overall	2.66	0.00	6	0	39

RXSTIMULANTRISK ASSIST Prescription Stimulant Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	477	83	718	81	86	69	1303	80.3
2 Moderate Risk (4-26)	84	15	156	18	31	25	280	17.3
3 High Risk (27-39)	14	2	10	1	7	6	40	2.5
Valid responses =	575	35	884	54	124	8	1623	4.8

Invalid responses include no response.

SSISSEDATIVE ASSIST SSIS ADJUSTED SEDATIVE SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	3.20	0.00	7.05	0	33
Cis Women	2.71	0.00	5.72	0	38
Trans/Gender Non-conforming	4.80	3.00	6.99	0	30
Overall	3.24	0.00	6.63	0	38

SEDATIVERISK ASSIST Sedative Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	248	80	477	79	60	63	809	77.4
2 Moderate Risk (4-26)	54	17	115	19	32	34	208	19.9
3 High Risk (27-39)	8	3	11	2	3	3	28	2.7
Valid responses =	310	30	603	58	95	9	1045	3.1

Invalid responses include no response.

SSISHALLUCINOGEN ASSIST SSIS HALLUCINOGENS SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	2.47	0.00	5.33	0	35
Cis Women	1.60	0.00	3.73	0	33
Trans/Gender Non-conforming	3.66	0.00	7.18	0	39
Overall	2.29	0.00	5.2	0	39

HALLUCINOGENRISK ASSIST Hallucinogen Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	652	81	953	86	180	75	1809	82.3
2 Moderate Risk (4-26)	136	17	153	14	49	21	350	15.9
3 High Risk (27-39)	15	2	7	1	10	4	39	1.8
Valid responses =	803	37	1113	51	239	11	2198	6.5

Invalid responses include no response.

SSISHEROIN ASSIST SSIS HEROIN SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	9.71	3.00	12.63	0	39
Cis Women	5.84	0.00	10.03	0	33
Trans/Gender Non-conforming	14.26	6.00	13.65	0	39
Overall	9.41	3.00	12.4	0	39

HEROINRISK ASSIST Heroin Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	31	53	45	65	11	41	91	55.2
2 Moderate Risk (4-26)	17	29	18	26	8	30	45	27.3
3 High Risk (27-39)	10	17	6	9	8	30	29	17.6
Valid responses =	58	35	69	42	27	16	165	0.5

Invalid responses include no response.



SSISRXOPIOID ASSIST SSIS ADJUSTED PRESCRIPTION OPIOID SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	4.26	0.00	8.83	0	39
Cis Women	2.25	0.00	5.59	0	33
Trans/Gender Non-conforming	6.81	3.00	9.9	0	36
Overall	3.79	0.00	8.05	0	39

RXOPIOIDRISK ASSIST Opioid Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	204	78	327	84	44	60	591	78.3
2 Moderate Risk (4-26)	41	16	54	14	23	31	124	16.4
3 High Risk (27-39)	18	7	7	2	7	10	40	5.3
Valid responses =	263	35	388	51	74	10	755	2.2

Invalid responses include no response.

SSISOTHER ASSIST SSIS OTHER DRUG SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	10.29	6.00	11.18	0	35
Cis Women	9.70	6.00	10.13	0	35
Trans/Gender Non-conforming	12.50	9.00	12.44	0	34
Overall	10.89	6.00	11.22	0	35

OTHERSSISRISK ASSIST Other Drug Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	35	44	32	36	10	39	80	38.8
2 Moderate Risk (4-26)	36	45	46	52	10	39	96	46.6
3 High Risk (27-39)	9	11	10	11	6	23	30	14.6
Valid responses =	80	39	88	43	26	13	206	0.6

Invalid responses include no response.

PATOTALMOD Total moderate activity minutes/week conversion

	Mean	Median	Std Dev	Min	Max
Cis Men	564.78	360.00	692.86	0	11040
Cis Women	446.80	250.00	660.47	0	11040
Trans/Gender Non-conforming	381.06	235.00	560.64	0	11040
Overall	476.50	300.00	668.91	0	11040

PAAERO Met Weekly PA Guideline for Aerobic Activity ONLY

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2025	22	6672	32	720	36	9653	29.6
2 Yes	7125	78	14084	68	1299	64	22964	70.4
Valid responses =	9150	28	20756	64	2019	6	32617	96.6

Invalid responses include no response.

PAGUIDE Met Weekly PA Guideline for Aerobic and Muscle-Strengthening Activity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4169	46	13118	63	1481	73	19169	58.8
2 Yes	4978	54	7636	37	538	27	13440	41.2
Valid responses =	9147	28	20754	64	2019	6	32609	96.6

Invalid responses include no response.

HAPAGUIDE Met Weekly PA Guideline for HIGHLY ACTIVE Adults

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5017	55	14789	71	1635	81	21898	67.2
2 Yes	4130	45	5965	29	384	19	10711	32.8
Valid responses =	9147	28	20754	64	2019	6	32609	96.6

Invalid responses include no response.

References

¹ Connor KM, Davidson JTR. Development of a new resilience scale: The Connor-Davidson Resilience Scale (CDRISC). Depression and Anxiety. 2003; 18:76-82.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

February 3, 2025

FREQUENCY REPORT

Number of Surveys (n) = 33763 Web Surveys

The following questions about guns/firearms are included in all surveys unless a school chooses to opt-out. The firearm questions were included in the ACHA-NCHA at 29 schools.

86A) Do you have access to a gun/firearm?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5019	85	12466	90	1151	92	18796	88.7
2 Yes	870	15	1392	10	101	8	2389	11.3
Valid responses =	5889	28	13858	65	1252	0	21185	62.7

Invalid responses include no response.

86B) During the last 30 days, on how many days did you carry a gun/firearm on campus?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	5713	100	13454	100	1204	99	20526	99.6
2 1-2 days	7	0	2	0	2	0	11	0.1
3 3-4 days	6	0	2	0	2	0	10	0.0
4 5-30 days	16	0	28	0	8	1	56	0.3
Valid responses =	5742	28	13486	65	1216	6	20603	61.0

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	0.07	0.00	1.31	0	30
Cis Female	0.03	0.00	0.88	0	30
Trans/Gender Non-conforming	0.11	0.00	1.56	0	30
Overall	0.05	0.00	1.12	0	30

86C) To what extent are you concerned about gun violence on campus?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not at all concerned	3021	51	4740	34	359	29	8195	38.6
2 Slightly concerned	1791	30	5054	36	468	37	7372	34.8
3 Moderately concerned	671	11	2608	19	274	22	3583	16.9
4 Very concerned	235	4	911	7	93	7	1255	5.9
5 Extremely concerned	177	3	559	4	59	5	804	3.8
Valid responses =	5895	28	13872	65	1253	6	21209	62.8

Invalid responses include no response.